

**WINCHESTER HIGH SCHOOL**  
**80 Skillings Road**  
**Winchester, Ma 01890 – 2853**  
**Telephone 781-721-7020**

**PARENT FACULTY ASSOCIATION NEWSLETTER ~MARCH 2010**

For up to date info visit our website at [www.whspfa.org](http://www.whspfa.org)

**FROM THE OFFICE OF PRINCIPAL TOM GWIN**

March features the course registration process that will kick off during the week of March 1<sup>st</sup>. From March 2<sup>nd</sup> through 8<sup>th</sup>, guidance counselors will visit social studies classes to give out the *2009-10 Student Guide and Course of Studies* and discuss the registration calendar, graduation requirements, new courses, and other important registration-related information. The *2009-10 Student Guide and Course of Studies* will also be available on the WHS Edline website.

Faculty will make course recommendations for students during the same time period. Teachers make recommendations based on the current course level and student performance during the year. Please consider teacher decisions seriously as courses are recommended that both challenge your children and provide them the best opportunity for academic success. There is an appeal process if the parent/guardian(s) and student disagree with the teacher recommendation. Course appeal forms will be available on Edline website, and should be submitted to the appropriate director or coordinator by Friday, March 19. Parents will be notified of appeal decisions by April 14. A special evening for parents of incoming 9<sup>th</sup> graders will take place on Monday, March 1 at 7 pm in the WHS auditorium. The evening includes a presentation from the directors and coordinators on ninth grade course options as well as a Parent-to-Parent program featuring current WHS students and parents.

The *Course of Studies* includes a change in the 9<sup>th</sup> Grade World History Course, moving to an unlevleed curriculum. The Social Studies Department feels there has been too great a focus on leveling students as they begin their journey through high school. The department would like to focus, rather, on the development of reading skills that foster the careful and thoughtful examination of primary and secondary sources. Although much of the content will remain similar to the present World History curriculum, the expectations for every ninth grader would be to focus on his or her skill development. Teachers of this course will differentiate instruction to meet the individual needs of the students and more personalize their education. All students, rather than just honors level students, will participate in the National History Day competition during the 9<sup>th</sup> grade. In addition, WHS receives a great deal of feedback on the high levels of academic stress experienced by students in 9<sup>th</sup> grade taking a heavy load of honors courses. This change should alleviate some of this stress. WHS will be piloting this change and evaluating it during the course of the year. This change has been endorsed by the department directors and the WHS School Improvement Council, and approved by the school committee.

March also brings the first round of MCAS testing for 10<sup>th</sup> graders. English Language Arts testing will take place on the mornings of March 23-25. Later in the year, 10<sup>th</sup> graders will also take the MCAS mathematics while 9<sup>th</sup> graders will complete a biology MCAS.

**I hope you are able to attend our musical, *The Pajama Game*, taking place on the nights of Thursday-Saturday, March 4, 5, and 6 at 7:30 pm in the auditorium. Please come and support our young performers.**

**MESSAGES FROM THE ASSISTANT PRINCIPALS**

**STUDENT ILLNESSES AND MEDICATION/S** ~ Except in an emergency a student who becomes ill at school should obtain a pass from a teacher before going to the Health Office. When a student is too ill to remain in school, a parent or the person designated on the contact sheet will be notified. Students must report to the nurse in cases requiring dismissal for health reasons. If they fail to do so, the absence will be considered a cut. Students are not permitted to carry prescription or over the counter medications in school. This is mandated by the Commonwealth of Massachusetts. All medications must be registered with the school nurse. Any student who is returning to school following a contagious disease, extended illness or hospitalization must be readmitted to school by the school nurse. Any student returning to school with a cast, crutches, braces, etc., must be readmitted to school by the school nurse. Students who need to be excused from active participation in physical education class for a medical reason must provide the nurse with documentation from a physician in order to obtain a PE excuse. Academic participation will still be required. Students, with a doctor's note or a parent note stating that they cannot use the stairs because of an accident, injury, etc., may obtain an elevator key at the Nurse's Office with a \$10.00 deposit. A lost or non-returned key will result in an additional charge of \$10.00 dollars. Students who are injured during school hours must report to the school nurse and file an accident report if necessary. If an injury occurs during an after school activity, it should be reported immediately to the advisor, trainer or coach.

**Student Health Records - Graduating Seniors:** Your original school health immunization record will be mailed to your home. Copies of this document will no longer be kept on file by the high school. It is advisable to make additional copies and maintain this important document for your records.

**Health Services** ~ A registered nurse who is in the building throughout the school day staffs the Health Office. All students are required to have an up-to-date record of physical examination on file, along with an up-to-date immunization record. Students who have special medical circumstances i.e. life threaten allergies, seizure disorders, diabetes etc., should have appropriate medical records on file.

**STUDENT IDENTIFICATION CARDS** ~ If your student had their photograph taken by Burlington Studios a student I.D. was issued to each student. Students must carry the Identification Card with them while on school grounds. These cards are used for attendance purposes, lunches, library use, etc.

**GUIDANCE SERVICES** ~ Students are generally assigned to a Guidance Counselor alphabetically, although to balance caseloads students are sometimes assigned out of sequence. Every effort is made to keep a student with the same counselor for all four years. The assigned counselor assists with course selections, course changes, personal issues, and post-high school planning. Counselors are trained to help students make college selections and career choices and they have access to computerized programs that assist with research in these areas. Each counselor is willing to help students find the source of assistance needed to solve any personal or academic problem. The Guidance Office maintains a cumulative folder of academic records. Arrangements for official transcripts must be made in writing through this office.

## CLASS NEWS

On **March 20 from the hours of 9 A.M. to 12 NOON, Kaplan will be hosting a PSAT Practice Test for the class of 2012.** The cost is \$10 per student. All you need to bring is at least 2 number two pencils and a calculator.

On **April 5th at 7:00pm, there will be a PSAT Test Strategies Workshop.** This follow-up workshop is for parents and students.

All of which will take place at Winchester High School. In order to register, parents and/or students can call 1-800-KAP-TEST or go to Kaptest.com.

**If you have any questions or concerns, contact the Sophomore Class at: [winchesterhigh2012@gmail.com](mailto:winchesterhigh2012@gmail.com).**

**Thanks for your Support, Sophomore Class Officers**

### News from Class of 2013

Save The Date: The Freshman Semi-Formal dance will be held on March 19th at the Town Hall. Tickets will cost \$20, and refreshments will be available for purchase.

More details to come.

## GENERAL SCHOOL NEWS

### WHS Spring Musical: *The Pajama Game*

Winchester High School proudly presents their 2010 Spring Musical *The Pajama Game* on March 4, 5, and 6 at 7:30pm in the WHS Auditorium. Based on Richard Bissell's novel *7 1/2 Cents*, this is a musical comedy about the love of labor and the labors of love.

Working conditions at Iowa's Sleep-Tite Pajama Factory are getting worse and worse. The union's threat to strike for a 7 1/2 cent pay increase causes problems for the relationship of new superintendent Sid Sorokin and grievance committee leader Babe Williams. Will love find a way to rise above financial and union issues?

*The Pajama Game* originally opened in 1954 and ran for 1,063 performances. The musical was later revived in 1973 and most recently in 2006 with Harry Connick, Jr. as the lead. Its popularity is largely due to the bouncy score written by Richard Adler and Jerry Ross and iconic dances by Bob Fosse. Some recognizable tunes are "Steam Heat", "Hey There", "Hernando's Hideaway", and "Once-A-Year Day".

For Winchester High School's production, the choreography is created by Rebecca Greaves, Nina Krane, and Sam Seferian. Choral direction is by Mary Costello, orchestral direction is by Nick Costello, and stage direction is by Jason Van Dinter. Tickets will be available at the door on the night of each performance for a price of \$12. We hope to see you there.

### ALL WELCOME - PARENT TECHTUTORIAL, Presented by: The Educational Technology Department, Winchester Public Schools

Please join the Educational Technology Department and Annamaria Schrimpf, Director of Educational of Technology, for this informative techtutorial. You are welcome to stay and join the District Technology Committee for their monthly meeting at 7 pm. At this time, Annamaria Schrimpf will give an update on the state of technology throughout the school district.

iPod Exploration - When: March 15, 2010 - Location: Winchester High School Animation Lab (1st Floor) - Presenters: Instructional Technology Specialists--Winchester Public School Staff - Time: 6-7 pm

Please join the Educational Technology staff for an hour of iPod exploration. You will learn during this short one hour presentation the endless uses of iPods, which goes beyond your child's limited use. iPods are more than just music players. iPods have functionalities that can be used in many different ways for teaching and learning. - Creating and listening to Podcasts - Video capability - Taking notes for class - Studying for quizzes ... and much more.

### SHOPPING FOR THE SCHOOLS!

**Mark Wednesday, March 3rd on your calender as a day for a major shopping trip. Stock up on groceries, produce, bakery items, cheese and flowers at Wilson Farms in Lexington. Wilson Farms will donate 20% of your total purchase on March 3rd to the Winchester Public Schools. You need to bring the flier found in this newsletter with you and shop during regular store hours, 9am-7pm.**

## WHS PFA Direct Appeal / 2009-2010

**It's not too late to give to this year's Direct Appeal, and your contribution is still needed to help us reach our budget! Please consider giving now!**

The Direct Appeal is the sole source of funding for the PFA, and your generous contributions will be used to continue to cover the cost of many important programs and supplies for WHS students and teachers not included in the WHS budget. The Direct Appeal funds grants to academic departments and the school library, and supports many extracurricular, enrichment, and support programs for **your** students. Your contribution is an important source of funding and benefits your children!

Although a contribution of any amount is truly appreciated, the PFA asks that each family consider making a one-time donation for this school year of \$75.00 or more.

For additional information, please contact Joanne O'Donnell at [pfodonnell@verizon.net](mailto:pfodonnell@verizon.net).

**Thank your consideration, and your donation!**

Name of WHS Student(s) \_\_\_\_\_

Grade(s) \_\_\_\_\_

Amount of Contribution \$75 \_\_\_\_\_ \$100 \_\_\_\_\_ \$125 \_\_\_\_\_ Other \_\_\_\_\_

Please make checks payable to the WHS PFA and send to **Joanne O'Donnell, 9 Pierrepont Road, Winchester, MA 01890. Thank you!**

## PFA NEWS

### From the president, Caren Connelly

The February storm that wasn't caused us to miss February's PFA meeting so March's meeting will be very full. Please plan to attend as Principal Gwin and Superintendent McAlduff will be talking about an initiative to plan for the future of WHS. We will also be looking at ways to more effectively meet immediate challenges and concerns plus a renewed focus on all the things that work well at WHS. One of those is the Connect and Commit program and Director Kristin Ritchie will be joining us in March to talk about student plans for a fundraiser for Haitian relief. We will also be talking about plans for a Cool Winchester Eco Team at WHS. Whew! It is time to start thinking about next year's PFA Board. I will be stepping down as President and there are other jobs to be filled as well. You will be hearing more about the nominating process from Carol Cashion but feel free to email her with questions or thoughts ([cjcashion@mac.com](mailto:cjcashion@mac.com)). I think it will be important to have someone in the presidency role who will be at the high school for at least two more years and who is interested in working on long term plans. So, see you on March 3rd at 7:30 pm at the WHS library!

## The Guide



### A Monthly Newsletter from the WHS Guidance Department

#### **2010-2011 Winchester Scholarship Foundation Application Available**

The Winchester Scholarship Foundation (WSF) annually awards grants to students residing in Winchester who need financial assistance in order to attend a post-secondary institution. The WSF will award aid even if a student is receiving scholarships from several other sources, as long as it appears that there is a gap between what the parent can fairly be expected to contribute and the yearly costs of the school or college the student will be attending. WSF scholarships are often used to reduce inordinate amounts of loan or campus work. WHS seniors who are graduating in June are eligible to apply for WSF aid. The new 2010-2011 applications are now available in the Guidance Office. Deadline for submission of the WSF application with required tax documents is May 15, 2010. The WSF maintains a policy of strict confidentiality in regard to all information submitted by applicants.

#### **Scholarships**

Scholarship opportunities are posted on Naviance. Please see Mrs. Conroy in Guidance for copies of scholarships ***if noted in Naviance***. Also, please allow at least 10 days to process transcripts for scholarships.

#### **How to Spot a Scholarship Scam**

A recent article on collegeboard.com highlighted tell-tale signs that a scholarship service is a scam. According to the College Board, "...nearly all available financial aid comes from the federal government or from individual colleges." In Winchester, a significant source of assistance is provided by the WSF (see above) and there are often private scholarships for very specific applicants with particular career interests, or memberships in certain churches or other social organizations. Collegeboard.com lists the following guidelines as a sign that you may be getting duped:

- The scholarship is guaranteed or your money back.
- You can't get this information anywhere else.
- I just need your credit card or bank account number to hold this scholarship.
- We'll do all the work.
- The scholarship will cost money.
- "You've been selected by a national foundation" to receive a scholarship or "You're a finalist" in a contest you never entered.

Scholarship Scams from FinAid.org provides advice on how to identify scams, how to distinguish between legitimate and fraudulent organizations, how to protect yourself from scholarship scams, and what to do if you are scammed. The basic rule to follow—"Free money shouldn't cost a thing."

#### **Colleges of the Fenway**

The Colleges of the Fenway (COF) gives students the benefits of a university—access to a wider range of social and academic experiences and opportunities—while maintaining the personal touch of a small college. COF is a consortium that brings together the resources of six colleges in Boston's famed Fenway Cultural District, to offer more classes, more clubs (225 clubs on the six campuses), and more social activities, just by attending one of the six COF colleges: Emmanuel College, Massachusetts College of Art, Massachusetts College of Pharmacy and Health Sciences, Simmons College, Wentworth Institute of Technology, and Wheelock College. COF's joint initiatives, including cross registration and student programs, aim to improve the quality of education and enrich student experiences while ensuring each college maintains its individual identity. Together, COF represents more than 11,000 undergraduate students—16 percent of the total Boston population of undergraduates attending four-year colleges, and more than 2500 course offerings. To learn more about the Colleges of the Fenway, go to [www.colleges.fenway.org](http://www.colleges.fenway.org).

#### **Advice For Students Attending A College Fair**

College Fairs can be crowded thus it is not easy to obtain a one on one meeting of substance with at this type of meeting.

Suggestions:

- Students design a brief profile and leave it at the table of the college one wishes to receive either information or a personal contact. The profile can be a card with the students name, address, telephone number, email address, the name of the high school the student is attending with a graduation date, descriptions of areas of interest, and a statement that the student would like to meet personally with the college representative should that person be in the area.
- The student and parent can divide the table hopping task and each deliver profile cards. While delivering profile cards pick up the college representatives card for future reference. It is helpful to have a specific name (reference) when requesting information/ interview.

**College Fair**  
Tuesday, April 27<sup>th</sup>  
World Trade Center  
Boston, MA  
9:00 am-12:00 pm  
6:00 pm-9:00 pm  
[WWW.NACACNET.ORG](http://WWW.NACACNET.ORG)

### SENIORS

As you receive decision letters from colleges, please inform your guidance counselor of your status at schools to which you applied.

**Senioritis: Avoiding the Epidemic** Senioritis (*n.*) A less than moderate interest in school-related activities, especially academics, that students usually acquire around the last semester of their senior year; symptoms include having a reduced attention to studies and extracurricular activities, making up excuses not to attend classes, sleeping during class, and difficulty making decisions. If you have yet to experience these symptoms, be careful because this disease is contagious. It is easily spread among high school seniors everywhere. Below are just a couple of the dangers of contracting this disease. Colleges can revoke their offer of admission. This seems harsh, but many colleges have revoked their admission offers to students due to senioritis. Many college acceptance letters even include warnings to students such as, "Your admission is contingent on your continued successful performance." If your grades start to slip during your senior year, many colleges take that as a sign that you don't want to continue your education. So, don't slump on academics once those college acceptance letters arrive. Your college performance can be affected. If you choose to slack off during your senior year, you will not be ready for the challenges of college. Many students who were affected by senioritis in high school required remedial help once they entered college. Now that you know of the dangers of coming into contact with this disease, you may be wondering if there is a cure for senioritis. Unfortunately, the only real cure for this disease is graduation. However, you can utilize preventative care to ensure that you are not infected with this disease. Here's how: Challenge yourself. Take the most rigorous courses available at your school. During class discussions, bring up new ideas. When studying, don't just memorize; think outside the box. Continue to set academic goals that you want to reach, such as making an A on that research paper. Make schoolwork more interesting. Form study groups with your friends. Invent academic games to make studying more fun and easier. Ask your teacher(s) to organize class field trips. Stay involved. If you stay active in sports, volunteer work, and other extracurricular activities, you will be more likely to remain focused throughout your senior year. Take a college course. What better way to avoid an academic slump than to take a college course? If you excel in high school classes, you should consider taking one evening class at a local college. This will not only introduce you to the rigors of college work, but you will also receive college credit. Senioritis is extremely easy to catch and once you have it, it can be hard to get rid of. So, try to keep the above-mentioned preventative measures in mind while you enjoy your last few months of high school. It'll be worth it in the end. [www.ecampustours.com](http://www.ecampustours.com) Posted: 1/5/2004

### Course Selection for 2010-2011

Course selection for the 2010-2011 school year will begin in March. Students will meet with Guidance Counselors to select courses based on teacher recommendations. Course schedules may seem like a random selection of classes, but college admissions officers see it as the blueprint of a student's high school education. College admissions officers are looking for a solid foundation of learning that students can build on in college. Students should take at least five solid academic classes every semester. [www.collegeboard.com](http://www.collegeboard.com)

**Attention Juniors - Registration deadline for May 1<sup>st</sup> SAT is March 25<sup>th</sup>**

Register at [www.collegeboard.com](http://www.collegeboard.com)

## **Connect and Commit Service Club Meets Tuesdays from 6:30-7:30pm in the WHS Library**

You can sign up for the opportunities listed below at the weekly meetings or in the Connect and Commit office, which is in the library of the high school. If you have questions about Connect and Commit, visit Kristen Ritchie, Program Director, in the Connect and Commit Office or contact Kristen via email [kritchie@winchester.k12.ma.us](mailto:kritchie@winchester.k12.ma.us) or phone 781-721-7020 x1999.

This year, each month will have a theme. Each meeting that month as well as the additional service activities and events will relate to that specific topic. For the month of March, we will be focusing on War & Peace. Below are events and other activities that the students have planned around these issues.

### **March: War & Peace**

**Thursday March 11<sup>th</sup> &**

**Friday March 12<sup>th</sup>** – Winchester High School will be hosting Hoops for Haiti, an event to benefit the victims of the January 12<sup>th</sup> earthquake.

Students from the high school are teaming up to run a 3 vs. 3 basketball tournament for which we invite students, faculty, staff and parents to register as participants. In order to participate in the tournament, each team must raise a minimum of \$200 to benefit Oxfam America and Partners In Health in their efforts to help the victims of Haiti. We are expecting a large turnout of both teams and spectators at the event.

**Friday March 26<sup>th</sup>** - Connect and Commit Book Club will be reading *Power of Half* and we will be discussing these books during lunch

**Friday May 14<sup>th</sup>** – Connect and Commit Book Club will be reading *Three Cups of Tea*

\* There will be community service opportunities on weekends in March related to the war and peace theme, more specifics will be available through the Connect & Commit office in the coming week

## Ongoing Service Opportunities

### Muraco Tutoring, Wednesdays from 2:30-3:30 Januray 6<sup>th</sup>- April 14<sup>th</sup>

Be a tutor and mentor to a student at the Muraco Elementary School. Students who participate must commit to coming every week as they will be paired up to work one-on-one with an elementary school student. High School volunteers will help the students with their homework or read together.

### PAWS

Students can sign up to learn more about working with a local animal protection society called PAWS. The organization mainly works with cats. For more information you can sign up in the Connect and Commit Office.

## **HOOPS FOR HAITI**

**On Thursday March 11<sup>th</sup> and Friday March 12<sup>th</sup> Connect and Commit will be teaming up with many other WHS student organizations to host a 3 vs. 3 basketball tournament to raise funds to send to relief efforts in Haiti.** We are inviting high school students, faculty, staff and parents to play. In order to participate in the tournament, each team must raise a minimum of \$200 to benefit Oxfam America and Partners In Health in their efforts to help the victims of Haiti. We are expecting a large turnout of both teams and spectators at the event.

### How Parents Can Get Involved:

-Form a team and play. Register by contacting Kristen Ritchie for fundraising forms and official game rules.

-Sponsor a team- \$200 is a steep goal for many students to reach on their own and we would welcome the support of families in town to anonymously or not sponsor a team.

-Donate an item to our raffle.

### Who to Contact:

For general information regarding the tournament or registration materials please contact: Kristen Ritchie: [kritchie@winchester.k12.ma.us](mailto:kritchie@winchester.k12.ma.us)

If you are specifically interested in sponsoring a team please email either: Casey Leathers: [caseyleather@yahoo.com](mailto:caseyleather@yahoo.com)

or Lindsey Carlson: [lkc1392@gmail.com](mailto:lkc1392@gmail.com)

If you would like to donate an item to our raffle please contact: Priyanha Nadasabesan: [pri.nada14@gmail.com](mailto:pri.nada14@gmail.com)



*Winchester Youth Center, 458R Main Street, Winchester MA 01890, 781-721-0906, [www.wincyc.com](http://www.wincyc.com)*

**All of the WYC leadership programs, special events, and service-learning projects are open to all WHS students. Anyone who is interested in doing something good in the community, being a role model for others, working and hanging out with other great kids, and making good decisions should check out the WYC!**

The **WYC Peer Leaders** are a group of WHS students who are committed to their community and serving as role models for all Winchester teens. The Peer Leaders meet on Monday evenings to work on further developing their leadership, communication, interpersonal, and decision-making skills; plan for upcoming projects; and have a lot of fun. They staff the Drop-in Center after school and serve as Project Leaders for all of the WYC's service-learning projects including all of our special events and community service projects. This group is open to any WHS student who has natural leadership skills and the desire to further develop them. Anyone interested in joining this awesome group is welcome to contact the WYC for more information.

### **SUPPORT THE WYC PEER LEADERS' APRIL VACATION HABITAT FOR HUMANITY TRIP**

During April vacation 18 of the WYC Peer Leaders will be participating in our 5<sup>th</sup> annual Habitat for Humanity trip. We will be traveling to Erie Pennsylvania to complete a week-long service-learning experience building homes for families in need. We are currently working toward fundraising 100% of the expenses for our trip including a \$2250 donation to the Habitat affiliate. Please contact us if you would like to make a donation toward this amazing service-learning experience. Proceeds from all of the following fundraising efforts will benefit our trip:

**Dump Runs** Let us take care of your trash on Saturday, March 20<sup>th</sup> - We are currently selling \$10 dump run vouchers - Contact the WYC for more information

**Raffle tickets** Buy your \$20 tickets for the chance to win: iPod Touch, GPS Navigation System, \$100 Simon Mall Gift Card, Drawing: April 9<sup>th</sup> Contact the WYC for more information

**ROCK FOR YOUTH** Round 2 of the Battle of the Bands - Friday, March 12<sup>th</sup> - 7:00-11:00pm - Winchester Town Hall Auditorium - Doors open at 6:45 Admission is \$10 - The bands are: ABC and the D's, Ad Astra, Dinobots, The Flying Carpets, The Grips, Hippotrip, Knutz, Leo Fama Band, Neglected Lawnmower, Policeman Fox. Proceeds from the Rock for Youth benefit the WYC's Youth Service Award Scholarships

\*All audience members should be aware of the following rules and regulations:

- All audience members must pay the admission at the door
- The doors will open at 6:45 pm
- No one under the influence or in possession of alcohol or other drugs will be permitted into the auditorium
- No smoking is allowed inside or outside the auditorium
- Students are required to stay on the main floor of the auditorium
- **Students are not allowed to re-enter once they leave the auditorium**

## COMMUNITY NEWS

### **Save the date - Saturday, March 27, 2010 for this year's Party for the Arts, "Artside Out"**

The Winchester Friends of Art is hosting their annual fundraiser for the Winchester K-12 arts program. The afternoon reception and the evening party (21+) will be held at the Winchester Sons of Italy. The evening PARTY will feature live music, dancing, outrageous decoration reflecting the blazing imagination and craft of Winchester's art students and their instructors, as well as a full bar and an exciting silent auction. Tickets will be available at BookEnds. For more information contact [winchesterfoa@hotmail.com](mailto:winchesterfoa@hotmail.com)

### **Friends of Music**

The next meeting of Friends of Music will take place on Wednesday, March 31, in the chorus room at Winchester High School at 7:00 pm. Please join us as we finalize plans, including those for Strawberry Pops, for the rest of this year; get a further update from the Marching Band Uniform Fund committee; and consider other items to come before us. If you have any questions about Friends of Music or our March meeting, please contact Melodie Wing at 781-721-2364 or [melodiewing@comcast.net](mailto:melodiewing@comcast.net).

### **Parent to Parent presents:**

"What Your Kids Need to Hear from YOU About Sex: Parenting in an Oversexualized, Online, In-Your-Face World" Sharon Maxwell, PhD is a clinical psychologist with a private practice, author, speaker, consultant, and mom. Back by popular demand, Dr. Maxwell will speak to parents on Wednesday, March 10th, 7:30 to 9:30 pm at the Winchester High School. Her book will be on sale from BookEnds at the program. Our children are being barraged by sexual information and stimulation at an earlier and earlier age. As parents, we need to be proactive in giving our children the information and behavioral guidelines they need to successfully handle both media and peer pressure. Schools can do only so much to teach about basic facts and healthy habits. We need to begin a deeper conversation with our kids while our opinion is still more valuable than the influence of their peers. However, it is never too late to start. This program will present parents with practical and positive ways of beginning and sustaining a dialogue about sexuality that includes values, guidelines for behavior, and peer pressure. Parent to Parent would like to thank ENKA for its generous support in helping fund this program. For more information please visit [www.parenttoparentwinchester.org](http://www.parenttoparentwinchester.org)

The Talk: What Your Kids Need to Hear from YOU About Sex. Parenting in an Over-sexualized, Online, In-Your-Face World by Sharon Maxwell, Ph.D. In conjunction with Sharon Maxwell's talk on March 10th, Parent to Parent and the Winchester Public Library are offering a book group discussion on her book. How do we talk to our kids about integrity, values, and behavior? Completion of the book or prior attendance at the talk is not a prerequisite. Join us on Tuesday, April 6, 2010 in the meeting room of the Winchester Library from 7 to 9pm. Books are on sale at a 10% discount at BookEnds when you mention the book group and also available at the circulation desk in the library. For more information, please visit Parent to Parent's new and improved website at [www.parenttoparentwinchester.org](http://www.parenttoparentwinchester.org)

### **BASEBALL/SOFTBALL 2010 SPRING REGISTRATION**

Although it still feels like winter, baseball/softball season is not far away. Registration is now OPEN for baseball (ages 6 – 15, as of April 30, 2010) and softball (K – 8th grade) for the 2010 spring season. Registrations must be completed by March 15, 2010 in order to be guaranteed a roster spot. Please visit the SYBS website ([ <http://www.sybs.org> ][www.sybs.org](http://www.sybs.org)) and click on "Registration." The entire process takes only a few minutes. Players who register after March 15, 2010 will be assigned to a team on a space available basis. \*SAVE THE DATE\* Taste of Winchester The 4th annual "Taste of Winchester", to benefit the Griffin Museum of Photography, will be held on Friday, March 26th, 2010 from 7 to 10 pm at the Griffin Museum of Photography. This popular community event is a chance to sample delicious food and wine from favorite local restaurants and shops, enjoy live music and win fabulous door prizes. Tickets are \$60 and will be available at the end of February at Bookends and through the Griffin Museum (781)729-1158 [www.griffinmuseum.org](http://www.griffinmuseum.org). The event sold out last year, so be sure to get your tickets early! Please let me know if there are any questions or issues. Thank you, Dorothea Kourafalos Taste of Winchester Planning Committee [dkourafalos@lycos.com](mailto:dkourafalos@lycos.com) 781-729-1891

### **Race and Place: A Community Discussion Series**

Sunday afternoons, March 7, 14, and 21, from 2:30 to 4:30 PM in the Meeting Room of the Winchester Public Library Sponsored by the Winchester Multicultural Network, the Winchester Public Library, and the League of Women Voters. The goal of this dialogue series with community leaders, residents, and workers is an increased awareness of the historic relationship between race, place, and current economic prosperity. The shared experience of viewing and discussing "Race: The Power of an Illusion" provides a stimulating and challenging opportunity as we work to shape our community's future. Participants will view selected excerpts from the documentary and discuss each with the guidance of a professional facilitator, Angela Giudice of North Star. For more information, visit [wmcn.org](http://wmcn.org), or to sign up, [email\\_office@wmcn.org](mailto:email_office@wmcn.org) or call the WMCN office at 781-729-7100.

### **The Borggaard Beach Revitalization Committee and The Winchester Cultural Council cordially invite you to a Cultural Fiesta to help raise funds for the arts in Winchester and for the revitalization of Borggaard Beach.**

Event Details: March 13<sup>th</sup> - 7:30 to 10:30 pm - Winchester Town Hall Auditorium

Brian Milauskus will Emcee the event, and live salsa music performed by the 8-piece Tequila Amigos Latin Orchestra will be sure to liven up the room! Light refreshments and a cash bar will also be available. We are pleased to announce Mr. Allan Eyden will take to the stage as our honored guest and auctioneer and a 50/50 raffle will also be taking place throughout the night.

You can show your support for the community and for the spirit of the occasion prior to the event by becoming an event sponsor, becoming a program advertiser, reserving a premier table, or selecting a combination donor package option! Feel free to contact Elizabeth Angelino at [info@FANSplash.org](mailto:info@FANSplash.org) if you have any questions!

Purchase Advanced Tickets (single ticket (\$25), two tickets (\$40), or premium seating for 8 (\$200) at Bookends (559 Main St, Winchester, MA), at Winchester Wine and Spirits (632 Main Street) or online at [http://www.fansplash.org/fiesta\\_fundraiser.aspx](http://www.fansplash.org/fiesta_fundraiser.aspx). Please feel free to email [WinCulturalCouncil@gmail.com](mailto:WinCulturalCouncil@gmail.com) if you have any questions or would like to volunteer on the Fiesta Committee! Tickets will cost \$30 per person or \$50 per couple at the door.

### **SHOPPING FOR THE SCHOOLS!**

**Mark Wednesday, March 3rd on your calender as a day for a major shopping trip. Stock up on groceries, produce, bakery items, cheese and flowers at Wilson Farms in Lexington. Wilson Farms will donate 20% of your total purchase on March 3rd to the Winchester Public Schools. You need to bring the flier found in this newsletter with you and shop during regular store hours, 9am-7pm.**