

WINCHESTER HIGH SCHOOL
80 Skillings Road
Winchester, MA 01890 – 2853
Telephone 781-721-7020

PARENT FACULTY ASSOCIATION NEWSLETTER ~ SEPTEMBER 2013

Visit our website at <http://www.whspfa.org>

FROM THE OFFICE OF PRINCIPAL TOM GWIN

Welcome to the 2013-2014 academic year! With the last school year ending so late, it was a very short summer but I can't wait for school to start! School begins Wednesday, September 4th. Ninth graders should report to the high school auditorium at 7:45 a.m. and will be dismissed at 11:15 a.m. Tenth, eleventh, and twelfth graders should report to homeroom at 12:00 pm. Check the opening day schedule found later in the newsletter for further details.

The PAL (Peer Alliance Link) program will again ease the transition of the incoming ninth graders. About 100 PALs (10th, 11th and 12th graders) will serve as guides to the freshmen, helping them out in homeroom and providing a tour of the school on the first day. Each PAL will work with three ninth graders. After homeroom, ninth graders will run through an abbreviated schedule with 10 minute blocks. Sophomores, juniors, and seniors will attend homeroom and run through an abbreviated schedule in the afternoon after homeroom.

In homeroom on the first day, each student will receive his/her student information sheet, handbook/planner, and a copy of the honor code. Parents/guardians and students should check the student information sheet for accuracy and make corrections, sign and return. Please sign and return the first page of the handbook, and read, sign and return the honor code. You can review the handbook and honor code before school begins on the [Edline website](#). The information sheet, first page of the handbook, and the signed honor code should be returned to school on Thursday and given to the homeroom teacher. After Thursday, these forms can be submitted to Mrs. Branley in the main office.

Teachers are aware that some of our students will be observing Rosh Hashanah during the first week of school and the district's Accommodation for Religious and Ethnic Observances Policy will be in effect.

Assistant Principals Jerry Chapman and Sue Mochrie have been working with me through the summer planning the upcoming year. Sue will oversee the 9th and 11th grades, while Jerry will supervise the 10th and 12th grades. Student schedules were emailed to parents/guardians and students mid July. If you have not received a schedule, please email whsemail@winchester.k12.ma.us. If there is any kind of issue with the schedule, an email describing the problem should be sent to the same email address.

I primarily will use email to communicate to parents and students. Each week, I will email a WHS Weekly Update for parents and students. For up-to-date information regarding WHS, please log on to the [Edline website](#).

Please contact the school whenever you have questions or concerns. Your son's or daughter's guidance counselors are an excellent first source of information. Directly contacting teachers and administrators is also effective. The names of the teachers and the assigned guidance counselor will be printed on the schedule that your son or daughter will receive on the first day of school. Teachers and counselors are available via e-mail and voice mail—e-mail is your best bet.

In August, the architects, Symmes Maini & McKee Associated submitted the schematic plan for the renovated Winchester High School. The plan should be approved by the Massachusetts School Building Authority in October. A debt exclusion override to approve the funding of the building will take place in December. If all goes well, work could begin next summer.

MESSAGES FROM THE ASSISTANT PRINCIPALS

STUDENT IDENTIFICATION CARDS: At the beginning of the school year, when school photos are being taken, every student will be issued their own photo identification card. It is imperative that every student carry their card; it is now used for library book access, the cafeteria and attendance. The five-digit student identification number will also be imprinted on the card. Please use this number when calling the attendance line. If the card has been lost or misplaced, the student may purchase another card at the cost of five dollars. Please see Mrs. Gustin in the main office for details.

OFF CAMPUS: Parents are reminded that Senior and Junior privileges (open ends and lunch) are as follows: Seniors who have open end privileges are only allowed to arrive at school or leave school for one period at the beginning or the end of the day. Additionally, lunch privileges are limited to the lunch period to which the student is assigned. They do not include any class or assigned academic block (study hall) during the lunch periods.

Junior lunch privileges are only for the lunch period to which the student is assigned and not the entire lunch block from 11:21 ~ 1:03. Juniors must attend assigned classes or study halls during the lunch block. Failure to follow school policy for these privileges could result in forfeiture of these privileges. Any student who leaves campus without permission will be suspended.

ATTENDANCE: If your child needs to stay home because of illness, will be arriving late, or needs to be dismissed early, please call the attendance line prior to 10:00 a.m. The telephone number is 781.721.7020, attendance is the first item on our voice mail tree ~ press "1" and leave your information. Please be sure to give the date, name, grade, and most importantly the student identification number that is located on the student identification card.

EDLINE: Edline is the email communication tool used between students, teachers, administration and parents. If you have a change of carrier, please notify us as soon as possible.

FREE AND REDUCED LUNCH PROGRAM: The free and reduced lunch program applications will be available to everyone. Please stop by the main office and pick up a copy. If your student does not have a copy, please call Ms. Gustin at the high school number, extension 1120 and one will be mailed to you.

OPEN HOUSE ~ THURSDAY ~ SEPTEMBER 19, 2013: Parents will visit each of their student's classes for a ten-minute presentation by our teachers. The Student Activities Fair will begin at 6:00 p.m. in the field house. The evening should run until approximately 9:00 p.m.

SCHOOL PHOTOGRAPHS ~ SEPTEMBER 10, 2013: All students (Grade 9, 10, 11 and 12) will have their photographs taken by Burlington Studios. All students will receive a photo identification card. This card should be carried by the student and will be needed for attendance purposes, library, cafeteria etc. The five-digit student identification number will also be imprinted on the card.

ATTENTION SENIORS: CAPS AND GOWNS TUESDAY, SEPTEMBER 10TH! Cap and gown measurements will take place on Tuesday, September 10th. Measurements will be held in the auditorium. The cost is seventeen (\$17.00) dollars and all checks should be made payable to: Winchester High School.

The student's name and the words "cap and gown" should be written on the memo line. Each outfit comes with a tassel which students will receive in June. Additional tassels may be purchased at the cost of four dollars on the day of ordering. You must have your check or cash to be measured! You will also be asked to verify your name, spelling, etc. for your diploma.

FACULTY EMAIL ADDRESSES: All staff and faculty may be reached by email using the first initial plus last name @winchester.k12.ma.us Example: tgwin@winchester.k12.ma.us

MESSAGES FOR STUDENTS: Parents frequently call asking the Administrative Staff to get messages to students. For example, a parent may call asking to locate a student to remind them about a music lesson, appointment, etc. Principal Gwin is requesting that parents make these requests only in emergency situations. Thank you for your understanding.

MESSAGE FROM SCHOOL RESOURCE OFFICER PHIL COSS

PERSONAL PROPERTY AND VALUABLES: The High School Administration strongly discourages students from bringing excess money or valuable items to school. Likewise, excess money or valuable items should not be stored in the lockers. Under NO circumstances do the Town of Winchester, Winchester High School, the Administration, or its staff assume any liability for personal possessions brought to school.

GUIDANCE NEWS

Please visit the updated [Guidance tab under Academics & Departments on Edline](#) for information regarding programs and resources for WHS students and their families.

Guidance produces the Guide, a monthly newsletter that is now emailed directly to WHS families at the start of each month.

Upcoming Guidance Events:

- | | | |
|--------------------------------------|---|-------------------------|
| Thursday, September 26 th | Class of 2014 College Night
Parents of Seniors are encouraged to attend to learn more about the college application process at WHS. | 7-9pm
WHS Auditorium |
| Thursday, October 3 rd | Financial Aid Night
WHS will host a speaker from MEFA who will discuss the process of applying for financial aid. Parents of Seniors and Seniors are encouraged to attend. | 7-9pm
WHS Auditorium |
| Tuesday, October 8 th | Freshmen Parent Coffee
Parents of Freshmen are encouraged to attend to learn more about WHS Guidance programs and meet counselors. | 8-9am
WHS Cafeteria |

OPENING DAY SPECIAL SCHEDULE FOR ALL STUDENTS

Winchester High School's 2013 ~ 2014 school year will begin on September 4th. All 9th graders should report directly to the auditorium at 7:45 am and will be dismissed at 11:15 am. All other students should report to homeroom at 12:00 pm and will be dismissed at 2:15.

Lunch will not be served on Wednesday.

9th Graders

7:45-8:00 Welcome in auditorium

8:00-9:35 Meet in homerooms/work with advisors and PALs

Bell Schedule for Grade 9

A 9:40 - 9:50

B 9:55 - 10:05

C 10:10 - 10:20

D 10:25 - 10:35

E 10:40 -10:50

F 10:55 -11:00

G 11:05 -11:15

10th, 11th, and 12th Graders

12:00-12:30 Meet in homerooms

Bell Schedule for Grades 10, 11 and 12

A 12:35 - 12:45

B 12:50 - 1:00

C 1:05 - 1:15

D 1:20 - 1:30

E 1:35 - 1:45

F 1:50 - 2:00

G 2:05 - 2:15

THURSDAY, SEPTEMBER 5 - DAY 1 OF THE REGULAR SCHEDULE

A 10-minute homeroom will take place after A block.

A 7:45 - 8:45

HOMEROOM 8:50 - 9:00

B 9:05 - 10:04

E 10:09 - 11:16

F 11:21 - 1:03

G 1:08 - 2:15

First Lunch

11:21 - 11:51 Lunch

11:56 - 1:03 Class

Second Lunch

11:21 - 12:28 Class

12:33 - 1:03 Lunch

PFA NEWS

Welcome to the 2013-2014 WHS school year! Someone recently noted how short three months of summer vacation can feel, but one month of February can drag on forever and I have to agree! Some of you are returning veteran parents, while others of you are experiencing the high school for the first time. No matter which category you fall into, we wish you and your students the very best for a successful year. There are many resources available to parents and we encourage you to read the monthly newsletter and any weekly updates that are emailed home. This will be especially true in the coming months as we continue to receive updates regarding the high school renovation.

So, the WHS PFA will work hard to ensure that you are kept informed about all the activities that take place in support of our students, *but* we will also need *your* support. You will be hearing more about the Direct Appeal in the next few weeks—the Direct Appeal is the only fundraiser that the PFA will undertake. The funds received allow us to: provide grants to teachers for activities that are not supported by the district school budget, provide support for extracurricular activities that are open to all students, and, on behalf of all the WHS families, show appreciation to the staff through occasional breakfasts, a year-end luncheon and gifts when appropriate. However, we can't do these things without financial support from our parents! You will have an opportunity to make your Direct Appeal donation during the upcoming Activities Night and Open House, which will be held on Thursday, September 19. This is a great night to become familiar with the many clubs, groups and teams that make up extracurricular activities at WHS and we will have a table set up for Direct Appeal donations that night. **BUT**, if you want to make your donation now and check it off your list of things to do, please go to www.whspfa.org and look for the Direct Appeal section on the right-hand side of the page. Click on "more" and look for the yellow "Donate" button at the bottom left. Follow the directions to pay using your PayPal account or by credit card.

Would you like to help us become a 501(c)(3) non-profit? We are the last of the parent associations in Winchester to receive this designation and we'd love to be able to provide a tax incentive for donations! If you have the expertise and would be willing to work with us, we'd love to hear from you. Please contact us at WHSPFA@gmail.com. Thanks!

The PFA has planned a few meetings during the year that all parents are encouraged to attend. Our first meeting will be held on Wednesday, October 2nd, at 7:30 pm in the Science Lecture Room. We will be voting on the new PFA Board officers (see the web for the proposed slate of officers) and we will be treated to a presentation about the renovation project from the architectural firm and Tom Gwin. We will send a reminder out prior to this date—please join us and bring your questions!

Please don't hesitate to contact us with any questions or ideas before our meetings and throughout the year. We can be reached at WHSPFA@gmail.com; we look forward to hearing from you.

Sincerely,
Audrey Loria
WHS PFA Co-President

HELPFUL LINKS

[WHS Staff Contact List](#)

[WHS Days Calendar](#)

[WHS School Calendar \(list of key dates\)](#)

[2013-2014 District-wide Calendar](#)

EFPBC NEWS

The EFPBC (Educational Facilities Permanent Building Committee) has some exciting and important announcements.

First, on Thursday, August 8th, Winchester submitted its Schematic Design proposal to the Massachusetts School Building Authority (MSBA). This includes a definition of the project scope and budget estimate. The MSBA board will meet to act on the Town's proposal on October 2nd. Once a final grant amount is approved by the MSBA, the next step will be approval of funding by Winchester's Town Meeting and an override vote (as early as December 10th).

Second, the WHS project's web site has been redesigned and relaunched! For more information about the scope and design of the proposed renovation and addition to the High School, please visit us at winchesterhspj.com! A copy of the Schematic Design is available now.

Third, be on the lookout for a series of articles in the local papers about various topics relating to the WHS redesign and addition, including project cost, sustainability, enrollment and educational programming. Together these articles (white papers) will provide a comprehensive look at the project. They will also be published on the project web site.

Finally, come take a tour of the current High School facility. Beginning September 14th, the EFPBC will be hosting guided tours for all Winchester residents at 9:30 am most Saturdays. RSVP today at www.SignUpGenius.com/go/60B0F44AFA92E5-tour.

Thank you!

The Members of the EFPBC

HIGH SCHOOL WELLNESS DEPARTMENT WELCOME!!!

Members of the High School Wellness Department:

Andria (Belanger) Bremhorst - abremhorst@winchester.k12.ma.us

Physical Education and Health

Jason Cacciapuoti - jcacciapuoti@winchester.k12.ma.us

Physical Education and Health

Janet Daniels - jdaniels@winchester.k12.ma.us

Wellness Educator- Health and Family Consumer Sciences

Walter Dembowski - wdebowski@winchester.k12.ma.us

Wellness Educator- Physical Education and Health

Karen Murphy - kmurphy@winchester.k12.ma.us

Wellness Educator- Health and Family Consumer Sciences

The Wellness Department is excited and looking forward to the start of the 2013-2014 school year! In particular, we look forward to working with your sons and daughters. Below is a snapshot of the upcoming year and the courses offered to the students at Winchester High School through the Wellness Department.

CLOTHING AND TEXTILE and ADVANCED CLOTHING AND TEXTILE ARTS

Students taking Clothing and Textile Arts will be involved in every aspect of wardrobe planning, selection, and care. Laboratory experiences are combined with classroom instruction to help students develop the skills necessary for garment construction. In Advanced Clothing and Textile Arts students will create clothing such as sportswear, beachwear, tailored clothing, and formal wear.

FOOD SCIENCE AND YOU

Students will learn food science in the user-friendly surroundings of a kitchen laboratory. They will study the chemical, biological, and physical basis of nutrition, food safety, and food processing using a hands-on, interdisciplinary approach.

FOODS AND NUTRITION INTERNATIONAL FOODS AND CULTURES and ADVANCED CULINARY ARTS

Nutrition and Foods emphasizes the fundamental areas of nutrition, consumer skills, and food preparation. In International Foods the students will learn about advanced food preparation techniques. Opportunities will be provided to plan, prepare and evaluate a variety of international foods. They will travel around the world in ninety days and experience the culture and cuisine of various countries! Advanced Culinary Arts students will learn about advanced culinary, time and money management skills, quantity cookery, nutritional analysis, quality control, and food product marketing. Students will plan and prepare foods products for their small business—Frugal Food Service.

EARLY CHILDHOOD

The students will examine the physical, emotional, social and cognitive growth and development of children from the prenatal stage through school age.

CHILD STUDY LAB

In Child Study Lab, students will have the unique opportunity to combine classroom instruction with practical experience in the Winchester High School Child Study Laboratory School as they learn about teaching and interacting with preschool age children.

GRADE 9 HEALTH

The program will focus on tobacco, alcohol and other drugs (TAOD) and mental health. A portion of the mental health unit will include the (S.O.S) Suicide Prevention Program. This program focuses on

recognizing the signs of depression and suicide and provides students with strategies and resources on how to deal with them.

GRADE 10 HEALTH

The program will focus on healthy and responsible relationships and the students will be trained in cardiopulmonary resuscitation (CPR) during this semester.

GRADES 9 AND 10 PHYSICAL EDUCATION

Students will participate in a variety of activities such as archery, badminton, volleyball, cooperative games, fitness, and ultimate games.

GRADES 11 AND 12 WORKOUT

Students will have an opportunity to work out all semester! They will learn how to create and follow an individualized workout plan while recording their performance and making modifications as needed to reach their individual goals.

GRADES 11 AND 12 LIFETIME ACTIVITIES

This course is designed for students who prefer to be active in individual and small team activities that promote lifelong fitness. Some activities include archery, golf, yoga, fitness, badminton and volleyball.

GRADES 11 AND 12 TEAM SPORTS

This course is designed for students who prefer to participate in team-based activities. Some activities may include floor hockey, basketball, team handball, ultimate games, and baseball/softball.

Some important reminders!!

Grade 11 & 12 ALTERNATIVE PHYSICAL EDUCATION EXPERIENCE

Students who have received approval last spring to use an outside activity to fulfill their physical education requirement must turn in their attendance log by the end of the semester to the Athletic Directors Office. They must complete 90 hours of participation during this time in order to receive credit for the experience. Students who intend to use a Winchester High School athletic sport to fulfill their physical education requirement must successfully complete the season (attendance is required from day one) and receive a certificate/letter upon completion from their coach. Successful completion will be determined by practice / game attendance and effort.

If you have any questions feel free to contact any of the above staff members or the Wellness Director, Pam Saba (psaba@winchester.k12.ma.us) by email.

We hope you and your students have a healthy, active school year.



Winchester Youth Center

458R Main Street

Winchester MA 01890

781-721-0906

<http://www.wincyc.com>

winchesteryouthcenter@gmail.com

Follow us on Facebook

The WYC offers a wide range of leadership, service-learning, and good-decision-making activities for WHS students. All WHS students are invited to get involved in all of our amazing youth groups, awesome special events, and fabulous service projects.

LEADERSHIP PROGRAMS

The WYC has several youth groups for WHS students that focus on responsibility, respect for others, trust, commitment, teamwork, support, and community service. Through these groups, students are given many opportunities to develop their skills in the areas of communication, organization, decision-making, and leadership. They also build confidence and self-esteem by serving as role models for their peers and making a difference in their community.

PEER LEADER YOUTH GROUP

Do you have what it takes to be a peer leader?

If you have natural leadership skills, want to have a positive impact on the community, like to have fun and make good decisions; then the answer is yes! The WYC peer leadership program is a youth group for Winchester High School students who are committed to their community and to serving as role models for their peers. The Peer Leaders have weekly youth group meetings to work on further developing their leadership, communication, interpersonal, and decision-making skills, plan for upcoming projects, and have a lot of fun. They supervise the after school activities and drop-in center and serve as Project Leaders for all of the WYC's service-learning projects including all of our special events and community service projects. This group is open to any WHS student who has natural leadership skills and the desire to further develop them. Anyone interested in joining this awesome group is welcome to stop by the WYC for more information.

WINCHESTER LANTERN WALK STUDENT COMMITTEE

The Student Lantern Walk Committee will be essential in helping to plan the second annual Winchester Community Lantern Walk scheduled to take place on Sunday, November 10th. The goal of the Lantern Walk is to raise awareness of the negative impacts of stress on our community. The goal of the Student Lantern Walk Committee is to create a support system for those who are feeling stressed, as well as advocate for students in the high school. If you or someone you know is under a lot of stress and resorting to negative ways of dealing with it, then please come to our meetings! We meet once a month on Mondays at 7:00pm. Listen to the WHS daily announcements and check our website for upcoming meeting dates.

The SLWC is open to all WHS students who want to make a real difference in the high school. Please stop by the WYC or email us for more info.

WYC AFTER SCHOOL ACTIVITIES

*****Please note our new schedule*****

All activities are open to high school and middle school students.

Beginning this fall, the WYC's drop-in center will be open on Mondays and Fridays only.

We will be running organized activities on Tuesdays, Wednesdays, and Thursdays.

All activities will run for 6-week sessions.

Please read below for detailed information about some of our upcoming after school activities.

Please contact the WYC to register for any of these activities.

WYC 4-SQUARE CLUB

It's everyone's favorite playground game. Come join us every Tuesday and battle your friends to be king/queen of the courtyard!

Dates: Tuesdays, September 17-October 22 **Times:** 2:30-4:00pm

Registration: \$25 **Location:** Winchester Youth Center courtyard

WYC WALKING CLUB

Come join the WYC Walking Club. It's a great way to get healthy and stay healthy, relieve stress, relax with friends, and meet new friends. Walks will take place on the brand new Manchester Field Track and elsewhere around town based on Club members' requests.

Dates: Wednesdays, September 18-October 23 **Times:** 2:30-4:00

Registration: Free **Location:** Manchester Field Track

WYC INTRAMURAL BASKETBALL

Do you love to play basketball? Then come play with us every Thursday on the outdoor courts at Manchester Field. This program is for everyone regardless of skill level or basketball expertise. All members will be placed on a team and all teams will have games scheduled each week. All participants will receive a t-shirt.

Dates: Thursdays, September 19-October 24 **Times:** 2:30-4:00

Registration: \$40 **Location:** Manchester Field Outdoor Basketball Courts

WYC YOGA

Yoga helps to develop a healthy body, mind, and spirit. Afternoons of yoga at the WYC will allow students to relax, build strength and flexibility, and feel better. Everyone is welcome regardless of fitness level or yoga experience.

Dates: Tuesdays, November 5-December 17 **Times:** 2:30-4:00

Registration: \$30 **Location:** Winchester Youth Center

WYC MOVIE MAKING CLUB

Students will join the expert staff from WinCAM in writing, recording and editing their own feature film! Video novices and experts alike will benefit from the techniques of writing, storyboarding, shooting and post-production explored in this club.

Dates: Wednesdays, November 6-December 18 **Times:** 2:30-4:00

Registration: \$25 **Location:** Winchester Youth Center

WYC ZUMBA

Come join the dance party at the WYC and dance your way into shape. Learn valuable dance moves that you can show off at the next Semi, relieve stress, and increase your energy. Everyone is welcome regardless of fitness level or Zumba experience.

Dates: Thursdays, November 7-December 19 **Times:** 2:30-4:00

Registration: \$30 **Location:** Winchester Youth Center

SERVICE PROJECTS and SPECIAL EVENTS

Throughout the year the WYC coordinates and participates in a huge variety of community service projects.

Members of the WYC are committed to making a positive difference in the world and encouraging others to do the same. If you're interested in doing something good for our community, stop by the WYC and find out how you can get involved. Additionally, the WYC runs a ton of different special events throughout the year in an effort to provide teens with fun things to do and opportunities to make good decisions. Please check out our website for a complete description of our service efforts and special events and mark your calendars for all the things you won't want to miss.

WINCAM & WYC VIDEO SCAVENGER HUNT

Thursday, September 26th

6:30-8:00pm

All high school and middle students are invited to join the WYC and WinCAM for the first annual back-to-school Video Scavenger Hunt. Students can register on the WYC website or Facebook page and sign-up sheets will be located in the WYC and WHS and McCall Main Offices. All participants will be placed on a team and each team will be given a camcorder and a list of items to find and tasks to achieve. Everyone is encouraged to come for a great night out with friends! Check out our website or stop by the WYC to find out more. There is no fee to register for this event.

WYC HALLOWEEN COSTUME PARTY COFFEE HOUSE

Friday, October 18th

8:00-10:30pm

On Friday, October 18th the Peer Leaders will transform the WYC into a spooky Halloween-themed Coffee House. All attendees are encouraged to wear Halloween costumes and get into the Halloween spirit! As always, the Coffee House will feature live music and delicious homemade treats, frappes, and coffee drinks. The Coffee House is open to high school students only. Admission is \$5. All proceeds will benefit the Peer Leaders' Habitat for Humanity trip.

NORTH SHORE WALK TO DEFEAT ALS

Saturday, October 19th

10:00am

Lake Quannapowitt, Wakefield

Please join our team "Haley's Comets" and support our efforts to defeat ALS a.k.a. Lou Gehrig's Disease. Our goal is to raise money to support people in our community with ALS and to spread awareness of the urgency to find treatment and a cure for this disease. Contact us at the WYC to learn more about how you can get involved.

TREATS FOR OUR TROOPS

November 1st-8th

The WYC is once again collecting Halloween Candy for our troops overseas. Over the last few years Treats For Our Troops has sent more than 6000 lbs of candy to troops stationed in Iraq and Afghanistan. Please join in and donate some of your Halloween candy or pick up an extra bag at the store and help us send a little Halloween cheer overseas! Please look for the orange Treats For Our Troops collection bins located by the WHS Main Office, Connect & Commit Office, and in the WYC.

WINCHESTER LANTERN WALK

Sunday, November 10th

5:00pm

Winchester Town Common

Mark your calendars and join us for the second annual Winchester Community Lantern Walk and help shine a light on the issue of stress and its negative impacts on the youth and families in our community. The goals of the Lantern Walk are to raise awareness of the negative impacts of stress and to highlight the resources available in our community for dealing with stress. We are inviting families with school-age children to take one night off from stress-inducing activities (i.e. meetings, homework, etc.) and to gather on the Common for

a lantern-lighted walk through downtown. Walkers will return to the Common where we will hang lanterns of hope that have been created by students throughout town. There will be information regarding community resources and a pledge board where all participants can write one thing that they each plan to do to reduce stress in their lives.

The Lantern Walk represents a peaceful and beautiful statement of support, awareness, prevention, and change. Please check our website at www.winchesterlanternwalk.org for more information, resources, and lantern-making instructions.

ROCK FOR YOUTH

Friday, November 22nd

7:00-10:30pm

Winchester Town Hall Auditorium

Each year the WYC sponsors a Battle of the Bands for local high school rock stars. The first of three rounds will take place Friday, November 22nd in the Winchester Town Hall Auditorium. If you are interested in registering your band, contact the WYC or email us at rock4youth@gmail.com. If you have friends in a band or just like to listen to great, live music be there to select the bands that will move on to Round 2. Admission is \$10 and each audience member receives one ballot to vote for their favorite bands. This is a substance-free event and, as with all WYC events, no outside drinks are allowed and students are not allowed to re-enter once they leave. Proceeds from Rock for Youth help to fund WYC events and service-learning projects.

HABITAT FOR HUMANITY

For the past 8 years the Peer Leaders have participated in a week-long service-learning project with Habitat for Humanity to help build homes for needy families. During April vacation we will travel to another area of the country to participate in our 8th annual week-long service trip. The Peer Leaders will be running a variety of events throughout the year in an effort to fundraise 100% of the expenses for our trip. Please contact us if you would like to make a donation toward this amazing service-learning experience.

RELAY FOR LIFE OF WINCHESTER

Form your teams, start your fundraising, and plan to join us for the third annual Relay For Life of Winchester! Our first two Winchester Relays have raised over \$120,000! Relay For Life is the signature fundraising event of the American Cancer Society. It unites communities across the globe to celebrate people who have battled cancer, remember loved ones lost, and fight back against this disease. Teams of 8-15 people from all walks of life camp out at local school, parks, or fairgrounds and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times, while special entertainment, music, and fun activities keep things lively. Symbolizing the 24/7 battle that cancer patients fight, Relay is an overnight event, lasting up to 24 hours in length. Teams raise money prior to the event then celebrate their fundraising efforts while honoring survivors and remembering those lost to cancer in special ceremonies during the event.

COMMUNITY NEWS

WFEE PROM 'N AID - Saturday, September 21st

Get the 2013 school year off to a fabulous start with a fun evening of dining, dancing and donating in support of Winchester's teachers. The WFEE Prom 'n Aid has moved to the fall, Saturday, September 21st. Our annual fundraiser will be held under the tent at Chevalo Park from 6:30pm - 11:30pm. **Buy your tickets today at <https://donatenow.networkforgood.org/WFEE> or at Book Ends.**

New to the Prom this year - magician David Hall! No stranger to fame, David recently performed at a private event for Mick Jagger. "Wow, good tricks," said Mick - good enough for the Rolling Stones, good enough for WFEE! Winchester resident and well known Chef Vittorio Ettore of [Bistro 5](#) and [A Tavola](#) will once again provide a fabulous dinner with a DJ to keep us dancing into the evening. Fall formal attire - current, classic or crazy!

The Prom 'n Aid helps fund WFEE grants that are supporting innovation and creativity at all Winchester public schools. Some of the most recent WFEE grants to WHS teachers have updated the Physics Lab, created the ArtMac Lab to teach students digital photography, brought iPads to the Music Department, iPads and laptop computers to the WHS library, and provided funding for a professional Shakespeare company to work with all WHS students. More information on all WFEE grants is available at www.wfee.org.

LEAGUE OF WOMEN VOTERS

VOTER REGISTRATION SEPTEMBER 25 and 2013 ELECTIONS

Voter Registration Assembly for WHS Seniors on September 25, 2013

Citizens who will be 18 years old by October 15 are eligible to vote in the state primary election on that date, but must be registered. The Winchester League will host a voter registration assembly at WHS on Wednesday, September 25, for seniors who wish to register to vote. Town Clerk Mary Ellen Lannon will be in attendance to work with students as they fill out their voter registration applications. **Please note: students will need to know the last four digits of their Social Security numbers to write on the application.**

2013 Elections – Don't Forget to Vote

Primary Election for 5th Congressional District, US House of Representatives (formerly held by Edward Markey) October 15, 2013

Election for 5th Congressional District, US House of Representatives December 10, 2013

Learn more about the Winchester LWV at www.lwv.org

WINCHESTER COMMUNITY SCHOOL NEWS

MusicFest Open House - Sunday, September 8, 2-4 PM

Winchester Community Music School's annual MusicFest is free and fun for all ages! Sunday, September 8, 2-4 PM, at 407 Highland Avenue, Winchester. Features an instrument petting zoo, demo classes, live performances, a musical passport journey, and much more!

Back to School Auditions - September 4-21, 2013

Auditions are being scheduled now for a dozen group programs including our new string orchestra, our new treble chorus, and several classical and modern ensembles. WCMS is also launching a Suzuki instruction program for piano and violin. Something for all ages - kids, teens & adults. WCMS offers instruction to

nearly 800 students from 30 communities each year.

www.winchestermusic.org

INSIDE THE COLLEGE ADMISSIONS OFFICE WITH ACCEPTU - Monday, September 9

Join Stephen Friedfeld, co-founder of AcceptU and former admissions officer at Cornell University and Princeton University, for a FREE information session from 6:30-8:00 pm on Monday, September 9th, at the Winchester Public Library (large meeting room). The title of the session is "*Inside the College Admissions Office*." AcceptU is a local college counseling group composed entirely of former admissions officers that has provided one-on-one guidance to many Winchester families. AcceptU's counselors help students with academic, extracurricular and standardized testing planning as well as the college list, admissions strategy, essays, interview prep and financial aid. Parents and students in 9th, 10th, 11th and 12th grades are encouraged to attend this event. It is open to all.

WINCHESTER MULTICULTURAL NETWORK NEWS

Ability Awareness Day, Saturday, September 14, at the Winchester Farmer's Market

Ability Awareness Day will be co-sponsored by Disability Access Commission, Brio, and the Winchester Multicultural Network. The program will have material on braille, a signed story telling time, mask making, and accessible equipment available for people to see.

Table at the Winchester Farmer's Market, Saturday, September 21st

Please stop by the Winchester Multicultural Network's table at the Farmer's Market on Saturday, September 21st, from 9:30-1:00. Learn about WMCN and its role in the community!

Winchester Reads *The Sandcastle Girls*

The *Winchester Reads* Committee has chosen *The Sandcastle Girls* by Chris Bohjalian as its 2013 community read. The book, an historical love story, is a great summer read. It is set both in 1915 when the central character, Elizabeth Endicott, arrives in Aleppo, Syria to help refugees of the Armenian genocide, and the present day. Pick up the book at the library or BookEnds and be sure to put the events listed below on your calendar.

Armenia's Living Legacy, Tuesday, October 1, 2013 at 7:30 p.m.

Pond Room, Jenks Center, 109 Skillings Road, Winchester Winchester Reads presents a panel discussion with Gail O'Reilly, owner of Made in Armenia Direct, Gary Lind-Sinianian, curator of the Armenian Library and Museum of America (ALMA), in Watertown; Jim Kalustian, President of the Armenian Heritage Foundation, and Robert Mirak, President of the Armenian Cultural Foundation. Steve Boodakian will moderate the panel discussion and there will be a display of Armenian crafts.

Meet the Author, Wednesday, October 16, 2013 at 7:30 p.m.

McCall Middle School, 458 Main St., Winchester

Chris Bohjalian, author of *The Sandcastle Girls*, will discuss his book at this special event, which is free and open to the public. Town Moderator John Sullivan will introduce the author, who will sign copies of his book following the program.

ABC BOTTLE DRIVE - OCTOBER 5

The Winchester ABC program will hold its next bottle drive on Saturday, October 5, 2013, from 8 AM to 3

PM in the parking lot behind the Sons of Italy Hall at the entrance to the transfer station. Your returnable bottles and cans help to finance the ABC Program.

As always, volunteers are needed the day of the drive to help sort the bottles and cans. If you have an hour or two and can help, please know that you are welcome. For more information, please call Derek Stone at 781-729-4380.

FIRST ANNUAL GLEN DOHERTY MEMORIAL ROAD RACE - OCTOBER 6

Join us on Sunday, October 6, 2013, in Glen's beautiful hometown of Winchester, MA, for the 1st annual GDMF Road Race! Glen Doherty was a former Navy SEAL who sacrificed his life in order to save others during the attack on the American Consulate in Benghazi, Libya, September 11, 2012. GDMF helps current and former special operations professionals and their families through educational scholarships and vocational training.

Location:

40 Skillings Rd.

Schedule:

5K Run or Walk	12:15 PM
10K Run	12:00 PM

Register online at www.racemenu.com/events/31901-Glen-Doherty-Memorial-5K-10K-run-walk.
For more information, please visit www.GlenDohertyFoundation.org.

PARENT TO PARENT NEWS

Parent to Parent Presents

"Too Much of a Good Thing: Raising Children of Character in an Indulgent Age"

McCall Middle School on Tuesday, October 8, 7-9 PM

Psychologist and author, Dan Kindlon, PhD., will discuss his timeless book, "Too Much of a Good Thing: Raising Children of Character in an Indulgent Age". Dr. Kindlon is a clinical and research psychologist, and the author of three other notable works including "Raising Cain: Protecting the Emotional Life of Boys".

In his engaging style, Dr. Kindlon tells us that overindulgence, permissiveness, and our hyperfocus on protecting our children from failure and disappointment often have the opposite effect of what we intend. In this discussion, Dr. Kindlon will impart practical advice for parents who want to avoid misguided giving and learn to set fair, consistent limits for their children.

Funding for this program has been made possible by generous donations to Parent to Parent's Direct Appeal. For more information, visit parenttoparentwinchester.org.

GALA CELEBRATION TO SUPPORT THE NORTH SUBURBAN YMCA

Save the Date!

Date: Friday, October 25th

Time: Cocktail Reception starts at 6:30pm

Place: [The Marriott Hotel in Burlington](#)

This year, our ambitious goal is to raise \$75,000 for our Annual Fund through the Gala, an increase of \$25,000 over last year. This will allow the Y to meet the growing demand for scholarships, and also expand the reach of FREE "Darkness to Light" community training sessions in child and teen sexual abuse prevention.

Click [here](#) to purchase your tickets today!