Subject: WHS PFA Newsletter 3/29/21 From: WHS Parent Faculty Association <whspfanewsletter@gmail.com> Date: 3/29/2021, 5:30 AM To: lauren.lesperance@verizon.net

### Winchester High School Parent Faculty Association Newsletter March 29, 2021

To ensure continued delivery of the WHSPFA Communications, please set-up our <u>email address</u> as a contact/safe sender.



## PRESIDENT'S NOTE





One Candle - by Andy Beck - Performed by Winchester High School youtube.com

### Hope. Peace. Love.

Happy Monday WHS Families, Staff, Alumni and Friends!

Our WHS and greater Winchester communities continue to be full of support and positivity in these stressful times. Last week's Community Vigil and Lantern Ceremony in support of Asian Americans was truly an event that will always be remembered. WHS Sophomore, Ayesha Ghosh, gave a <u>moving speech</u> that is a must read. Our school, town and state leaders spoke from the heart in solidarity. Alex Lee, a WHS Senior had his award winning <u>essay titled "Not American Yet"</u> published in the New York Times. Together our students and community are making change.

Our Winchester High School's H.E.A.R.T. (Honesty, Expression, Acceptance, Respect, and Teamwork, together) Choir has been working on a project and in light of recent events they thought now would be a good time to share. <u>"One Candle"</u> symbolizes peace and unity and together we hope that our country can move forward to heal. The WHS

H.E.A.R.T. Choir wishes that the message resonates with you, and urges you to help our community come together.

WHS Royals is BACK! April 11th at 7:00 PM join the Class of 2021 for a live-streamed event you won't want to miss! Live from the WHS Auditorium and broadcasted on YouTube, five WHS Seniors will engage in a friendly competition showcasing their dance moves, highlighting their talents, and will make you laugh! Details are below - Tell your family, tell your friends!

Speaking of the Class of 2021 - <u>Senior Banners are on sale</u>! Senior parents, show your school spirit and celebrate your graduate with a WHS congratulations banner!

**Coalition program** on "Helping our Youth Live an Thrive in a Pandemic - One year Later" will be presented this Wednesday, March 31st by Amber Haines our WHS adjustment counselor. There is still time to sign up and the link is in the flyer below.

62 and Partly Cloudy on Wednesday! Not a bad forecast to start planning your spring garden. **Shop at Mahoney's Garden Center on Wednesday, March 31<sup>st</sup>** and a portion of your purchase be donated to <u>WFEE</u>. When it is time to work, the bill will be paid and a donation made that will support creative programming for all Winchester educators and students.

Happy Spring! Mai Harrison & Abbie DiMatteo Your WHS PFA Co-Presidents

#### "Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has." --Margaret Mead



#### The WHS Masked Staffer Week 25

What high school did you go to? Woodstock Academy in Woodstock, CT

What was your favorite subject in high school? Biology

What sport and/or extracurricular were you involved in high school? Basketball and Baseball

What is one of your hidden talents? Jumping Rope and Juggling Favorite Movie/Book/Band/Food? Top Gun/Touch the top of the World/Creed & Dr. Dre/Pizza

Is there a quote or saying that you live your life by? "Being challenged in life is inevitable, being defeated is optional."

\*\*Remember to read through the end of the newsletter and find out the identity of our WHS Masked Staffer! \*\*

## WHS IMPORTANT DATES - MARK YOUR CALENDAR

FRI 4/2 - Professional Day - NO SCHOOL

SUN 4/11 - WHS Royals, 7pm Live streamed on YouTube

THU 4/29 - WHS Student Blood Drive 10 AM - 3 PM - more details below

## **WHS School Calendar**

The Winchester School Committee approved the <u>monthly calendars</u> through June 2021.

The last day of school for grades **9-11** is now **Friday**, **June 18th** and that will be an early release day. The last day for **seniors** is **Friday**, **May 28th**.

Winchester is planning and preparing for a full in-person return to school in the fall, here is the approved <u>2021-2022 Calendar</u> for planning purposes.



### SPRING IS HERE and so are CLASS OF 2021 BANNERS!

The WHS PFA will be organizing the Second Annual Personalized Banners for the Class of 2021!

If you would like to order one for your student or for another deserving student, please fill out <u>this form</u> and submit no later than **Thursday, April 1st.** 

Each banner is **\$50** and payment must be made in full in order to process your banner request. Please make checks out to "WHS PFA" and drop checks off at main office. If your family would like financial assistance with getting a banner, please contact <u>Ms. Conis</u>.

Banners can be delivered for a **\$10 fee** or picked up at WHS on **April 28th** between **12:00 and 2:00 PM** 

If you have any questions or concerns, please do not hesitate to email us.



Join the Class of 2021 at **7:00 PM on Sunday, April 11th** as we watch **Jack Menninger**, **Dolly Pickelhaupt, Aidan Houllahan, Eric Deng and Jonathan DeOliveira** and compete for the crown of WHS Royal and the associated \$500 cash prize!

Our five contestants will showcase their dance moves, highlight their talents, manifest their charm, and make you laugh in an event you sure won't want to miss! Formerly known as Mr. WHS, WHS Royals is a hilarious mock-pageant competition that will be livestreamed from the WHS Auditorium and broadcasted on Youtube on **April 11th at 7:00 PM**.

<u>Please register using this link</u> to receive information surrounding the show and access to the livestream.

Royals will be **FREE** this year, but the senior class asks that you consider making a **\$20 donation** to support their many upcoming senior spring activities.

You can donate by following the instructions on this document

### Letter from the WPS Nurses

Spring is right around the corner and for many of us, with spring, comes allergy season. Prevention is key for being sent home for questionable COVID versus Allergy symptoms.

See the attached letter for more information: Seasonal allergies or COVID-19? | WPS Nurses Letter to Families

### WHS COVID-19 Pool Testing Sign-Up

Thank you to all those who have participated **free voluntary COVID-19 pooled testing program for students and staff at Winchester High School.** If you haven't done so already, we strongly encourage you/your student to sign up and get tested. Pooled testing is especially valuable as we gear up for a full return to school.

Only 20% of our in-person students are registered with less than ½ showing up to get tested. We can do better than that WHS!

There are **incentives** for the first students that arrive each testing morning, plus a chance to win a **\$10 gift card**. We have a great team of volunteers to help guide students through the steps. Testing is hygienic, painless and takes **less than 2 minutes!** 



All of our pooled COVID-19 tests have been negative so far and the turnaround time of the results has been faster than expected. No appointment needed. Students can participate every week.

Pooled testing will be available all day on **Tuesday and Thursday**. You can drop by the Medical Waiting Room, **Room A116**, between classes, during an open period, lunch, or after school to get tested - but you may not come during class.

COHORT A - TUESDAY MARCH 30th (for students and staff) COHORT B - THURSDAY APRIL 1st (students only)

8:30-9:15 AM in the gym, enter through the gym doors, #8

**10:00 AM - 3:30 PM** in the Medical Waiting Room A116, around the corner from the Family and Consumer Science classrooms

Remember no appointment needed but you need to be registered. It is not too late to <u>REGISTER HERE</u>. Testing only takes 3 minutes from start to finish and participants are encouraged to test every week to make this effort most effective. Parents/Guardians: Create an account. From there, create one profile for each of your Under 18 students. Over 18? Create your account and profile.

Still not sure if you should participate or have questions? Join us **Monday March 29th** <u>via Zoom</u> at 7 PM for an informal Q&A on COVID-19 Testing and the WHS pooled testing pilot.

> Open to parents and students Meeting ID: 925 3047 6602 Passcode: 152590

#### POOL TESTING, REGISTRATION AND DETAILS HERE

#### Participate weekly for the pool testing to be most effective. The state is only providing funding through April 15th, so help us maximize the benefit.

Note: Students may **not** participate if they have tested positive for COVID-19 within the last 90 days. If you have questions regarding the COVID-19 Pooled Testing Program not answered <u>here</u>, please <u>email us</u>.

\*\* PARENT VOLUNTEERS NEEDED - Please sign up here: WHS Families: WHS Covid 19 Pooling Test Parent Volunteers

Thank you, Principal Dennis Mahoney, Nurse Leader Jen Markham and the WHS Covid-19 Pool Testing Team

## **Election Day is Coming Up!**

After facilitating input and questions from the student body and interviewing all four School Committee candidates, the WHS Senate has issued its endorsement for the **March 30, 2021 election!** 

You can read the Senate's endorsement using <u>this link</u> to learn more about all four candidates and see whose views align best with your own!

### Youth Risk Behavior Survey

Students will be completing the YRBS on **Wednesday, March 31st** during their regularly scheduled math block. More information about the Youth Risk Behavior Survey, including the option to opt out, can be found <u>here</u>.

## Spring Field Clean-up

Come volunteer to do a spring clean-up of Skillings and Manchester Fields with the C&C Seasonal Help Committee on **Wednesday**, **March 31st**.

There will be two shifts - **2:00-3:00 PM** and **3:15-4:15 PM** Meet at the bleachers on Skillings Field and bring gloves if you have them.

You must <u>sign up here</u> in advance, and please bring a signed <u>youth waiver form</u> or <u>adult waiver form</u>

### **WHS Blood Drive**

We are currently gathering information as we prepare for a WHS-only blood drive in conjunction with the American Red Cross for **Thursday, April 29th** from **10 AM - 3 PM**.

If your child is 16 + and is interested, please have them <u>complete this form</u> to help us identify the number of students interested.

## Winchester Mutual Aid

Winchester High school students have launched a community mutual aid network with the goal of creating a neighbor-helping-neighbor organization.

The idea is you tell us what you can provide or what you need. Please fill out our <u>form to participate</u> (it includes parts for both giving and receiving support and resources).

Visit our website or email us

## **One Wish Project Drive**

I'm hosting a toy drive for the One Wish Project during **March**. The toys collected during this drive will be given as birthday gifts to homeless children living in the area.

I would love it if you could donate any unused/unopened toys for kids of any age. There will be a box to drop off toys in front of the main office.

If you would prefer to have your toys picked up at your home please email me

Zoe Colman, a member of the class of 2022, is organizing a drive for the local charity Cradles to Crayons! Cradles to Crayons provides children from birth to age 12 with necessities like clothes, books, hygiene items, and more.

If anyone is willing to donate clothes (size 0-24 months to an adult size medium) or shoes (any size), in good condition, it would be greatly appreciated.

You can leave any donations at 8 Maxwell Road <u>Email Zoey</u> with any further questions! Thank you so much!



## WHS SPORTS

### We Want to Hear From You!

If you have scores from games and pictures of WHS athletes please email them to us!

All team schedules can be found at WHS Team Schedules

### **GIRLS SWIMMING AND DIVING TEAM**

The girls had another great 5:30 AM meet where they beat Belmont. It's not easy to get up that early for practice, let alone a swim meet and without any fans to cheer them on. The girls have done a great job of cheering each other on, counting for the swimmers who swim the 500 yard freestyle (20 laps!) and have been timing each other.

CONGRATULATIONS to the following girls for making their cuts!!

SECTIONAL CUTS: So. Morgan Landry - 200 Free and the 500 Free Fr. Julia Valcourt - 400 Free Relay Jr. Vivian Brooks - 400 Free Relay Sr. Sherry You - 400 Free Relay Sr./Captain Abby Luthern - 400 Free Relay

#### STATE CUTS:

Fr. Elle Michaud - 200 Medley Relay, 400 Free Relay 500 Free, 100 Breast So. Annie Xing - 200 Medley Relay, 200 Free Relay So. Morgan Landry - 400 Free Relay So. Phoenix Chamberlain - 200 Free Relay Jr. Amy Luo - 200 Medley Relay Jr. Laura Wagner - 200 Medley Relay Jr. Vivian Brooks - 200 Free Relay Jr. Charlotte Kaduson - 200 Free Relay, 400 Free Relay, 100 Free, 200 Free Sr. Sherry You - 200 Medley Relay, 100 Fly Sr. Emily Campo - 200 Medley Relay, 200 Free Relay Sr./Captain Abby Luthern - 200 Medley Relay, 200 Free Relay Sr./Captain Sadie Fanton - 200 Medley Relay, 200 Free Relay Sr./Captain Audra Salvietti - 200 Free Relay, 400 Free Relay

### FOOTBALL TEAM

Congrats to the boys for their exciting 7-0 win over Belmont

9 of 24

4/29/2021, 9:08 AM





Beautiful day for the Cheerleading Team to cheer on the football players!

## SAILING TEAM

**Registration** for the **WHS Sailing Team** is now open. If you didn't make the meeting, but still want to join the team, please email <u>Emily Croteau</u>

Sailing tryouts will be next **Monday 3/29, Tuesday 3/30, and Friday 4/2** from **3:30-6:30 PM** at the Winchester Boat Club. Make sure you're registered and good to go!

## TRACK AND FIELD

Check out this video of the 600 meter race

Check out this video with Shot Put highlights

Check out this video with High Jump highlights









## GIRLS VOLLEYBALL

Congrats to the girls because they won every game against Belmont!

Varsity W 3-0 JV W 2-0 FR W 2-0

### \*Pictured below are the Freshman girls



# WHS ARTS, MUSIC & THEATER

## **WHS CHOIR**

Our Winchester High School's H.E.A.R.T. (Honesty, Expression, Acceptance, Respect, and Teamwork, together) Choir has been working on a project for some time now, and in light of recent events we thought now would be a good time to share. We have produced our very first virtual piece titled "**One Candle**" by Andy Beck with lyrics by Brian Fisher and Andy Beck. "One Candle" sends the message that in hard times, we must come together to find our way.

We remember all those who have been adversely affected by Covid-19, as well as the victims in Georgia and Colorado. We stand in solidarity with the Asian community in Winchester and beyond, and we call for everyone to do their part in treating others as equal. We stand up to stop hate. **"One Candle' symbolizes peace and unity** and together we hope that our country can move forward to heal.

The **WHS H.E.A.R.T. Choir** wishes that the message resonates with you, and urges you to help our community come together.

Here's the YouTube Link

Check out these awesome WHS student performances in **the WHS Tri-M Music Society's** Black History Month February 2021 Concert

Link to Winchester Tri M Youtube Channel

## Calling All WHS Artists!

**Student Council** is looking for all types of artwork! Your submission can be a painting, drawings, photographs, sculptures, digital art, a live performance, and many other art forms.

Physical art will be displayed around town and virtual work will be shown on the Student Council website.

Physical art will be collected on **April 5th**. To submit a piece of art, please fill out <u>this form</u> by **April 3rd**.

## WHS CLUBS & GROUPS

Click here for a <u>list</u> of WHS Clubs and Organizations See below for current club news, upcoming meetings & events

The **Village Mentors Club** is holding a fundraiser for the kids we mentor in Jolly Land, Uganda. We will be outside the school on **Monday, 3/29.** 

Please stop by and come get some candy! **\$2** for a small bag and **\$5** for a big bag. If remote students want to buy candy, email us and we'll drop it off to you.

### **ATTENTION ALL WHS STUDENTS:**

The Red & Black is opening staff applications for next year!

These positions are not just writing-based. We have roles for dedicated layout editors, business managers, section editors, and more.

All are welcome to apply for these great opportunities that help you build valuable collaborative skills, and even look great on college applications!

Click this link to apply.

Click <u>here</u> to subscribe to Winchester High's student-produced newspaper **the Red & Black**.

## CLASS OF 2021 NEWS

Seniors who need transcripts or copies of their letters of recommendation **must** submit a request to Ms. Curran in the Guidance office.

Copies of letters cannot be given to students but we are happy to send them to the scholarship for you.

All requests are processed in the order they are received. <u>Transcript request forms</u>

The end of the school year is in sight! We are hard at work planning a safe graduation for you, but we need you to do your part. About **1/5** of you have **NOT** yet ordered a cap and gown.

It can be done online fairly quickly. The cost is **\$15.50** and all students will be wearing red. The order comes with one 2021 tassel.

Go online and order now

### **Scholarship Information**

The **Winchester Scholarship Foundation** applications for the academic year 2021-2022 are currently available in the Guidance Department as well as online in Naviance.

Seniors interested in applying for the **Rotary scholarship** should click <u>here</u> for more information.

The 2021 Christopher N. Mitropoulos Scholarship application is

available in the guidance office and on Naviance.

Applications for the **Joseph M. Murphy III Scholarship** are now available in the Athletic Office, the guidance office and on Naviance. They can be picked up during school hours any day during the week.

## CLASS OF 2022 NEWS

Check this section for updates about the Class of 2022

## CLASS OF 2023 NEWS

Class of 2023 is selling Winchester "W" flags.

Grab one now while supplies last!

Order HERE

## CLASS OF 2024 NEWS

Check this section for updates about the Class of 2024

# NEWS AROUND TOWN

The WHS PFA does not specifically endorse events and organizations and shares information on events and activities that may be of interest to the WHS community as a courtesy for informational purposes.

## From The Winchester Health Department:

Winchester is part of the Mystic Valley Public Health Coalition with Melrose, Malden, Medford, Wakefield, and Stoneham.

ELIGIBLE Winchester residents may receive their vaccine at clinics listed in those towns and at other designated sites throughout the state **NOW** by going to <u>this site</u>.

If you have a parent, family friend or neighbor, please help them register. If they need additional assistance, have them call the Jenks Center at **(781) 721-7136**.

The Winchester Health Department plans to vaccinate the most vulnerable and home bound residents when supply is available.

#### Click here for more information

### TOGETHER WE CAN MAKE COVID HISTORY!



### 62 and Partly Cloudy on Wednesday!

Not a bad forecast to start planning your spring garden. Shop at Mahoney's Garden Center in Winchester on Wednesday, March 31<sup>st</sup> and a portion of your purchase (excluding landscaping services) will be donated to <u>WFEE</u>.

Buy yourself flowers, mulch, soil and maybe a gift card to cover the cost of all your spring and summer plantings. When it is time to work, the bill will be paid and a donation made that will support creative programming for all Winchester educators and students.

**Thanks** to our friends at **Mahoney's** for this annual program that helps cover the cost of WFEE grants such as the WFEE Academy, Authorfest and professional development around social emotional learning and more.

Coping with (COVID) Stress: Helping Our Youth LIVE and THRIVE in a Pandemic --One Year Later!



Artwork by Katie Lew, WHS'21

Wednesday, March 31 7pm Zoom Meeting Join us for a one-hour presentation and Q&A with Amber Haines, LICSW, WHS Adjustment Counselor

We will cover:

- What to know and how to help your teen/child
- Identifying the current stressors
- Typical vs. atypical adolescent development
- · Warning signs and when to seek help
- Strategies for COVID stress and beyond
- Quick tips & resources

winchestercoalition@gmail.com



**Email with Questions** 

Register for the Webinar



Just like that, it is time for the 2nd round of the WFEE Academy. <u>Register now</u>

There are 8 different options, open to **WPS K-5** remote and hybrid students. Learn about Pop Art, take another deep dive into the world of sharks or practice some animal tai chi.

<u>Find out more</u>. The <u>WFEE Academy</u> is filled with free classes for Winchester elementary schoolers that are both fun and educational.



Kids' Corner has a few openings in our popular

#### and adventurous KC Xtreme Summer Program for grades 6-8.

The program runs weekly beginning the week of August 2nd and ends the week of August 23rd. KC Xtreme students get to take local, fun and exciting field trips as a group every day of the week!

Don't miss out! See more information and register <u>here.</u>

### LAST DAY FOR A MARCH ENKA APPOINTMENT IS TUESDAY



Make your appointment today!

Food Pantry Hours by Appointment Only Sundays, Tuesdays & Fridays Text, Email, or Call 781- 369-5844 enkapantry@gmail.com



1037 Main Street Winchester, MA 01890

#### **Open to Winchester Residents**

- Providing non-perishable food and personal care items to individuals and families living in Winchester who do not have adequate financial resources to meet basic needs.
- Use of the En Ka Pantry is limited to one time per month and does not prohibit individuals or families also visiting the Woburn pantry.
- The En Ka Pantry is open to all households,

same location as the En Ka Exchange

Email the Enka Pantry

### Winchester Soccer Club Spring 2021 Registration is Open!

Join Winchester Soccer Club for spring soccer!

Winchester Soccer Club Spring 2021 Registration is open for the WSC In-Town high school program.

This is a fun league with games on the weekends in Winchester -- **ALL girls and boys, ALL grades, and ALL levels are welcome**!

<u>Click here</u> for more information on the program and to <u>register</u>. Register today and join us for spring soccer!

### WINCHESTER YOUTH BASEBALL & SOFTBALL REGISTRATION FOR SPRING 2021

Winchester Youth Baseball and Softball (WYBS) is pleased to announce that registration is now open for all spring programs. We offer fun, age-based instruction and games for kids from 6-15 and we have a dedicated group of parents and volunteers who are ready to make this the best season ever!

To register please visit our new website and click on the Registration tab.

### **13-15U BABE RUTH DIVISION**

13-15U players will compete against neighboring towns in a competitive, fun, Babe Ruth league. Two games per week will be held on Monday, Wednesday or Friday evenings. Games will be played on 90ifoot diamonds, with practices scheduled for non-game nights.

All registered players will receive a roster spot. Teams will be organized based on age and skill once Spring registration is complete.
If you have questions about Babe Ruth baseball, please contact:
<u>Mike Creane</u> (781-983-0934) or <u>Chris Centurelli</u> (617-256-1084)

### 13-14U MIDDLE SCHOOL EMIB DIVISION

13-14U (as of April 30, 2021) players will be selected after a try-out to play on one of two McCall Middle School EMIBL teams. These teams will compete against other Eastern Massachusetts Independent Middle School Baseball teams ("EMIB"), <u>visit the website</u>. EMIBL teams play two 90 foot diamond games per week on Sunday, Tuesday or Thursday evenings and one practice.

Players must be 13 or 14 as of April 30, 2021, <u>registered</u>, attend a zoom meeting, attend a try out, and be selected by the coaches to receive a roster spot. Middle School players are encouraged to play on a Babe Ruth team too, at their interest.

If you have questions about the Middle School division, please contact: <u>Philip Michienzi</u> (617-803-5576)

### WYBS JUNIOR JOURNALIST PROGRAM

WYBS would like to recruit a pool of "reporters" to cover games and publish game summaries this spring. Candidates interested in developing their writing skills while providing content for publication on our website and in the local news, please <u>email Janine Kutylo</u>. Students (middle and high school) will be trained on keeping a score book and given a template to guide them in developing the summaries. Students will also receive a small stipend for each story submitted.

### WYBS JUNIOR UMPIRE PROGRAM

WYBS is seeking **boys and girls ages 13 and up** to work as Junior Umpires for boys AA and AAA leagues, and girls Intermediate Softball games during the spring 2021 season. Junior Umpires earn **\$20** per game.

All new aspiring umpires and those who have umped in the past must contact our Umpire-In-Chief by **April 1**, preferably <u>by email</u>. This program includes basic training and tips for calling the game, along with a unique perspective and great way to help your community.

### WYBS SPONSORSHIP

We would like to take the opportunity to thank those who have supported WYBS in the past and who continue to be there for our boys and girls. Each year, WYBS relies on its local partners to help deliver the best product possible and we always have new opportunities for organizations or individuals who want to support our programs.

To learn more about how you can help, <u>please email us</u> or <u>visit</u> for a quick, easy and secure transaction!



## The WSF Annual Charity Golf Event 2021

## Registration is now open!

The event will be held on **Monday, May 17th** at the beautiful Winchester Country Club. This is our signature fundraising event, and we hope you will join us to help support the WHS student-athlete program through the Tournament, Corporate, Gold and Hole sponsorships. Please consider a level of sponsorship available on the golf registration page.

Please note, the 2021 event will be slightly different due to COVID 19 restrictions. The 18 hole round of golf will be the same, but limited to 100 participants. Lunch and dinner are also planned to be held, but the entire event will be subject to the guidance of government officials, public health authorities and the most recent Governor's Order available on May 17th, 2021.

Thanks to all who supported the 30 for 30 tournament in 2019, WSF was able to fund the lacrosse practice wall and batting cages at the Ciarcia Field Complex adjacent to Winchester High School!





### Please register here

For any questions about the event, please <u>email Kirsten May</u> or by phone 781-424-7934.

Thank you for your support and we look forward to seeing you in May! The Winchester Sports Foundation

# ALUMNI NEWS



## ALUMNI ASSOCIATION

### Are you a WHS Senior? Are you a parent of a WHS student or alumni? Are you a staff member of Winchester Public Schools?

#### You are invited to join the Winchester Alumni Association Become a member <u>HERE</u>

Winchester Alumni Association was launched in 2018 to support WHS alumni, staff and families in the many transitions of their lives after the 01890. Alumni who register through our <u>database</u> may receive information on upcoming Winchester events and volunteer opportunities, search for classmates, share news, and support current students and young alumni through networking and mentoring activities.

Follow us on LinkedIn, Facebook and Instagram for our Alumni Spotlight Series that celebrates past WHS students now around the world or check out our website <u>HERE</u>.



# Check out our latest alumni spotlight!

John Dawley Class of 2004



## UNMASKED: Our Wonderful Wellness teacher and Coach Jason Cacciapuoti!

Thank you **Coach/ Mr. Cacciapuoti** for participating and helping us get to know you better!



## **IMPORTANT INFORMATION**

### We want to hear from you!

If you have any pictures, news, updates, we want to hear from you. **Please email us.** We would love to share with the WHS Community!

## WHS PFA Direct Appeal



If you NO longer wish to receive the newsletter or you wish to change or add a new email address to your account, <u>please email us</u>.

To make a newsletter or a news blast submission, <u>please email us</u> NO LATER than 12:00 PM on Friday.

WHSPFA | 80 Skillings Road, Winchester, MA 01890

<u>Unsubscribe lauren.lesperance@verizon.net</u> <u>Update Profile</u> | <u>Customer Contact Data Notice</u> Sent by whspfanewsletter@gmail.com powered by



Try email marketing for free today!