Subject: WHS PFA Newsletter 10/26/20

From: WHS Parent Faculty Association <whspfanewsletter@gmail.com>

Date: 10/26/2020, 6:45 AM

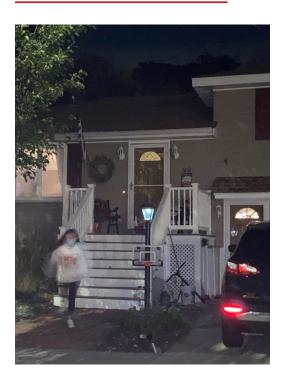
To: lauren.lesperance@verizon.net

Winchester High School Parent Faculty Association Newsletter October 26, 2020

To ensure continued delivery of the WHSPFA Communications, please set-up our <u>email address</u> as a contact/safe sender.



PRESIDENT'S NOTE



Hmmm, is that a ghost that is a blur... oh no that's our super fast Boo-er! Please keep sending in pictures of your kids booing and having fun! Senior parents we would love to see your kiddos reaction too!



Freshman, Becky Reuland being awesome and bringing joy to an unsuspecting WHS Seniors! Send photos to whspfa@gmail.com

Dear Fellow WHS Families, Our first "Top 10 Reasons to Read the Newsletter" was a blast, so let's do another!

<u>Top 10 Reasons that Fall in Winchester is AWESOME!</u>

- 10. Boo-ing for Seniors has begun! And thanks to our awesome underclassmen, all 376 seniors have Boo-ers!
- 9. WHS students have launched <u>Project Grow Your Mind</u>, teaching 4th graders and planting bulbs thanks to a WFEE student innovation grant!
- 8. The Enka Turkey Trot is coming! <u>Sign up</u> now—family fun, a new tradition and wholesome holiday goodness.
- 7. The <u>Winchester Coalition</u> hosted a truly wonderful talk by Dr. Adolph Brown, who challenged, educated, and inspired us as he spoke about bias, empathy, and happiness.
- 6. The Winchester Chamber of Commerce is honoring Winchester's Essential Workers—so very important for us to recognize all that they do to keep us healthy and safe!
- 5. You (yes, you!) can support awesomeness through the <u>WHS PFA Direct Appeal!</u> Thank you to all you have contributed—we have raised 60% of our annual goal and every contribution helps our teachers help our kids.
- 4. There is a NEW section of the newsletter below: <u>Alumni stories</u>. Like the branches of a tree, our alumni follow different, diverging paths, yet still take pride in their roots in Winchester High School.
- 3. Our Sports teams are rocking the competition and even if they don't they're having an awesome time!)
- 2. Our Music Department is setting the tone with goals that truly "embody HEART"!
- 1. ALL OF US! We make up an amazing community and each one of us, each one of our

children, contribute to awesomeness that transcends trials and tribulations.

Have an AWESOME week!

Warmly,

Mai Harrison & Abbie DiMatteo

Your WHS PFA Co-Presidents

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has." --Margaret Mead





The WHS Masked Staffer Week 6

- 1. What high school did you go to?
- I graduated from THE Winchester High School as a member of the Class of 2010.
- 2. What was your favorite subject in high school? Contrary to the subject I teach, my favorite classes were always English. I thank my great teachers: Ms. O'Brien, Ms. Evrigenis, Ms. Pickett, and Mr. Skinder. Their guidance improved my writing skills and led me to pursue sports journalism in college.
- 3. What sport and/or extracurricular were you involved in high school?

I participated in nothing outside of school—no sports or club involvement in my four years! WHS was not a place I was comfortable with as a student, so I was quick to escape the building each day. I decided to pursue teaching to provide students with a better experience than my own.

- **4. What is one of your hidden talents?** *I'm very good at Harry Potter trivia.*
- 5. Favorite Movie/Book/Band/Food?

Favorite movie: TENET

Favorite book: The Picture of Dorian Gray

Favorite band: twenty one pilots

Favorite food: tacos

6. Is there a quote or saying that you live your life by?

"No amount of money ever bought a second of

WHS IMPORTANT DATES - MARK YOUR CALENDAR

Tue 11/3 - No School - Professional Development / Election Day

Wed 11/11 - No School - Veterans Day

WHSPFA Direct Appeal One and Done

Thank you parents!
We are more than 1/2 way to reaching our \$20,000 goal!

One and Done is WHSPFA's only fundraiser. We are excited to support activities, programs, products and services that enhance our children's education.

Please consider donating now – no amount is too small or too large – it all goes to support our students, teachers, and staff in providing a top-notch education in this unprecedented school year.

DONATE NOW via PAYPAL

or mail a check payable to: WHSPFA 10 Cranston Road, Winchester, MA 01890

Don't forget Corporate Matching Gift programs offered by your employers.
You could double your impact to WHS.



The Spirit Fair has gone virtual!

All school-sponsored clubs, teams, and activities are invited to submit a page to the virtual store.

Student and faculty representatives and coaches should check their email for important details on how to create a page that will feature your items for sale.

Deadline for submissions is **October 31st**.

The store will be live **November 7th - November 21st**

Please email <u>Elle O'Connor</u> or <u>Charlie Savage</u> for more details or if you represent a club, team, or activity and did not receive an instructional email.

Parents, want to be involved? Email Maria O'Connor or Kim Savage

Winchester Service Learning Programs

Winchester Service Learning is teaming up with Waltham non-profit Africano for two new programs, and seeking WHS volunteers to participate right away. The Africano Global Citizenship program for high school students will meet on Zoom Mondays 4-5 p.m. The Africano Homework Club to help middle school students will meet on Zoom Wednesdays 4-5 p.m. Contact Ms. Edenhofner at <a href="mailto:aeeenoorganger-action-new-act

Intergenerational Programs and Community Service Projects Workshop

All WHS students are invited to join a special 3-part workshop on how to plan Intergenerational Programs and Community Service Projects. This is a great opportunity for students who are interested in working with senior citizens and the elderly, as well as those who want to learn about how to get their community service project ideas off the ground. The workshop seminars will be Monday November 2nd, 9th, and 16th, from 4-6 p.m. on Zoom. This program is sponsored by the Jenks Center. Register at Intergenerational Workshop or contact Ms. Edenhofner at aedenhofner@winchesterps.org for more information.

2021 MLK, Jr. Day of Service

The next planning meeting will be Monday morning, October 26th, at 8:15 AM outside in the circular sitting area at the back of WHS.

Bring your ideas for a Day of Service under the "new normal." Co-sponsored by Connect & Commit and Network for Social Justice.

Contact Ms. E. in the Social Studies Department for more info.

Red & Black Subscriptions

WANT TO READ ABOUT WHS SCHOOL EVENTS AND ATHLETICS?

The Red & Black, Winchester High's student-produced newspaper is now offering annual subscriptions. Subscribe to The Red & Black for only \$25 to receive a monthly copy of our professionally printed newspaper containing student-written articles on school events, athletics, and everything student life! Subscribers will also gain premium access to our brand new website, updated weekly with photographs and videos of the Winchester High experience.

Complete this **form** to subscribe.

WHS SPORTS



TEN PROPERTY 12

Congratulations to the WHS Girls Varsity Field Hockey Team for their 6-0 win over Arlington High School on Saturday!









Before the game, the team celebrated their seniors: Jessie Brassie, Cate Kulhman, Mia Legere, Jessie Lewis, Kate Manganaro, Niki Micciche, Alessia Nigro, Lauren O'Connell and Lauren Spina!

Congratulations to the WHS Girls Varsity
Soccer Team for their 2-1
win over Arlington High
School!

Click here to see senior Ally Murphy's penalty kick goal.



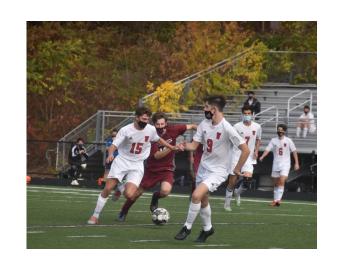
Before the game, the team celebrated their fifteen seniors: Sophia Arnet, Lila Cohen, Katie Degnan, Molly Egan, Hannah Curtain, Kate Emanuel, Colleen Gogolin, Mattea Leone, Sofie Lanou, Georgia Lawrence, Maille McMahon, Ally Murphy, Ellie Rappole, Ella Stone and Jordan Weinberg!



Support the Girls Varsity Soccer team by purchasing black masks with a "W" logo for \$12 each. Orders can be placed for teams/groups or individuals who wish to order.

Venmo @AllyMurphy36 for payment or email with any questions







Tough loss for the
WHS Boys Varsity Soccer Team
against Arlington on Saturday with a
final score of 0-2.

Congratulations to the WHS Varsity Golf team for defeating Lexington 49.5-22.5. Senior Trevor Lopez led the way shooting 3 under par with 2 bogies and 5 birdies.

The Golf Team celebrated their seniors, pictured on the right: Owen Egan, Andrew Curran, Trevor Lopez, Christine Mandile and Chloe Cordeiro









Congratulations to the Girls Cross Country Team for their 36-21 win against Arlington High School on Saturday morning!

All team schedules can be found at WHS Team Schedules

Sports Physical Information

The state is sticking to the law that requires players to have a physical within 13 months of anytime during the sports season.

If you need a sports physical but are unable to get an appointment, we accept the sports physicals that CVS offers at their walk-in clinic.

WHS ARTS, MUSIC & THEATER

Introducing the 2020-2021 WHS Choir

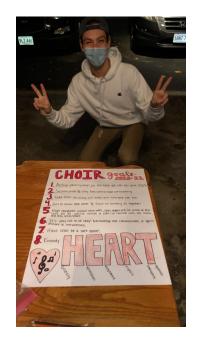


WHS Choir 2020-2021

CHOIR GOALS 2020-2021

Embody HEART

HONESTY
EXPRESSION
ACCEPTANCE
RESPECT
TOGETHER/TEAMWORK



We would like to highlight amazing art work and great performers from last year's Night of the Arts 2020.

We were told that many acts were filmed at the National Honor Society WHS talent annual shows, so please submit performances (musical and other talents).

*Submit artwork and performances







Student artwork from the 2019-2020 school year will be made available for afternoon pick up on the following days; Tuesday 10/20, Friday 10/23, Tuesday 10/27 and Friday 10/30. After the 30th, all work not spoken for will vanish (aka be tossed).

Students can come through the art hallway on the designated dates at the end of the school day **ONLY** and find their artwork as they exit the building for the day. Please remember to wear masks and exit as quickly as possible. Art work will be organized by class/teacher on tables outside the art studios.

Remote students, please contact your current art teacher for alternative pick up arrangements.

Tri-M National Music Honor Society

Are you a WHS music student and want to make an impact outside of your remote classes this year? Apply to Tri-M, a national music honor society that strengthens the school music program through community service. Showcase your talents or simply volunteer your help with students who love making music and sharing its joy with others to keep music alive in and out of WHS!

If you're interested in applying, fill out this form as soon as you can!

Applications are due by **October 28th** Current members do not need to reapply.

For any questions, email us.

Curtain & Cue Club

Do you wish you could be on the stage this fall and showcase your performing talent? Please fill out <u>this form</u> if you are interested in joining.

If you have any questions, please email Ms. Cella.

STEAM Certificate Information Virtual Meeting

There will be a virtual meeting to learn more about earning the WHS STEAM Certificate on **Wednesday**, **October 21st at 3 PM**.

This meeting is especially important for seniors who plan on receiving the certificate in May.

To be added to the Zoom guest list, please **complete the form**

WHS CLUBS & GROUPS

Want to learn more about WHS's clubs and activities?

Check out our new Clubs and Organizations website! WHS will be holding a virtual "club fair" next Wednesday after school.

Check the website for each group's zoom link for the fair!

- ANIME CLUB We will be starting The Great Pretender soon, an entertaining show full of unexpected twists and comedic plot! If you're interested, feel free to email Elina Chen, Jevon Bunting, or Eda Erdogmus using your school email! If you'd like to join our Discord, add @Astrymia#4602 or @Yurt#9370 to learn more!
- ARTIFICIAL INTELLIGENCE CLUB From eloquent speech to autonomously driving cars, artificial intelligence can do almost everything. Together, we'll learn how to design, program, and create the next generation of artificial intelligence and compete in the first-ever true artificial intelligence competition! Come to be part of the forefront of computer science and join at this link today!
- ASL CLUB Interested in learning American Sign Language? We will be
 meeting every other Thursday this year! <u>Email</u> us to be added to the
 google classroom. We can't wait for an awesome year!
- BEST BUDDIES CLUB All are welcome! We will be playing fun meet and greet games and snacks will be provided! Social distancing and

mask wearing is required and will be enforced! If you would like to join our email list, please fill out **this form**! If you have any questions, **please email**.

- CHESS CLUB Chess club is open to all grades and will hold its first
 meeting Monday, October 19th from 3:30-4:15 PM on Zoom. The WHS
 Chess Club is a great place to play and improve at chess while having
 fun in a very casual, relaxed environment. We welcome new members! If
 interested, please fill out this short google form here. Come show us your
 moves!
- CHINESE CLUB Are you interested in learning more about Chinese culture and language? We meet every other Monday online from 3:30-4:30. Anyone is welcome to join us! If you're interested, please email Elina Chen or Michael Zhang using the school emails to be added to our Discord group!
- COMPUTER SCIENCE CLUB Do you have an idea for a game, website, or application? Want to begin a fun new coding project with a friend? Explore the basics of coding and learn three versatile coding languages this year at the WHS Computer Science Club, Mondays from 5:30-6:15 PM. Join our Discord community for Zoom links and other announcements here!
- CONNECT & COMMIT CLUB Are you interested in service learning or volunteering in the community? Not only do we host fun and educational meetings, but we also provide many different volunteer opportunities for students! Follow us on Instagram @whsconnectandcommit or join our Facebook group (Connect and Commit 020-2021) to stay updated for this year's plan and schedule!
- CREATIVE WRITING GUILD & LITMAG CLUB We're a club for both aspiring and accomplished writers, working to improve writing abilities and to build a sense of community around writing! If you're interested in joining or having a piece of writing published in our writing magazine, contact us. Meetings are Mondays from 3:30-4:30 over Zoom- we hope to see you there!
- DEBATE CLUB Attention all debaters! Interested in taking your argumentative skills out of the dining room? This is a loosely Public Forum-based club that focuses on honing your research and reasoning abilities through weekly debates, feedback sessions, and interactive activities in a fun and supportive environment. Explore the pros and cons of a variety of current topics (Nuclear energy! Human cloning!) and learn crucial strategies that you can take into college and beyond! Unlike other debate-based clubs, Winchester Debate places emphasis on presenting logical arguments in a cohesive and convincing manner rather than on networking and procedure. Whether you're already a debate expert or haven't even heard of "debate" before, if you are interested in learning a skill that is fun and informative, sign up using this form. We hope to see you there!

- FBLA CLUB Interested in public speaking, finance, computer science, or management? FBLA (Future Business Leaders of America) club will go head to head with high school students from across the country in competitions that vary from making a website that pops out to how to survive a job interview, you can even win cash prizes! If you would like to join please fill out this form, or you can contact us.
- **FEEL THE BEAT!** Want to help DJ Hanlon curate the WHS playlist? Click here to make a school-appropriate song recommendation to be played during passing time.
- FIBER ARTS CLUB Grab your hooks and your yarn, and dive into another year in the Fiber Arts Club! Our goal is to not only provide our members with the opportunity to take a break to crochet, sew, or knit, but to also introduce any beginners into the world of Fiber Arts. We have worked on all sorts of projects, ranging from amigurumi to blankets, and even hats! Email Elina Chen or Hannah Du using your school email if you're interested. You can also add @Astrymia#4602 to join the Discord group!
- FIGURE SKATING CLUB If you are a figure skater and participate in group and/or private skating lessons, you should join the this club! If you are interested in joining or would like more information, <u>please send us</u> an email.
- FRENCH CLUB Calling all people who like French food, French movies, or any French culture! <u>Sign up for French club</u>! We will be hosting monthly events to celebrate French food and culture! All are welcome!
- HIGH SCHOOL HELPERS CLUB Looking to help your younger peers
 with their homework? Want NHS hours? We're a club dedicated to
 helping middle school students with their assignments, projects, essays,
 and much more! Complete this form if you are looking to help out. We
 meet Wednesdays and Thursdays from 3:30-4:00 pm.
- HILE (Help Immigrants Learn English) CLUB Do you need volunteer hours or want to help those around you? In this club, we create monthly pre-recorded presentations that aim towards elder immigrants/young students who never had a chance to learn the language. Not only is this an amazing opportunity to show your knowledge, but also a way to strengthen your communication skills. If you are interested in joining, please use this Link to sign up. The first meeting starts on Tuesday, October 20th from 4:00-4:35 PM. Hope to see you there!
- INTERACT CLUB If you are interested please sign up using this <u>link</u>.
- ITALIAN CLUB Join us on Thursday, October 22nd after school from 3:20-4:20 PM. We will be making Halloween themed bracelets. Snacks provided. Meet outside at the circular seating behind WHS. Fill out this attendance form before the meeting. Don't forget your mask! All are

welcome! Hope to see you there!

- JSA DEBATE CLUB Attention everyone! We will be having weekly
 meetings from 4-5 PM on zoom every Thursday. JSA is a country-wide
 organization created by and for young people interested in a wide array
 of topics from politics, to how government works and contributing to
 their community. Join us for fun debates and thought talks! We promise a
 good time for anyone who attends, so tell your friends! If interested,
 please fill out this form.
- DO YOU LOVE GOOD FOOD? JOIN MASTERCLASS COOKING! Each
 month, we invite a guest chef from a local restaurant to teach us how to
 cook one of their favorite (and easy!) dishes over Zoom. They will walk
 us through the step-by-step process of cooking their unique dish, and
 after an hour, everyone will have tasty food to share with their families.
 Learn to cook from the best of the best and join Masterclass Cooking! If
 you're interested, please fill out this Google Form. Everyone is welcome!
- MATH TEAM will be meeting virtually this year on Tuesdays and Thursdays from 4:30-6:00 PM. Anyone interested in joining email us.
- MOCK TRIAL TEAM Interested in learning about law or improving your debate skills? Have a hankering for justice? Want to scream objection in a fancy suit? No previous experience is necessary. Just fill out this form. Don't worry if you didn't come to our first meeting. We will catch you up to speed! If you're interested in coming, please email us at to receive the Zoom link. Hope to see new and familiar faces!
- PUBLIC SPEAKING CLUB Join us for some fun introductory activities
 and get the opportunity to meet new people (freshmen, I see you!).
 Public speaking and improvisation are essential life skills, and our goal is
 to help you push your boundaries and build up confidence in an
 enjoyable and comfortable way! Anyone interested should fill out this
 form.
- PURPLE CLUB Join this club to learn, raise awareness, and share your experiences with Epilepsy! We will host weekly zoom meetings on Wednesdays from 4:30-5:00 as a safe space to talk about epilepsy. We also plan on holding quarterly social distance friendly walks and fundraisers for the Epilepsy Foundation of New England! Please fill out this form if you want to join. Anyone is welcome regardless of your experiences with Epilepsy! Feel free to email us.
- READING CLUB Members analyze and discuss a variety of fiction and nonfiction books of interest (you can find a list of books we might read here). If you'd like to join us, please fill out this form. We hope to see you there.
- RED & BLACK Looking to join a club that works with your schedule and looks impressive on college applications? Join our student-produced newspaper. All students welcome, no writing skills required and no commitments! Learn more and sign-up HERE.

- SOCIAL JUSTICE CLUB If you are interested community service and learning about social justice in the US and abroad, fill out <u>this form!</u>
- TECH CREW Do you want to learn about the technical aspect of school plays and events? Anyone interested in technical theater, sound production, lighting design, live broadcasting, and more should fill out <u>this form</u>. No experience is necessary.
- UNICEF CLUB We raise money and awareness for mothers and children struggling around the world. If you're interested in joining, please fill out this form.
- VILLAGE MENTORS Hello everyone! Are you looking for a way to make a difference in people's lives? Our new club Village Mentors is just the way to do that! We use online tools to mentor and support children in underprivileged communities and raise money to help them improve their schools and facilities. Our first meeting is next Thursday (10/29) from 8-8:30. Here is the form to sign up: https://forms.gle/SBkDuZs99oH6nSuG7. We hope to see you all there!
- YEARBOOK CLUB Want to make the 2021 yearbook great? Go to Mr. Bond's Room B210 to sign up!

CLASS OF 2021 NEWS

If you can believe it, it is already time to order your cap and gown!

The cost is \$15.50 and all students will be wearing red.

The order comes with one 2021 tassel.

Get online and order now!

CLASS OF 2022 NEWS

Please email us with news about the Class of 2022.

CLASS OF 2023 NEWS

Please email us with news about the Class of 2023.

CLASS OF 2024 NEWS

WHS Guidance Freshman Parent Info Zoom: Wednesday, October 28th 9-9:30 AM

Parents and Guardians of the Class of 2024 are invited to join this virtual event to "meet" counselors and hear about the services of the WHS Guidance Department.

A Zoom link will be sent to all families via a separate email.

Presentation will be posted on the Guidance website the following day for any families unable to attend.

NEWS AROUND TOWN

The WHS PFA does not specifically endorse events and organizations and shares information on events and activities that may be of interest to the WHS community as a courtesy for informational purposes.



Judging will take place: Thursday October 29th day & evening

\$25 TO ENTER

Register online: WinchesterChamber.com Prizes for 1st 2nd and 3rd place

WRITTEN GUIDELINES FROM THE BOARD OF HEALTH FOR HALLOWEEN

- Timing of Trick-or Treating is recommended from 5-7 PM
- Recommended for kids up through 8th grade
- No groups larger than 6 (unless from the same household) should to trick or treat together
- Halloween participation is optional leave front light on to participate
- Enjoy Halloween outside rather than attending indoor parties or events
- The Town of Winchester particularly endorses "BOO-ING", which is a low-contact way to celebrate with friends and family
 - Make pre-assembled bags of wrapped candies and small Halloween toys and deliver to the door before Halloween with a message

Costume Recommendations

- Every Trick-or-Treater must wear a mask or cloth face covering in public places (if over 2 years old and those unable to wear a mask or face covering due to a medical condition). Don't touch your face!
- A costume mask is not a substitute for a face mask or face covering. To
 protect yourself and others, ensure you are wearing a protective face
 mask or covering instead of or in addition to a costume mask.
- Do not wear a costume mask over a protective cloth mask because it can be dangerous if the costume mask makes it hard to breathe. Instead, consider using a Halloween-themed cloth mask.
- If the costume calls for or comes with gloves, best to opt out and carry sanitizer instead. Gloves can't be sanitized or washed when in use.
- Use sanitizer as you move from location to location.

Trick or Treating Safety

- Bring hand sanitizer and consider leaving hand sanitizer by any treats left out for trick-or-treaters to use
- Instead of traditional trick or treating, opt for one-way trick-or-treating, with treats placed outside of the home for trick-or-treaters as a "grab and"

- go" while keeping distance from others
- Maintain social distancing of at least 6 feet of physical distance from all other participants who are not members of the same household
- Provide/eat factory wrapped candy only. Candy givers should wash hands before and after handling wrapped candy or preparing bags full of wrapped candy. You can wash the outside of the wrapper with soap and water before consuming.
- If you don't want to participate, keep your porch light off and post a "See you next year" sign indicating that you are passing on giving out candy this year due to the pandemic and ask people not to stop at your house
- It is recommended that households pre-assemble bags of wrapped candy OR leave candy outside (on sidewalk, scattered around front yard, or a driveway table with pick-up treats)
- Candy givers should place wrapped candy in individual pieces or goodie bags on the porch or a table for kids to grab. Do not allow trick or treaters to grab candy from a common bowl where they might dig around for the perfect piece. As an outdoor candy giver, stay 6 feet away from the trick or treaters.

Things to Avoid

- Gathering with people outside of your household
- Costume parties held indoors, or any gatherings that exceed indoor or outdoor gathering limits. MA limit is 25 people indoors.
- Going to an indoor haunted house in a residence where people may be crowded together and screaming
- Stay home and refrain from Halloween activities, including handing out Halloween treats, if:
 - you feel unwell
 - you have tested positive for COVID-19
 - you have been exposed to someone with COVID-19; or
 - you have traveled to or from a state that is not classified as lower risk within the last 14 days

For more information on lower risk states, please see the seethe state's COVID-19 Travel Order webpage

References:

MA DPH CDC



Town of Winchester Halloween 2020



Recommendations

Recommended Hours

October 31

5 to 7 p.m. (lights out at 7 p.m.!)

Low Risk

- Carving pumpkins
- Decorating
 Living Spaces

Moderate Risk

 Socially distanced trick or treating ("to go" candy bags instead of communal

High Risk

- Traditional trick or treating
- Indoor parties (and outdoor parties without

Mask Up!

(No, costume masks don't count!)

Please stay in your own neighborhood!



- Halloween Movie Night With Household
- Virtual Costume Contest
- candy bowls)
- Small group outdoor party or parade
- Pumpkin patch/orchard (wear masks!)

distancing or masks)

- Indoor Haunted Houses
- Group hayrides

Adapted from the CDC Halloween guidelines: https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html#hallo

If your household <u>does NOT</u> want to participate in trick or treating, please turn <u>OFF</u> your outdoor lights and consider posting a sign saying "See you next year!"

The Winchester Chamber of Commerce Presents the 41st Citizen(s) of the Year 2020:

WINCHESTER'S ESSENTIAL WORKERS

Join us in honoring these men and women with a car parade through town!



Sponsored by CAROLE KITCHEN AND BATH, the Parade will be on:

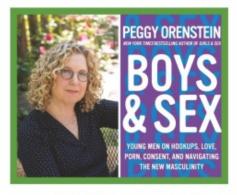
Wednesday, November 4th @ 1:00 PM.
Meet in St Eulalias Parking Lot (50 Ridge Street). To
join in the parade, please register by Oct. 28th at:
www.winchesterchamber.com





Thank You En Ka for Their Generous Support

Boys & Sex: Young Men on Hookups, Love, Porn, Consent and Navigating the New Masculinity with Author Peggy Orenstein



Inspired by her *New York Times* best seller, Orenstein will focus on her work with high school and college boys to reveal how they understand and negotiate the new rules of physical and emotional intimacy.

Through wit, research and powerful stories, she will explore:

- · The impact of "locker room" talk on boys
- · How the word "hilarious" robs young men of empathy
- · Why pornography has become the new sex education
- Boys' understanding of hookup culture and consent

Register below for a provocative talk that offers a much-needed vision of how boys can truly move forward as their best selves. Good information for parents of either boys or girls!

Use this link to register: https://us02web.zoom.us/webinar/register/ WN_BcBkuoAcQ66d5OExAUt1Bw

Thursday, November 12 7:00 PM Zoom Webinar

All Programs Are Free and Open to the Public.
Book Available at Book Ends..

educate encourage empower

parenttoparentwinchester.org

Parenting Under Covid-19:

Managing Stress, Anxiety, and the Upcoming Holidays



Dr. Damour is a clinical psychologist and author of the award-winning New York Times best sellers Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood and Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls



winchestercoalition@gmail.com

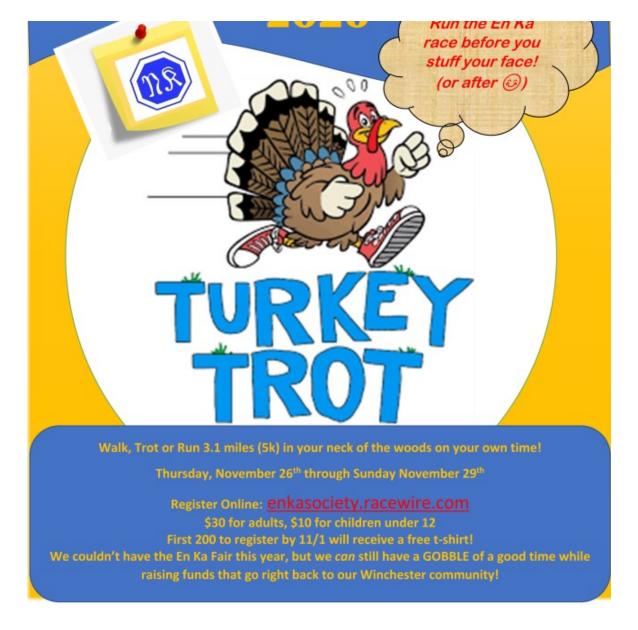
Lisa Damour, PhD
Tuesday, November 17, 2020
7 p.m.
Stay Tuned For Zoom Link!

The holidays can be stressful for families in a normal year and this year is anything but normal!

Join us to learn more about:

- how to keep pressure and tension from reaching toxic levels
- how to parent effectively in the current circumstances
- how to address the challenges presented by the holidays ahead





Are you ready to walk, run, strut or trot for a GOOBLE good cause?

Before or after you stuff your face gather your flock and be one of the first 200 "turkeys' to sign up for **En Ka's Society's First Virtual Turkey Trot 2020** and receive a free t-shirt! What an ideal way to not only give thanks for family and friends, but your participation will help fund invaluable programs, activities and initiatives for our entire Winchester community and benefit others in need. It is more important than ever to participate in new traditions, outdoor activities and fulfilling events...plus you might just see a wild turkey or two in your neck of the woods!

We look forward to you joining us in this Virtual Turkey Trot at your own pace throughout the Thanksgiving holiday weekend. Together we can make a difference in the lives of others. As a reminder, En Ka is a not-for-profit 501(c) (3) organization and all donations are tax deductible. Also, don't forget to put #enkaturkeytrot on Instagram, Twitter and Facebook posts and send pictures and videos to us at waysandmeans@enkasociety.org.

With gratitude and in the spirit of thanksgiving, we thank you and please be safe, stay healthy and have fun!

Our direct registration link for participants is: enkasociety.racewire.com



Are you a WHS Senior? Are you a parent of a WHS student or alumni?

Are you a staff member of Winchester Public Schools?

You are invited to join the Winchester Alumni Association Become a member HERE

Winchester Alumni Association was launched in 2018 to support WHS alumni, staff and families in the many transitions of their lives after the 01890. Alumni who register through our <u>database</u> may receive information on upcoming Winchester events and volunteer opportunities, search for classmates, share news, and support current students and young alumni through networking and mentoring activities.

Follow us on <u>LinkedIn</u>, <u>Facebook</u> and <u>Instagram</u> for our Alumni Spotlight Series that celebrates past WHS students now around the world or check out our website HERE.



UNMASKED: Matthew Bond, our WHS Math Teacher and Yearbook Advisor!

Thank you Mr. Bond for participating and helping us get to know you better!

IMPORTANT INFORMATION

WE WANT TO HEAR FROM YOU We want to hear from you!

If you have any pictures, news, updates, we want to hear from you. **Please email us.** We would love to share with the WHS Community!

If you NO longer wish to receive the newsletter or you wish to change or add a new email address to your account, <u>please email us</u>.

To make a newsletter or a news blast submission, <u>please email us</u>
NO LATER than 12:00 PM on Friday.

WHSPFA | 80 Skillings Road, Winchester, MA 01890

<u>Unsubscribe lauren.lesperance@verizon.net</u>

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