

Winchester High School  
Parent Faculty Association Newsletter  
January 17, 2023



## PRESIDENT'S NOTE



Good Morning WHS Parents and we hope you enjoyed your snowy MLK Day off. Thank you to all the students and parents took who took the time to participate in a day of service rather than staying snuggly at home. We see and appreciate you! (*Psst, I was still in my pj's in front of the fire while most of the kids were serving, so no judgement if you did the same!*)

Just a reminder to mark your calendars for the first PFA Meeting of the year. It will be held next Monday, January 23rd at 7pm in the Library of WHS. School Resource Officer Mike Chiuccariello, fondly referred to as Officer Chic, will be the guest speaker. This is a great time to find out the good and possibly the concerning of what is going on within the walls of WHS and the community. If you have a specific topic or questions you would like Office Chiuccariello to address, please send us an **email** so we can get those questions to him ASAP.

We need **one more** trivia lover to complete our WHS Parent Team for the

Annual WFEE Trivia Bee! The Bee will be held February 8th in Town Hall at 7pm. We know you're out there, so don't be shy. The PFA will be sponsoring the team, all you need to do is show up and have fun. If you are interested in participating please **email** us as soon as possible. Let's show the town how smart WHS Parents are and bring home the trophy! ☐

As always, please reach out for any reason.

Very fondly,  
Brenda Mandile & Adrienne Spignesi  
WHSPFA Co-Chairs  
[whspfa@gmail.com](mailto:whspfa@gmail.com)

## WHS IMPORTANT DATES - MARK YOUR CALENDAR

### 2022-2023 District School Calendar

Q3: January 23- April 7

Mid quarter: Friday, March 3

Q4: April 10- June 14 (with no snow days)

Mid quarter: Monday, May 15

Seniors' last day of classes: Friday, May 26

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**MON 1/23** - PFA Meeting 7PM

**MON 1/23** - Q3 begins and runs through April 7th

**FRI 1/27** - Multicultural Night

**TUE 1/31** - Early Release Day

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**SPECIAL SCHEDULE FOR WEEK OF 1/16 - 1/20**

We will be running a special schedule for the final week of semester one (please see below). There will be two extended blocks each on Tuesday, Wednesday, and Thursday (90 minutes long) and one extended block on Friday. Attendance is required during all scheduled blocks (including WIN blocks) each day. Students will have WIN blocks during the lunch block on Tuesday, Wednesday, and Thursday. Lunches will be done by grade.

Note that there is no school on Monday, 1/16  
(Martin Luther King Jr Holiday)

## Mid Year Culminating Activity Schedule for 2022-23

### Tuesday 1/17/23 - Thursday 1/19/23

|  | <b>Tuesday 1/17<br/>(Day 6)</b> | <b>Wednesday 1/18<br/>(Day 1)</b> | <b>Thursday 1/19<br/>(Day 2)</b> |
|--|---------------------------------|-----------------------------------|----------------------------------|
| 8:30-10:07 (extended time built into the block)  | A block extended block          | B block extended block            | D block extended block           |
| 10:12-10:52                                      | D block                         | A block                           | B block                          |
| 10:57 - 12:40                                    | WIN Red - lunch by grade level  | WIN Black- lunch by grade level   | WIN Red - lunch by grade level   |
| 12:45 - 1:25                                     | G block                         | F block                           | G block                          |
| 1:30 - 3:07 (extended time built into the block) | C block extended block          | E block extended block            | F block extended block           |

### Friday 1/20

### (Day 3)

|   |                        |
|---|------------------------|
| 8:30-9:11   | WIN Black              |
| 9:16 - 10:53 (extended time built into the block) | G Block extended block |
| 10:58-12:41                                       | D block                |
| 12:46-1:53  | C block                |
| 1:58 - 3:07                                       | E block                |

- All students must remain in the classroom for the entire 90 minutes during the extended blocks. Students may **not** leave early if they finish early.

### Lunches:

**Tuesday 1/17:** 9th - first lunch, 10th - second lunch, 11th - third lunch

**Wednesday 1/18:** 9th - second lunch, 10th - third lunch, 11th - first lunch

**Thursday 1/19:** 9th - third lunch, 10th - first lunch, 11th - second lunch

**Friday 1/20:** 9th - normal lunch schedule for all classes for Day 3

## COVID REPORTING

WPS COVID-19 Reporting Form: If your student tests positive for COVID-19, please fill out this [reporting form](#) to receive important isolation and return to school information.

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## WHS GUIDANCE NEWSLETTER

The Winter Newsletter is available [here](#) and will be also be available for download on the [WHS website](#). Please see your child's guidance counselor directly with any questions.

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## GAP YEAR FAIR

Reading Memorial High School will be hosting a Gap Year Fair on **Thursday, January 19<sup>th</sup>**. There will be over 30 programs represented at the fair plus a presentation beforehand to share all the benefits of a gap year program.

Visit this [link](#) for additional information and to register.

# CLASS OF 2023 NEWS

## CAP AND GOWN TIME!

It's Cap and Gown Time! Please log on to [highschool.herffjones.com](https://highschool.herffjones.com) to place your order. Click on login and set up your account. Type Winchester in the "find your school" box, click on Winchester High School and place your order. The website is now active so place your order as soon as possible! The cost is \$23.00, this includes cap, gown and a 2023 red and black tassel.

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## FUTURE DATES FOR PLANNING

**Friday, May 26** ~ Seniors' last day of classes  
**Wednesday, May 31st** ~ Prom at the Fairmont Copley Plaza  
**Friday, June 2nd** ~ Graduation & All Night Graduation Party  
More details in Spring.

## CLASS OF 2024 NEWS

### UPDATE

We have a lot of exciting events coming up for the Junior class as they enter the second half of this year and lead up to their senior year! First up is the Junior Snow Ball ,a semi-formal on Friday, February 3rd (keep an eye out for future emails from PFA for details).

The class officers have created a running **wishlist** — a place where they can request things needed for the various events and activities. This is a great chance to support your student's class and offset costs. Events such as dances help raise funds to defray costs for Senior activities.

Thank you for your continued generosity and support of the WHS class of '24!

### SAT/ACT PRACTICE

Once again the Class of 2024 is partnering with Revolution Prep to offer a practice SAT and ACT to our students. See below:

SAT Practice Exam: Saturday, February 11th, 2023 | 9:00am - 1:00pm EST | Live Online!

ACT Practice Exam: Saturday, February 11th, 2023 | 9:00am - 1:00pm EST | Live Online!

\*\$20 proceeds go to Winchester High School

Step 1: Register

here: <https://www.revolutionprep.com/partners/415>

Step 2: Schedule a free 30-minute score report review with a

Revolution Prep testing expert to help you interpret the results and develop a customized plan to prepare. Please schedule this appointment for the few days after the exam. You can pre-schedule this Score Report Review here: [www.revolutionprep.com/david-zimbalist](http://www.revolutionprep.com/david-zimbalist)

Step 3: Attend the mock exam and get your results immediately with Revolution Prep's mobile scoring app!

NOTE: THIS IS AN ONLINE TEST - take a practice SAT or ACT from the comfort of your own home.

Questions? If you have questions or want to learn more about Revolution Prep, you can reach out to David Zimbalist at (617) 640-0744 or by email at [david.zimbalist@revolutionprep.com](mailto:david.zimbalist@revolutionprep.com).

## CLASS OF 2025 NEWS

Do you like looking stylish?

Support the Class of 2025 and buy our [merch here](#).



## CLASS OF 2026 NEWS



## Freshman Movie Night

Date: Tuesday, January 31<sup>st</sup>

Location: Winchester High School Auditorium

Time: 6:00-8:30pm

*(6-6:30pm snacks in the café followed by the movie in the auditorium)*

Movie: Class will be voting on it! Stay TUNED!

Calling Freshmen Families! We would love help with concession snacks – please consider...

**[SIGN UP HERE!](#)**

Thank you!

# WHS SPORTS

**WE WANT TO HEAR FROM YOU!**

If you have scores from games and pictures of WHS athletes in action



[please email them to us!](#)

All team schedules can be found at [WHS Team Schedules](#)



### **ALPINE SKI**

Please send us updates!

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### **BOYS BASKETBALL**

Boys Varsity Basketball is playing at TD Garden on Saturday, January 21st at 9am. Bring your WHS spirit and cheer on your team!



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### **BOYS HOCKEY**

Please send us updates!

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# GIRLS BASKETBALL

Please send us updates!

# GIRLS HOCKEY







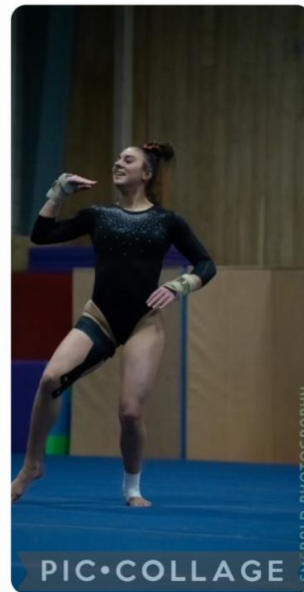
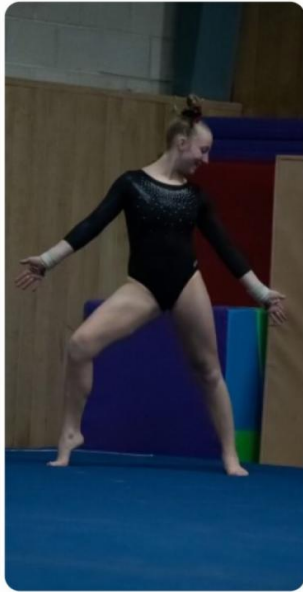




## GYMNASTICS

At the 1/12 gymnastics meet, Winchester defeated Wakefield 132.35 to 127!

Pictured below, left to right  
**Rose Marino, Keira McNamara & Captain Sophia Rauseo**



Pictured above, left to right  
**Anya Wickramasinghe, Victoria Diaz & Captain Sophia Rauseo**

Pictured below is **Captain Rosie Trachsel**



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## INDOOR TRACK & FIELD

Please send us updates!

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## NORDIC SKI

Please send us updates!

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## SWIMMING

The boys swam against Melrose on Thursday. They lost in a close meet, but there were some awesome times and swims!

The meet kicked off with the boys winning the 200 Medley Relay. **Ethan Guo** swam the backstroke, **Captain Kaden Salvietti** swam the breaststroke, **Seamus Sullivan** swam the butterfly and **Captain Allen Huseinovic** swam the freestyle.

**Ethan Guo** got 2nd in the 200 IM and he won the 100 Back and qualified for Sectionals.

**Benny Chen** got 2nd in the 50 free.

**Captain Allen Huseinovic** won the 100 fly and qualified for States!  
He also won the 500 free and qualified for Sectionals.

**Captain Kaden Salvietti** got 2nd in the 100 free and  
2nd in the 100 Breast.

The boys finished the meet by winning the 400 Free relay.  
The team was comprised of **Ethan Guo, Seamus Sullivan,**  
**Captain Kaden Salvietti and Captain Allen Huseinovic**

Thank you to the parents who took pictures.  
Come cheer the boys on at their next meet on Tuesday 1/17  
at 4:30 PM at Shawsheen Tech HS in Billerica







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## GIRLS TENNIS

There will be a meeting for anyone interested in playing Girls Tennis this Spring on **Tuesday, January 31st** at 7:55am in the auditorium.

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## WRESTLING

On January 11, Winchester defeated Woburn 46-33. Pins by Ilyas Malik, Jihyun Kang, Finn Paragas, Hudson Yimoyines and Omar Alost. Win by Henry Wallace.

## WHS ARTS, MUSIC & THEATER



Check this section for updates about Arts, Music & Theater events and opportunities at WHS.

If you have pictures or updates about WHS student performances and work [please email them to us!](#)

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### PERFORMERS NEEDED: MULTICULTURAL NIGHT

Calling all performers! Student Council is looking for anyone who would be interested in performing at Multicultural Night on **Friday January 27**. Anyone is allowed to sign up and showcase whatever talents they choose from a country/culture! These performances will take place from 7pm to 8pm. The sign up form can be found here.

For any further questions, feel free to reach out to [Aden Huang](#).

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### APRIL DISNEY TRIP DEADLINE

**Final call** for any student enrolled in band, chorus or orchestra to register for our performance trip to Disney World in April. If you are planning on going and have not yet registered, please see your

music teacher ASAP as final travel arrangements are in process.  
Thank you!

## WHS CLUBS & GROUPS

Click here for a [list](#) of WHS Clubs and Organizations  
Check this section for current club news, meetings & events

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### ESPORTS CLUB

The Esports Club is actively recruiting members for Rocket League, League of Legends, Hearthstone, and more for the winter season. Interested in competing for WHS against other schools? See Dr. Glenwerks in room B205 or Ms. Pellegrini in room B201 for more information.

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### RED CROSS CLUB

Winchester Red Cross Club will be hosting an American Red Cross Blood Drive in the gymnasium on **Friday, January 20** from **8 am-1 pm**.

If you would like to donate please sign up [here](#). Donations will take place every 15 minutes.

Please make sure to review all eligibility requirements before signing up to donate and bring some form of ID with your date of birth along with the consent form if you are 16-17!

Requirements and [Parental Consent Form](#).

We are also looking for five student volunteers for each thirty-minute time slot, to help the drive run smoothly. Just as a reminder, helping in with this drive, whether donating or just volunteering makes a huge difference and these hours will count for volunteering hours!

If you would like to volunteer to help run the drive, please use this [Link](#).



If you have any questions, see Ms. Bremhorst in the gymnasium

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## FINANCE CLUB

Are you interested in learning more about the world of finance? Join the WHS Finance Club and expand your knowledge on investing, budgeting, and more! We meet every WIN Red in the cafe to discuss current financial events and topics, as well as explore career opportunities in finance and related fields. Through guest speakers, activities, and presentations, you will gain valuable financial knowledge that is applicable in the real world.

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## HEALTHCARE AND OCCUPATIONS

Healthcare and Occupations Club is back! On Friday, **January 20th** from **7:00-8:00 pm** EST, we are welcoming Dr. Rainer Weiss, an American physicist who won the Nobel Prize in 2017 for his contributions to gravitational wave astronomy, for a zoom presentation. If you are interested in hearing about his life, work, and achievements, please fill out this [form](#).

For any questions or for more details, please do not hesitate to contact [us here](#).

# NEWS AROUND TOWN

The WHS PFA does not specifically endorse events and organizations and shares information on events and activities that may be of interest to the WHS community as a courtesy for informational purposes.

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# KEEPING KIDS SAFE AND SECURE ONLINE: A PROJECT SAFE CHILDHOOD PRESENTATION FOR PARENTS

Brought to you in collaboration by:  
The United States Attorney's Office  
&  
Homeland Security Investigations



Wednesday, January 18, 2023 | 6:30 p.m.  
Log-in begins at 6:15 p.m.

| Topics  | Panelists  |
|---|--|
| Social Media 101/Digital Footprint<br>Cyberbullying<br>Sexting<br>Gaming<br>Victim Support<br>Protecting Against Online Predation | Anne Paruti, Assistant United States Attorney<br>Andrew Kelleher, HSI Special Agent<br>Lauryn Myers, Victim Witness Specialist |

This presentation is for adults who wish to learn how to keep kids safe and secure online.  
Content is inappropriate for young children.  
Please be aware of who can see your screen and hear your audio!

## REGISTRATION DETAILS

Event address for attendees (use Chrome!):

<https://usao.webex.com/usao/onstage/g.php?MTID=ec3d8ccd61ccdd26ee39d8c6ffd5c57aa>

Password: PSC1

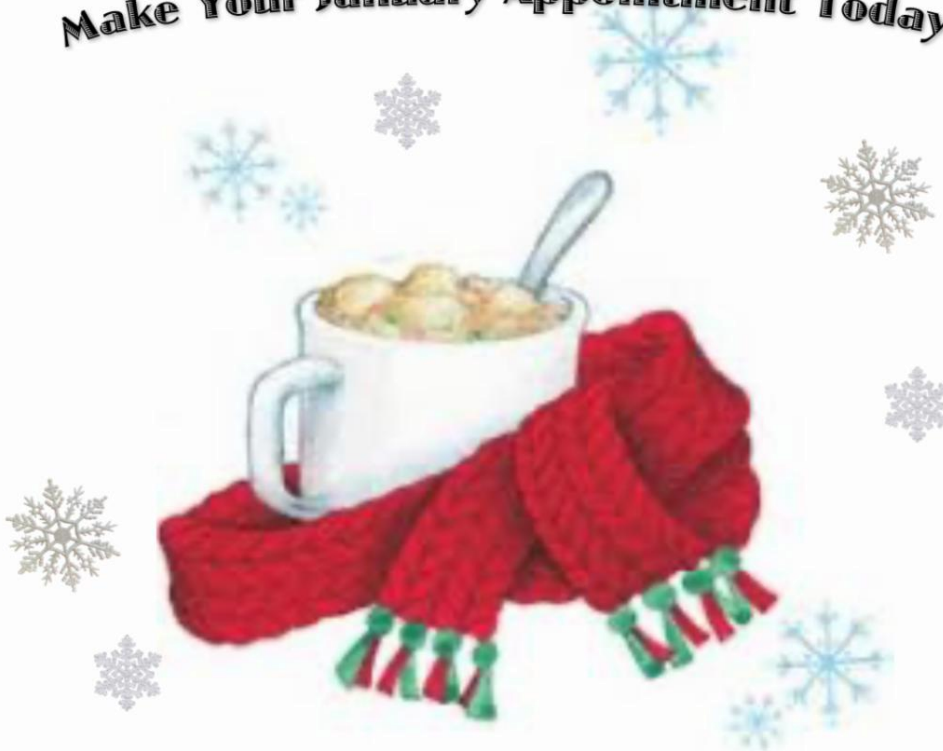
Questions or difficulty registering?

Please contact Karen Legace @ [USAMA.PSCO Outreach@usdoj.gov](mailto:USAMA.PSCO Outreach@usdoj.gov)

[Click Here for Event Address - use Password PSC1](#)

Visit our Website

**Make Your January Appointment Today!**



Food Pantry Hours  
by Appointment Only  
Sundays & Mondays

Text, Email, or Call  
781- 369-5844  
[enkapantry@gmail.com](mailto:enkapantry@gmail.com)



1037 Main Street  
Winchester, MA 01890  
*Same location as the En Ka Exchange*

**Open to Winchester Residents**

- Providing non-perishable food and personal care items to individuals and families living in Winchester who do not have adequate financial resources to meet basic needs.
- Use of the En Ka Pantry is limited to one time per month and does not prohibit individuals or families also visiting the Woburn pantry.
- The En Ka Pantry is open to all households, through pre-arranged appointments.

***Transportation available upon request.***

Email EnKa Pantry

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## WINCHESTER PUBLIC SCHOOL INTEGRATED PRESCHOOL

LOTTERY APPLICATIONS DUE BY JANUARY 27th: The Winchester Integrated Preschool is now accepting applications for the lottery through January 27th for the 2023-2024 school year. Please visit Winchester Preschool's Website to learn about the preschool program and the application process, as well as to complete and submit an application form for the lottery. Please email [scasey@winchesterps.org](mailto:scasey@winchesterps.org) with any questions.

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## WINTER GIRLS LACROSSE CLINICS

Winchester Recreation will be offering winter clinics for high school players at WHS on Sundays from 6:30-8pm on 1/22, 1/29, 2/5, 2/26, 3/5 & 3/12. Clinics are open to new and experienced players. Visit [www.winrec.com](http://www.winrec.com) for more information and to register.



### **January Workshop Weeks – January 16–26, 2023**

Join Winchester Community Music School for fun, music-themed workshops led by our exceptional faculty. There's something for all ages including "Play Me a Story," "Family Folk Dance," "Yoga for



Musicality,” “Rhythm World Adventure,” and much more! Workshops are \$15 for general public and free for WCMS students.

### **Junior District MMEA Mock Audition Workshop - Sat, 1/21 at 3:00 PM**

For middle and junior high school students trying out for the MMEA Junior District Festival – **register by January 17**. This workshop will provide a wealth of information about the audition process including how to prepare, manage nerves, and develop presentation skills. Students will divide into vocal and instrument groups to perform for adjudicators and receive constructive feedback on their solos and scales. Held at Winchester Community Music School, 407 Highland Avenue, Winchester. \$25 per participant; register by January 17. Open to all; you do not need to be enrolled at WCMS to participate.

### **Auditions for Ensembles & Bands at WCMS – Sun, 1/22 from 12–3 PM**

Whether you have a child or teen ready to perform with their peers, or you yourself would like to be matched with a group of similar musicians, Winchester Community Music School has over a dozen types of ensembles and bands for all ages and abilities. Classical, jazz, rock, world music – there’s something for everyone, from young beginners (and older beginners!) to experienced musicians. Enjoy the social experience of a group, along with the guidance and expertise of our exceptional faculty members. Placement auditions for spring semester are being held **Sunday, January 22nd**, 12–3 PM (please inquire if you cannot make it on that day). WCMS is a non-profit school; financial aid is available.

### **Uke-a-Palooza Concert – Saturday, January 28, 4:00 PM**

More than 25 ukulele students of all ages will hit the stage at Winchester Community Music School to perform toe-tapping tunes from folk to Americana to pop & rock. Under the direction of WCMS faculty member Tad Hitchcock, featured performers include students from the WCMS group ukulele program and Kids' Corner ukulele class. They will be joined by Zachariah Hickman on lap steel guitar and Guitar Department chair Ben Bourgeois. The program will be livestreamed on the WCMS YouTube channel, and

limited in-person \$5 tickets are available online or at the school.

For all WCMS programs visit [www.winchestermusic.org](http://www.winchestermusic.org) for more information, or call 781-721-2950.



**JANUARY 28<sup>TH</sup> 2023**

The Winton Club is proud to announce [Viva Las Winton](#), happening January 28, 2023. Sure to be the hottest ticket in town, so get yours while they are still available!

Click [Winton Casino Night](#) to order your tickets online.

A fabulous evening filled with chances to win great prizes and silent auctions, while socializing over snacks and drinks with friends. Loads of fun even if you're not a gambler! All proceeds go to A Caring Place and the Paxman Scalp Cooling program at Winchester Center for Cancer Care. This system allows cancer patients the opportunity to preserve their hair as they undergo chemotherapy.

Can't make it but want to contribute to the cause?

Consider donating to our fundraising efforts by clicking [here](#)!

Sponsorship opportunities available for the evening event.

Contact [Mary Ducharme](#), Casino Chairperson for details.

# Youth Mental Health First Aid

*A skills-based training course*



*"It really gives you the skills you need to identify — and ultimately help — someone in need. Because you never know when these kinds of skills might be useful."*

Michelle Obama

**January 31 & February 2**  
**10:00 to 12:30pm (2 sessions)\*\***  
**Town Hall, Winchester Room**

If you live or work in Winchester [CLICK HERE](#) to register  
(deadline 1/27/23)

Learn how to identify, understand, and respond to signs of mental health and substance-use challenges among adolescents ages 12-18. Instructors will discuss trauma, self-care, and the impact of social media and bullying. You'll build skills and the confidence you need to reach out and provide initial support to young people who are struggling.

\*\*Individuals must complete both days of the in-person instruction and approximately 1.5 to 2 hours of online pre and post course work to be certified in Youth Mental Health First Aid.

Continuing Education Units (CEUs) will be offered.

Questions? [winchestercoalition@gmail.com](mailto:winchestercoalition@gmail.com)



**Sometimes first aid isn't a bandage or CPR or calling 911.**  
**Sometimes first aid is **YOU**.**



Have you heard about **Winchester ABC** but aren't really sure what it is? Are you already a supporter of **WABC** but want to get more involved?

We will be holding an information session on **Wednesday February 1<sup>st</sup> at 7pm** in the large meeting room at the Winchester Public Library. We will share more about our mission to support educational opportunities for young men of color and various volunteer opportunities – including our much needed host family role.

Please come by and meet us!  
For more information, check out our website: [www.winchesterabc.org](http://www.winchesterabc.org)  
For questions contact us at [info@winchesterabc.org](mailto:info@winchesterabc.org)

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**THE BUZZ BUILDS!**



With only weeks to go, slots are quickly filling up for the WFE Trivia Bee on Feb. 8<sup>th</sup>. Sign up your team of three now at [www.wfee.org](http://www.wfee.org), the fun starts at 7pm with 7 rounds of trivia plus a Championship Round. Winners of each round advance to the Championship Round plus this year there will be one wild card team. Even if you don't win your round your time might be chosen at random to participate in the Championship Round. It is a fun excuse to get out of the house when February is seeming a little glum. All funds raise support Winchester's teachers and students through WFE Grants.

**Sign up your team** for the Bee.

## ALUMNI NEWS

**W**INCHESTER  
ALUMNI ASSOCIATION

*Are you a WHS Senior?  
Are you a parent of a WHS student or alumni?*

***Are you a staff member of Winchester Public Schools?***

**You are invited to join the Winchester Alumni Association  
Become a member [HERE](#)**

Winchester Alumni Association was launched in 2018 to support WHS alumni, staff and families in the many transitions of their lives after the 01890.

Alumni who register through our [database](#) may receive information on upcoming Winchester events and volunteer opportunities, search for classmates, share news, and support current students and young alumni through networking and mentoring activities.

Follow us on [LinkedIn](#), [Facebook](#) and [Instagram](#) for our Alumni Spotlight Series that celebrates past WHS students now around the world or check out our website [HERE](#).

## IMPORTANT INFORMATION

### WE WANT TO HEAR FROM YOU!

If you have any pictures, news, updates, we want to hear from you. [Please email us](#). We would love to share with the WHS Community!

If you NO longer wish to receive the newsletter or you wish to change or add a new email address to your account, [please email us](#) or [click on this link](#).

To make a newsletter or a news blast submission, [please email us](#) NO LATER than 12:00 PM on Friday.