

Subject: WHS PFA Newsletter 3/15/21

From: WHS Parent Faculty Association <whspfanewsletter@gmail.com>

Date: 3/15/2021, 5:30 AM

To: lauren.lesperance@verizon.net

Winchester High School Parent Faculty Association Newsletter March 15, 2021

*To ensure continued delivery of the WHSPFA Communications, please
set-up our [email address](#) as a contact/safe sender.*



PRESIDENT'S NOTE

Happy Monday WHS Families, Staff, Alumni and Friends!

COOKIES! Winchester's "**Bakers United**" strikes again! Over 600 treats were delivered to WHS Staff on Friday! As part of the grassroots organization "Cookies for Caregivers," a group of caring Winchester residents bring fresh baked goods to folks who continue to serve our community during the stressful time of Covid-19. "A small token of appreciation and respect." THANK YOU Bakers United!

WHS students are still working hard AND thinking of others! Check out the new **Winchester Mutual Aid** organization created by our students. This is a neighbor-helping-neighbor network for both giving and receiving support and services. Please participate!

The **Make-A-Wish club** is selling Winchester-inspired Pura Vida bracelets and WIN stickers. Both are a great way to show our town pride! The deadline is March 17. All other information is included in the [google form](#). Please support!

WHS Covid Pooled Testing Update! So far we have collected and tested 8 teacher pools and 19 student pools - **ALL NEGATIVE!** The results have been back by the following morning if not before. You or your student will only be contacted if they are in a positive pool and require retesting - NO NEWS IS GOOD NEWS. Starting this week we will be testing staff and **Grades 9-12**. Thank you to all of the Volunteers, your time and enthusiasm are greatly appreciated! Please encourage your students to participate!



(WHS Gym - Tuesday, Cohort A: 8:30am-9:15am and Thursday, Cohort B: 8:30am – 9:15am) The process takes less than 5 minutes.

Mark your calendar: **The Winchester Coalition for a Safer Community** continues to have very helpful programming. On March 31st don't miss the presentation by our WHS Adjustment Counselor, Amber Haines, "Coping with COVID Stress: Helping Our Youth LIVE and THRIVE in a Pandemic – One Year Later!" (more details below)



Hang in there everyone! **TWELVE** weeks until graduation!

Warmly,
Mai Harrison & Abbie DiMatteo
Your WHS PFA Co-Presidents



"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has."
--Margaret Mead



The WHS Masked Staffer Week 24

What high school did you go to? Deering High School, Portland, ME
What was your favorite subject in high school? Art, guitar, and science
What sport and/or extracurricular were you involved in high school? Soccer, Lacrosse, Art magazine
What is one of your hidden talents? Juggling
Favorite Movie/Book/Band/Food? Studio Ghibli films/Boys in a Boat/Radiohead/Breakfast
Is there a quote or saying that you live your life by? Leave no trace

***Remember to read through the end of the newsletter and find out the identity of our WHS Masked Staffer! ***

WHS IMPORTANT DATES - MARK YOUR CALENDAR

MON 3/22 - PFA Meeting 7 PM (meet the School Committee Candidates)

THU 4/29 - WHS Student Blood Drive 10 AM - 3 PM - more details below

WHS School Calendar

The Winchester School Committee approved the [monthly calendars](#) for February through June 2021

Winchester is planning and preparing for a full in-person return to school in the fall, here is the approved [2021-2022 Calendar](#) for planning purposes.

Our next **WHS PFA meeting** will be Monday, March 22nd at 7pm. We will be welcoming the School Committee candidates during the first half hour. Please Zoom with us and meet the candidates! (link to come)

WHS COVID-19 Pool Testing Sign -Up

Dear WHS students and families,

Thank you for your continued partnership during this most challenging school year. We are excited to continue the **free voluntary COVID-19 pooled testing program for students and staff at Winchester High School**. Participants have the opportunity to be tested each week. We will be testing **Grades 9-12** starting this week. We have been working closely with the Massachusetts Department of Elementary and Secondary Education (DESE) and the Winchester Health Department to make this happen. We are thrilled to be working with [Project Beacon](#), a social benefit organization focused on helping to increase the capacity, availability, accessibility, and affordability of COVID-19 testing in Massachusetts.

What is pooled testing and why is it important?

- Pooled testing combines multiple nasal test swabs from individuals into a “pool” group, then the pool is tested for COVID-19 in a laboratory setting. This approach increases the number of swabs that can be tested at one time and significantly brings down the cost of testing.
- Pooled testing is one more layer of protection that helps quickly detect, trace, and isolate COVID-19 positive individuals, ultimately helping lower the risk of transmission in our community.

This program is voluntary but your participation is encouraged! The more people who participate, the more effective this program will be.

How will it work at WHS?

- Participants will take a non-invasive shallow nasal swab and nurses will be available to provide support if needed. This will take place on Tuesdays for Cohort A and Thursdays for Cohort B.
- This is not for symptomatic testing. If your student has any of [these COVID-19 symptoms](#) they should not attend school or participate in pooled testing.
- Test results will be confidential and will only be seen by WHS nurses. Individual positive cases will be managed by the Winchester

Health Department and are required to be reported to the Massachusetts Department of Public Health.

- **If the result of the pool is negative:** all individuals are presumed to not have COVID-19, and you will not be contacted.
- **If the result of the pool is positive:** all individuals in the pool will be notified by the Winchester High School Health Office and **they must be retested individually**. Individual follow up testing will be offered at the High School expeditiously after results are received. Students in a positive pool cannot return to school until the follow up testing is complete and we have identified a positive individual. The way the pooled testing days are scheduled, hybrid students should not miss any in-person days. [Details on this process can be found here](#)

How can your student participate?

To be included in the Pooled Testing Program, your student must have a profile created in Project Beacon, which includes signing an electronic consent form, covering both the pooled testing and retesting if needed.

[CLICK HERE TO REGISTER AND FOR MORE INFORMATION](#)

Note: Students may not participate if they have tested positive for COVID-19 within the last 90 days

At Winchester High School we are extremely grateful to our committed staff and families that continue to show great flexibility, compassion and resilience as we navigate through this school year. While we may be in different boats, we are all still in the same storm together.

If you have questions regarding the COVID-19 Pooled Testing Program not answered [here](#) , please [email us](#).

Thank you,
Principal Dennis Mahoney and the WHS Covid-19 Pool Testing Team

**** PARENT VOLUNTEERS NEEDED** - Please sign up here:
[WHS Families: WHS Covid 19 Pooling Test Parent Volunteers](#)

Congratulations!!

Congratulations to **Jasmine Sun** and **Jessica Jin**, as their project "Exploring the dwarf nova VW Hydri through TESS photometry, superhump period analysis, and SED modeling" won Outstanding Physics/Earth & Space Science Project at the (virtual) Region IV Massachusetts Science and Engineering Fair this weekend.

Next up, on to the State Competition!

Congratulations!!

Last weekend over four days, **THE Winchester Model UN Team** attended the National High School Model UN Conference (NHSMUN), and won **FIRST PLACE** as a delegation winning the Award of Distinction! The Red and Black debated, compromised, laughed, researched and collaborated with participants from around the world.

Congratulations to **Eimon Aung, Elina Chen, Alex Lee, John Bellaire, Sophie Chung, Yaozu Chen, Stephen Burchfield, Spenser Wu, Eda Erdogmus, Adah Nordan, Armen Bagdassarian, and Arya Ramachandran** on their achievement!

Additional congratulations to **Eda Erdogmus** and **Arya Ramachandran** for being selected as plenary speakers and representing their committee at the conference's closing ceremonies.

Alex Lee and **John Bellaire** additionally won the individual Award of Excellence for their transnational efforts as the USSR in the Historical Security Council Committees.





WHS Blood Drive

We are currently gathering information as we prepare for a WHS-only blood drive in conjunction with the American Red Cross for **Thursday, April 29th from 10 AM - 3 PM.**

If your child is 16 + and is interested, please have them [complete this form](#) to help us identify the number of students interested.

Winchester Mutual Aid

Winchester High school students have launched a community mutual aid network with the goal of creating a neighbor-helping-neighbor organization.

The idea is you tell us what you can provide or what you need.

Please fill out our [form to participate](#)

(it includes parts for both giving and receiving support and resources).

Visit [our website](#) or [email us](#)

Youth Risk Behavior Survey

Students will be completing the YRBS on **March 31st** during their regularly scheduled math block. More information about the Youth Risk Behavior Survey, including the option to opt out, can be found [here](#).

Election Day is Coming Up!

After facilitating input and questions from the student body and interviewing all four School Committee candidates, the WHS Senate has issued its endorsement for the **March 30, 2021 election!**

You can read the Senate's endorsement using [this link](#) to learn more about all four candidates and see whose views align best with your own!

Student Volunteer Opportunity

The Winchester Intergenerational (IG) Leadership Team is looking for high school students who want to get involved in developing fun, community based activities designed to bring together community members who span a wide range of ages. Building meaningful connections in our community will promote the well-being of everyone, and in the midst of the COVID pandemic, this is true now more than ever.

Our group is one team within the IG Leadership Team, funded by a Cummings grant, and our focus is on Performing Arts and Entertainment as a way to foster interconnectedness. Due to social distancing restrictions, we are tabling many of our performing arts project ideas until we can safely bring people together in the same physical spaces or venues. In the meantime, we have a project in the works for this spring, involving the community showing of a movie related to sustainable, local farming, followed by discussions related to the successes and challenges involved.

Our goal is to host follow up activities and discussions including members of local farms, organizations and/or Winchester family owned businesses who will share their experiences. We're in the early stages and are open to new ideas and directions.

If you are interested in learning more about this opportunity, please contact us as soon as possible! [Rebecca Watson](#) or [Melissa Jackson](#)

One Wish Project Drive

I'm hosting a toy drive for the One Wish Project during the months of **February and March**. The toys collected during this drive will be given as birthday gifts to homeless children living in the area.

I would love it if you could donate any unused/unopened toys for kids of any age. There will be a box to drop off toys in front of the main office.

If you would prefer to have your toys picked up at your home [please email me](#)

The Wish Project Drive

Once again we are organizing a toiletry drive, including items such as deodorant, toothpaste, and many more.

This drive is one organized for the [Wish Project](#), a lovely program that provides families in need with basic necessities. A collection bin will be

placed outside the main office for any donations.
Thank you all for being so generous!

WHS SPORTS

We Want to Hear From You!

If you have scores from games and pictures of WHS athletes
[please email them to us!](#)

All team schedules can be found at [WHS Team Schedules](#)

Girls Basketball

Congratulations to the Girls Basketball Teams for dominating against Reading!!

Girls Varsity Team **won** 3-0
Girls JV Team **won** 2-0
Girls Freshman Team **won** 2-0

Girls Swim & Dive Team

The girls have practices Mon-Fri at Medford HS at 5 in the morning! Due to Covid restrictions with the number of people that can be on the deck at one time, they also have their meets at 5 in the morning. WOW!

They started their season by **winning** their first two meets against Woburn and Stoneham!

CONGRATS to the following girls for qualifying for **Sectionals**:

Jr. Charlotte Kaduson - 100 Back
Jr. Vivian Brooks - 400 Free Relay
Jr. Lane Zimmerman - 400 Free Relay
Sr. Sherry You - 100 Fly
Sr. Emily Campo - 400 Free Relay
Sr./Captain Audra Salvietti - 400 Free Relay

CONGRATS to the following girls for qualifying for **States**:

Fr. Elle Michaud - 200 IM, 100 Back, 100 Free, 200 Medley Relay, 200 Free Relay & 400 Free Relay
So. Phoenix Chamberlain - 200 Medley Relay
So. Morgan Landry - 200 Free Relay
Jr. Laura Wagner - 200 Medley Relay
Jr. Vivian Brooks - 400 Free Relay
Jr. Charlotte Kaduson - 200 Free, 500 Free, 200 Medley Relay & the 400 Free Relay
Sr. Sherry You - 200 Medley Relay
Sr./Captain Abby Luthern - 200 Medley Relay, 200 Free Relay

& the 400 Free Relay
Sr./Captain Sadie Fanton - 200 Medley Relay
Sr./Captain Audra Salvietti - 200 Free Relay



The 5 Captains pictured (L to R) Audra Salvietti, Mo Correa, Sadie Fanton, Lulu Girotti & Abby Luthern



Puck Profile:
Senior Captain
Colin Van Stry

Girls Lacrosse Clinic

The Winchester Rec Department will be hosting pre-season player clinics for high school players for 6 weeks starting **March 14th** at Ciarcia Field.

This is a great opportunity for new and experienced girls lax players who are looking to play and train prior to tryouts.

[Link to register](#)

Please see Georgia Lawrence or Lauren O'Connell with any questions.

WHS ARTS, MUSIC & THEATER

Check out these awesome WHS student performances
in **the WHS Tri-M Music Society's** Black History Month
February 2021 Concert

[Link](#) to Winchester Tri M Youtube Channel

WHS CLUBS & GROUPS

Click here for a [list](#) of WHS Clubs and Organizations
See below for current club news, upcoming meetings & events

The Village Mentors Club is holding a fundraiser for the kids we mentor
in Jolly Land, Uganda. We will be outside the school in the morning for
two weeks starting **Monday March 15th**.

Please stop by and come get some candy! **\$2** for a small bag and
\$5 for a big bag. If any remote students want to buy candy, [email us](#)
and we can drop it off at your house.

The Make-A-Wish Club is selling Winchester-inspired Pura Vida bracelets and
WIN stickers. Both are a great way to show your town pride!
The bracelets are **\$6 each** and the stickers are **\$4 each**.

Pictures of each are included at the top of the google form.
The deadline to pay is **March 17th**.

All other information should be included in the [google form](#).
We appreciate your support!

Join **the Careers Club Wednesday, March 17th** as we welcome Mr. Dawley.
He is a former prosecutor and now an AUSA at the US Attorneys' office.

If you are a new member and are interested, use this [form](#) to sign up.
We hope to see you there!!

Click [here](#) to subscribe to Winchester High's
student-produced newspaper **the Red & Black**.

CLASS OF 2021 NEWS

The end of the school year is in sight!
We are hard at work planning a safe graduation for you, but we need you to do your part. About **1/3** of you have **NOT** yet ordered a cap and gown. It can be done online fairly quickly. The cost is **\$15.50** and all students will be wearing red. The order comes with one 2021 tassel.

Go online and [order now](#)

Scholarship Information

The **Winchester Scholarship Foundation** applications for the academic year 2021-2022 are currently available in the Guidance Department as well as online in Naviance.

Seniors interested in applying for the **Rotary scholarship** should click [here](#) for more information.

The 2021 **Christopher N. Mitropoulos** Scholarship application is available in the guidance office and on Naviance.

Applications for the **Joseph M. Murphy III Scholarship** are now available in the Athletic Office, the guidance office and on Naviance. They can be picked up during school hours any day during the week.

CLASS OF 2022 NEWS

Check this section for updates about the Class of 2022

CLASS OF 2023 NEWS

Check this section for updates about the Class of 2023

CLASS OF 2024 NEWS

The Class of 2024 will be having a "Winchester" Kahoot game night this **Tuesday, March 16th at 7:30 PM** via Zoom.

All students are welcome to join. Come represent your cohort! To sign up, please [fill out this form](#) so we can send you the zoom link!

NEWS AROUND TOWN

The WHS PFA does not specifically endorse events and organizations and shares information on events and activities that may be of interest to the WHS community as a courtesy for informational purposes.



St. Patrick's Day 2021 Recommendations



**Happy St.
Patrick's Day
Winchester!**

Safer At Home This Year

***CAUTION: A negative
COVID-19 test only means
you were negative at the
time of your test***

**Indoor Covid Transmission
is Real**



All around the globe, from Boston to Dublin to London, St. Patrick's Day celebrations are going virtual again -- hopefully for the last year!

The silver lining: you will be able to enjoy the international party from the safety of your home.

Low Risk	Medium Risk	High Risk
Celebrations at home with people in household only	Small OUTDOOR (masked) gatherings with family and close friends	INDOOR gatherings with people outside your household (masks help reduce but don't eliminate risk)
Order takeout and watch the virtual international party from home	OUTDOOR dining (wear your mask except when you are eating or drinking) and keep your group small	INDOOR dining (wear your mask except when you are eating or drinking) and keep your group small
Until more people are fully vaccinated, we all need to keep wearing masks and social distancing in public places and around unvaccinated individuals who live outside our household.		

From The Winchester Health Department:

Winchester is part of the Mystic Valley Public Health Coalition with Melrose, Malden, Medford, Wakefield, and Stoneham.

ELIGIBLE Winchester residents may receive their vaccine at clinics listed in those towns and at other designated sites throughout the state **NOW** by going to [this site](#).

If you have a parent, family friend or neighbor, please help them register. If they need additional assistance, have them call the Jenks Center at **(781) 721-7136**.

The Winchester Health Department plans to vaccinate the most vulnerable and home bound residents when supply is available.

[Click here](#) for more information

TOGETHER WE CAN MAKE COVID HISTORY!

Winchester Soccer Club Spring 2021 Registration is Open!

Registration is open for WSC In-Town, Sandlot, and Pre-K Soccer Leagues! Players in grades 3-12 can register for the In-Town League and players in grades K-2 can register for the Sandlot League.

The Pre-K league is for ages 3-5 and is filled on a first-come, first-serve basis. For more information on each program and [register here](#). We look forward to a safe and fun spring season!



Kids' Corner has a few openings in our popular and adventurous **KC Xtreme Summer Program** for grades 6-8. The program runs weekly beginning the week of August 2nd and ends the week of August 23rd. KC Xtreme students get to take local, fun and exciting field trips as a group every day of the week! Don't miss out! See more information and register [here](#).

MARCH ON OVER TO EN KA PANTRY!





**SPECIAL THIS MONTH
Protein & Produce Baskets**

Plus our usual selection of personal items and non-perishable food

Make your appointment today!

<p>Food Pantry Hours by Appointment Only Sundays, Tuesdays & Fridays</p>	<p>Text, Email, or Call 781- 369-5844 enkapantry@gmail.com</p>
--	--



1037 Main Street
Winchester, MA 01890
Same location as the En Ka Exchange

Open to Winchester Residents

- Providing non-perishable food and personal care items to individuals and families living in Winchester who do not have adequate financial resources to meet basic needs.
- Use of the En Ka Pantry is limited to one time per month and does not prohibit individuals or families also visiting the Woburn pantry.
- The En Ka Pantry is open to all households, through pre-arranged appointments.

Email the Enka Pantry

**League of Women Voters of Winchester
Requests Questions for Upcoming Zoom Debates for Town Elections**

Dear parents, teachers, friends of the WPS - This year's town election is on **March 30th**. In addition to candidates for 8 Town Meeting seats in each precinct, there are 3 contested elections for seats on town wide boards. This are Select Board School Committee, and Board of Health.

The League of Women Voters of Winchester is holding Zoom debates for these town wide offices. We are asking you the voters for suggestions for debate questions. **Please submit questions**. If you have a student who is not yet of voting age, they too are welcome to submit a question. Questions will be selected and edited for relevance, brevity, tone, and to eliminate bias or

prejudgement.

DEBATES:

Mon 3/15 - School Committee

Wed 3/17 - Select Board

Thu 3/18 - Board of Health

All beginning at **7:30 PM**

Comcast - Channel 9

Verizon - Channel 37

[Online via WinCam](#)

The League of Women Voters is a nonpartisan political organization. We do not support or oppose any candidate or political party. We welcome everyone as members. Students may join for free.

Thank you for your participation.

Lynne Brodsky

Voter Services Chair

Steering Committee Member

LWVW

WINCHESTER YOUTH BASEBALL & SOFTBALL REGISTRATION FOR SPRING 2021

Winchester Youth Baseball and Softball (WYBS) is pleased to announce that registration is now open for all spring programs. We offer fun, age-based instruction and games for kids from 6-15 and we have a dedicated group of parents and volunteers who are ready to make this the best season ever!

To register please visit our [new website](#) and click on the Registration tab.

13-15U BABE RUTH DIVISION

13-15U players will compete against neighboring towns in a competitive, fun, Babe Ruth league. Two games per week will be held on Monday, Wednesday or Friday evenings. Games will be played on 90foot diamonds, with practices scheduled for non-game nights.

All registered players will receive a roster spot. Teams will be organized based on age and skill once Spring registration is complete.

If you have questions about Babe Ruth baseball, please contact:

[Mike Creane](#) (781-983-0934) or [Chris Centurelli](#) (617-256-1084)

13-14U MIDDLE SCHOOL EMIB DIVISION

13-14U (as of April 30, 2021) players will be selected after a try-out to play on one of two McCall Middle School EMIBL teams. These teams will compete against other Eastern Massachusetts Independent Middle School Baseball teams ("EMIB"), [visit the website](#). EMIBL teams play two 90 foot diamond

games per week on Sunday, Tuesday or Thursday evenings and one practice. Players must be 13 or 14 as of April 30, 2021, **registered**, attend a zoom meeting, attend a try out, and be selected by the coaches to receive a roster spot. Middle School players are encouraged to play on a Babe Ruth team too, at their interest.

WYBS plans to host informational zoom meetings on **Tuesday March 16th** and **Tuesday March 23rd**, at **7 PM**, to further explain the EMIB Middle School commitment and selection process. These zoom meetings will run for 15 to 30 minutes, depending upon interest. Players who are interested in trying out for the Middle School division should attend one of these meetings. Parents are also welcomed and encouraged to attend. Interested player names, email, and family phone numbers will be collected on these zooms and tryout information will be provided.

Join Zoom Meeting:

Meeting ID: 762 7591 9021

Passcode: 6a9ZUE

If you have questions about the Middle School division, please contact:

Philip Michienzi (617-803-5576)

WYBS JUNIOR JOURNALIST PROGRAM

WYBS would like to recruit a pool of “reporters” to cover games and publish game summaries this spring. Candidates interested in developing their writing skills while providing content for publication on our website and in the local news, please **email Janine Kutyllo**. Students (middle and high school) will be trained on keeping a score book and given a template to guide them in developing the summaries. Students will also receive a small stipend for each story submitted.

WYBS JUNIOR UMPIRE PROGRAM

WYBS is seeking **boys and girls ages 13 and up** to work as Junior Umpires for boys AA and AAA leagues, and girls Intermediate Softball games during the spring 2021 season. Junior Umpires earn **\$20** per game.

All new aspiring umpires and those who have umped in the past must contact our Umpire-In-Chief by **April 1**, preferably **by email**. This program includes basic training and tips for calling the game, along with a unique perspective and great way to help your community.

WYBS SPONSORSHIP

We would like to take the opportunity to thank those who have supported WYBS in the past and who continue to be there for our boys and girls.

Each year, WYBS relies on its local partners to help deliver the best product possible and we always have new opportunities for organizations or individuals who want to support our programs.

To learn more about how you can help, **please email us** or **visit**

for a quick, easy and secure transaction!



Transition to Kindergarten Panel

Join us on **Thursday, March 18th from 7:--8:30 PM** for an interactive virtual panel to learn about the non-academic aspects of transitioning to kindergarten.

Panelists include: Superintendent of Schools, Dr. Judith Evans, an elementary school nurse, kindergarten teacher, a school psychologist and a principal.

The program concludes with an opportunity to connect with parent representatives from all five elementary schools.

Register for the Transition to Kindergarten Webinar



SNOWMAN/SCULPTURE CONTEST (OPEN TO ALL)

As we are spending more time at home this winter, we thought that it would be fun to challenge Winchester residents to create a snow work of art! We hope that you will brave the elements and enjoy some time outdoors creating your own unique snow sculpture! The judging panel will select winners based on originality and overall appearance.

Ages and number of participants will be considered during judging.

Submit your entry with family, friends or as a neighborhood!
Upon entering, please state ages and number of participants.

Judging date: March 22nd but photos may be from
any time during Winter 2021.

Email photos - We will post all photos on our Facebook page for the
community to vote! Who will be the 2021 Snow Sculpture Champion!

The Network for Social Justice
proudly presents...

BOOK TALK
with E. Dolores Johnson

**A memoir of secrets,
separation, and
transformation that
chronicles four generations
who overturned forbidden
race-mixing norms amidst
America's persistent
bigotry**

**Wednesday, March 24
7:30PM**
Register [here!](#)



Pick up your copy at BookEnds or
Winchester Public Library

Register Here for Book Talk



Virtual Open Mic – Thursday, March 25th at 7:00 PM

In February, WCMS hosted its first Virtual Open Mic in partnership with the [Winchester Unitarian Society](#) and music director John Kramer. We had a great time and many wonderful performers, so let's do it again!

This program was developed in conjunction with Winchester Together, a community-based initiative of public events and acts of kindness to address isolation and pandemic fatigue. All ages are welcome to perform.

[Sign up online](#) and watch the event live on the WCMS [YouTube channel](#). Call 781-721-2950 for more information.

**Coping with (COVID) Stress: Helping Our Youth
LIVE and THRIVE in a Pandemic --
One Year Later!**



**Wednesday, March 31
7pm
Zoom Meeting**

Artwork by Katie Lew, WHS'21

**Join us for a one-hour presentation and Q&A with
Amber Haines, LICSW, WHS Adjustment Counselor**

We will cover:

- **What to know and how to help your teen/child**
- **Identifying the current stressors**
- **Typical vs. atypical adolescent development**
- **Warning signs and when to seek help**
- **Strategies for COVID stress and beyond**
- **Quick tips & resources**

winchestercoalition@gmail.com



Email with Questions

Register for the Webinar

Energy Management Committee Update

V-O and the High School have solar panels! In January 2020, the Vinson-Owen Elementary School began using the sun to generate electricity, followed by Winchester High School in October 2020.

V-O and the High School now have ballasted solar panels on their roofs and are saving the Town money, providing clean energy, and serving as an educational tool for the children.

The Town signed a Power Purchase Agreement (PPA) which means there were no up-front costs, the price of electricity is more stable for the next 20 years, and there is reduced cost for electricity. V-O has a 69.1kW system and the HS has a 127.3 kW system.



The WSF Annual Charity Golf Event 2021

Registration is now open!

The event will be held on **Monday, May 17th** at the beautiful Winchester Country Club. This is our signature fundraising event, and we hope you will join us to help support the WHS student-athlete program through the Tournament, Corporate, Gold and Hole sponsorships. Please consider a level of sponsorship available on the golf registration page.

Please note, the 2021 event will be slightly different due to COVID 19 restrictions. The 18 hole round of golf will be the same, but limited to 100 participants. Lunch and dinner are also planned to be held, but the entire event will be subject to the guidance of government officials, public health authorities and the most recent Governor's Order available on May 17th, 2021.

Thanks to all who supported the 30 for 30 tournament in 2019, WSF was able to fund the lacrosse practice wall and batting cages at the Ciarcia Field Complex adjacent to Winchester High School!



[Please register here](#)

For any questions about the event, please [email Kirsten May](#) or by phone 781-424-7934.

Thank you for your support and we look forward to seeing you in May!
The Winchester Sports Foundation

ALUMNI NEWS

 **WINCHESTER**

ALUMNI ASSOCIATION

***Are you a WHS Senior? Are you a parent of a WHS student or alumni?
Are you a staff member of Winchester Public Schools?***

**You are invited to join the Winchester Alumni Association
Become a member [HERE](#)**

Winchester Alumni Association was launched in 2018 to support WHS alumni, staff and families in the many transitions of their lives after the 01890. Alumni who register through our [database](#) may receive information on upcoming Winchester events and volunteer opportunities, search for classmates, share news, and support current students and young alumni through networking and mentoring activities.

Follow us on [LinkedIn](#), [Facebook](#) and [Instagram](#) for our Alumni Spotlight Series that celebrates past WHS students now around the world or check out our website [HERE](#).



**Check out our latest
alumni spotlight!**

**[Pat Ulacco](#)
Class of 2013**



UNMASKED: Our AWESOME Art teacher, Paul Hackett!

Thank you **Mr. Hackett** for participating and helping us get to know you better!

IMPORTANT INFORMATION

We want to hear from you!

If you have any pictures, news, updates, we want to hear from you.
Please email us. We would love to share with the WHS Community!

WHS PFA Direct Appeal



If you NO longer wish to receive the newsletter or you wish to change or add a new email address to your account, **please email us.**

To make a newsletter or a news blast submission, **please email us**
NO LATER than 12:00 PM on Friday.

WHSPFA | 80 Skillings Road, Winchester, MA 01890

[Unsubscribe lauren.lesperance@verizon.net](mailto:lauren.lesperance@verizon.net)

[Update Profile](#) | [Customer Contact Data Notice](#)

Sent by whspfanenewsletter@gmail.com powered by



Try email marketing for free today!