

Winchester High School
Parent Faculty Association Newsletter
September 19, 2022

To ensure continued delivery of the WHSPFA Communications, please set-up our [email address](#) as a contact/safe sender.



PRESIDENT'S NOTE

Dear Fellow WHS Families,

There are so many exciting things happening at WHS! Last week we started off with an awesome array of clubs our students could join by coming to the activities fair then we had a memorable guest speaker share his wisdom with our students (see *picture and caption below*) and ended the week with our wonderful WHS marching band and super sporting events!



Please keep on your "radar screen"~ This Friday, 9/23, is an Early Release Day and our 2nd Annual Winchester Spirit Fair 5-10pm downtown! Come cheer on our Field Hockey Team at Knowlton stadium at 5:30 (JV Game) and 7pm (Varsity Game)!
See more details below!

Are you into photography and taking pictures? If yes, please reach out to us at the email below. It would be great to have a few designated photographers for each class to document the fun events happening throughout the year. These pictures are wonderful to have ~ especially for the Senior slideshow.

PFA Meeting THIS Tuesday, September 20th, 7pm in the Library. We changed this from the previous date of 9/27 to avoid having our meeting the night before WHS Open House Night.

Have a great week!
Warmly,
Brenda Mandile & Adrienne Spignesi
Co- Chairs
whspfa@gmail.com



Last Tuesday, WHS's Winchester Leads, a leadership club open to all students, hosted a truly inspirational speaker for our students. Mr. Kevin Eastman, former NBA assistant coach, spoke about what makes a good leader: honesty, integrity, hard work, and leading by example. Students who filled the auditorium at 7:30am

definitely felt it was well worth the effort to wake up early to hear Mr. Eastman! As one student expressed, ***“I found the presentation not only informative but very inspirational and motivating!”*** Thank you to **Winchester Coalition for a Safer Community** for sponsoring this great program for our students and staff!

Pictured (l-r) with **Mr. Kevin Eastman** (author of [Why the Best are the Best](#)), **John Fleming** (Winchester Leads Advisor, WHS Teacher, Basketball & Volleyball Coach), **Michele White** (WHS Teacher and Field Hockey Coach), **Marc Arria** (Athletics' Director) and **Dot Butler** (Winchester Coalition for a Safer Community program manager).

WHS IMPORTANT DATES - MARK YOUR CALENDAR

2022-2023 District School Calendar

TUES 9/20 - PFA MEETING, 7 PM, WHS LIBRARY

FRI 9/23 - EARLY RELEASE DAY

WED 9/28- "BACK TO SCHOOL NIGHT" ~ 7PM~ PARENT OPEN HOUSE

THURS 9/29 - 9TH GRADE PARENT/GUARDIAN INFO ZOOM

MON 10/3 - 12TH GRADE PARENT/GUARDIAN COLLEGE APP NIGHT, 6:30 PM, WHS AUDITORIUM

COLLEGE VISITS

The following colleges will be visiting WHS in the Guidance Department @ 8 AM (unless otherwise noted).

All Juniors and Seniors are welcome!

Monday, September 19th

American University & Salve Regina University

Tuesday, September 20th

University of Richmond & Skidmore College

Boston University during WIN block in the Auditorium

University of Rhode Island during WIN block in LG1

Wednesday, September 21st

University of Southern California & Carleton College

Thursday, September 22nd

Oberlin College



WHSPFA DIRECT APPEAL

Let's get the 2022-2023 school year off to a great start!

WHAT? *Direct Appeal* is WHSPFA's only fundraiser. Monies raised support our WHS faculty and staff with their extra

needs during the school year. Your donation will help them enhance students' in-school learning, teaching, and counseling experiences.

WHY? **It's an investment in our kids' educations.** Direct Appeal funds are used to support programs and activities beyond what is covered in the regular school budget. By contributing, you will be helping to fund valuable in-school enrichment programs, teacher grants and more! For example, previous fundraising efforts have purchased:

- a new sound system at Knowlton Stadium
- bought art materials for specialized art classes
- risers for the music department
- a human skeleton for the science program
- new student events
- materials for cooking for life program
- AED trainers, laptops, books, software programs
- social/emotional programming, and more!

WHEN? Now!

HOW? Click one of the links for [PAYPAL](#) or [VENMO](#). **Any amount is appreciated!** Keep in mind that we're a non-profit organization under section 501(c)(3) so each dollar is tax deductible.

DONATE NOW via

[PAYPAL](#)

or

[VENMO](#)

or mail a check payable to:

**WHSPFA
10 Cranston Road
Winchester, MA 01890**

**Don't forget Corporate Matching Gift programs offered by your employers.
You could double your impact to WHS.**

FROM THE WHS HEALTH OFFICE

Please remember to send in EpiPens and necessary medical forms if your student has a Life Threatening Allergy. We are also collecting 11th grade Health Forms as required.

Please feel free to contact us through [email](#) or by phone for any questions/concerns.

Thank you, Jennifer Markham and Lauren Vaccari

WHSnurses@winchesterps.org

781-721-7020 ext 4011, 4012

COVID Resources:

Please visit the WPS COVID-19 Measure website page for the current guidelines [here](#).

If your student tests positive for COVID-19 please report the positive case via the reporting form “[Self -reporting Form for Positive Test Results](#)” (Red box in the center of the COVID-19 website page). You will receive information regarding their required isolation days and returning to school.

WHS GUIDANCE DEPARTMENT

The Fall issue of the WHS Guidance newsletter with lots of helpful information is available for download on the [WHS Guidance website](#). Please see your student's counselor directly with any questions.

PSATs

The PSATs will take place at WHS on Saturday, October 15th. Please see [this link](#) for more information and the sign up sheet.

Front:



Back:



SPIRIT WEAR!

The *new* WHS Student Council sweatshirts are in!! Purchase yours at this Friday's Spirit Night on Main Street anytime from 5-8 pm. Sweatshirts are \$40 each. We will accept cash,

check, and venmo (@whspfa). Click [here](#) to view this year's design!

PARKING PERMITS

Parking passes for Seniors and Juniors are now available! Please fill out the [Google Form](#) and then see Ms. Hanlon in the main office or Officer Chiuccariello with your license to get your hang tag. Please remember Juniors need to have had their license for 3

months before they can receive a pass.

WANTED: SPORTS PHOTOGRAPHER

The Winchester Boys Varsity Soccer team is looking for a student photographer/videographer to capture home and away matches this season. You would help document this incredible team, support social media posts, and build your portfolio. If you are interested please reach out to [Elizabeth Doherty](#).

FREE SCHOOL MEALS EXTENDED FOR ALL STUDENTS (2022-2023)

The Commonwealth of Massachusetts has extended free school meals for all students through the 2022-2023 school year. While breakfast and lunch will continue to be served at no cost to all students, second meals and a la carte items (i.e, milk) will be charged to student accounts at existing prices. To add funds to your student's account, please visit <https://www.myschoolbucks.com> or submit a payment via a check made payable to Winchester School Lunch Program to any cashier at each school.

Please note that even though meals will be free for all, it is very important for families to complete the household Application for Free and Reduced Price Meals for the 2022-2023 school year. You can view and complete the application [here](#).

We strongly encourage ALL families to submit this form as it allows us to establish eligibility for P-EBT benefits, waived transportation fees for those who qualify, and serve families most effectively.

In addition, please consider applying for SNAP, the federal nutrition program that provides eligible residents with monthly financial assistance to purchase groceries. More SNAP information can be found at gettingsnap.org or by calling Project Bread's FoodSource Hotline at 1-800-645-8333.

YOUTH VOLUNTEER OPPORTUNITY

The Winchester Board of Health is charged with protecting the Environment and the Public Health of the people of Winchester. This three-member elected Board of Health is offering a new Youth Volunteer opportunity for any high school 11th or 12th grader who lives in Winchester. This Junior or Senior student will serve in a non-voting position. The Youth Volunteer is an exciting opportunity for any student interested in working on public health or the intersection of the environment and public health.

To apply, or for questions, please send the following to the [Winchester Board of Health:](#)

1. a short (1/2 – 1 page) letter of interest regarding why the Youth Volunteer position with the Winchester Board of Health is of interest to you
2. a short list of courses completed or currently undertaken that you think might be helpful to this position
3. any projects that you might be considering (optional)

ATTENDANCE POLICY

Students' attendance is a significant factor in their success in school. The complete WHS attendance policy can be viewed in the student handbook available on our [website](#).

Specific questions you may have about attendance can be directed to the WHS Dean of Students, [Anna Paradis](#).

We recommend parents sign up to receive email notifications when your student is marked absent to class or school. To get these, you must enable this option in Aspen. This is done in the "Notifications" side tab. You can view your student's grade and attendance information in Aspen at any time.

Absence Procedures- The student's parent/guardian should email the school (from the parent's email) using whsabsentline@winchesterps.org. The email should

provide the student's full name, grade and reason for the absence, tardiness, or dismissal each day that the student is absent/tardy/dismissed. Parents/guardians may still call the absent telephone line with the same information at 781-721-7020 ext. 3054, although email is the preferred form of communication. Excused dismissals must be reported prior to the dismissal.

CLASS OF 2023 NEWS

**MUSICAL
BINGO**

Friday, Nov 4th

*all proceeds
to benefit
the class of
2023*

Tickets are \$45 each or \$400 for a table of 10

SONS OF ITALY * 7 PM-11 PM

silent auction * prizes * cash bar * pizza & snacks * all welcome

This is THE don't-miss adult event of the year, hosted by the Parents of the Class of 2023. [Click Here to Purchase](#) a ticket, table, or sponsorship now! Three payment options will be offered:

- Check payable to WHS (memo-Class of 2023 Bingo)
- Venmo (@whspfa)
- [PayPal](#)

Individual Ticket \$45 Table \$400 Sponsorship \$300

YEARBOOKS

The yearbook staff is already hard at work on your senior's yearbook, and we wanted to make sure important information is in your hands! Here some info you'll want you to keep on your radar this fall:

- 1: Be sure to buy your yearbook, as we usually sell out each year - and we order very few extras. [CLICK HERE](#) to purchase.
- 2: Be sure your child submits their senior portrait by our Dec. 1 deadline. For more info, [CLICK HERE](#).
- 3: Lastly, begin to think about a senior family ad in the yearbook. Our PDF of instructions walks you step-by-step through how to do this. For guaranteed space and best pricing, submit by December 1. For more information, [CLICK HERE](#).

That's all for now! We hope your senior is having a great start to the year!

The WHS Yearbook Staff

FALL PLANNING WORKSHOPS FOR SENIORS

Guidance counselors will be meeting with seniors **September 20-27** to review the application process and begin their Common Applications.

All seniors should visit <https://apply.commonapp.org/login> to create an account prior to their workshop.

SENIOR PARENT/GUARDIAN COLLEGE APPLICATION NIGHT

Monday, October 3rd

Please note date change since the summer mailing to students and families

**WHS Auditorium
6:30-7:30pm**

This presentation for parents of seniors shares highlights from the

student workshops and outlines the college application process at WHS. The presentation will be shared on the WHS Guidance website the following day for those unable to attend.

CLASS OF 2024 NEWS

Thank you for supporting WHS class of '24!

Our fundraising kickoff at FIRST HOUSE PUB Friday night was a great success! Close to \$1500 was raised from our raffle sales. Congratulations to our winners listed below



(2) FIT LIFE one month memberships
to Shannon Ericsson and Christine Lowenstein

WINCHESTER flag to Eric Keough

Gift card to First House Pub to Becky Reuland

MOVIE GIFT BASKET to Leigh Hurd

REVEL gift card to Lori Sirignano

Gingerbread House Gift Card to Kim Doucette

Starbucks gift card to Catherine Lyons

BOOK ENDS Gift card to Mary Drummond

CLASS OF 2025 NEWS

Check back here for updates

CLASS OF 2026 NEWS

9TH GRADE PARENT INFO SESSION

Thursday, September 29th
9-9:30am

The Guidance staff will be holding a brief informational Zoom to share information about WHS Guidance services and helpful tips for parents of 9th grade students. The presentation will be shared on the WHS Guidance website the following day for those unable to attend.

[Join Zoom Meeting](#)

Meeting ID: 897 4397 3885
Passcode: 201444

WHS SPORTS

WE WANT TO HEAR FROM YOU!

If you have scores from games and pictures of WHS athletes in action

[please email them to us!](#)

All team schedules can be found at **[WHS Team Schedules](#)**



THIS WEEK'S SPORTS COVERAGE

CHEER

CROSS COUNTRY

FIELD HOCKEY

FOOTBALL

Friday Night Lights on 9/16! Great effort but a loss to Waltham. 6-17.





GOLF

The 2022 WHS Varsity Golf Team is currently 5-1 and was recently highlighted in last week's [Boston](#)

[Globe](#)! The team is selling a limited supply of our best-selling umbrellas and golf hats! To order, please go to our team's website [here](#). The team's [roster](#) and [schedule](#) are also posted on the site, too, so please come to a match and cheer us on!



SOCCER

The girls Varsity Soccer team completed their third game of the season vs Wilmington 9/12 with another win 1 - 0. This followed season opener vs Burlington 9/7 winning 1 -0, and 9/9 vs Belmont winning 3 -0.

The girls also volunteered on Saturday 9/10 at the Woburn soup kitchen, the Dwelling Place.

GREAT WORK GIRLS!





SWIMMING

VOLLEYBALL

WHS ARTS, MUSIC & THEATER

Check this section for updates about Arts, Music & Theater events and opportunities at WHS. If you have pictures or updates about WHS student performances and work **[please email them to us!](#)**

CURTAIN AND CUE

Interested in joining "Curtain and Cue", the WHS student-led drama club? We would love to have you!

Monday, September 19th, we are holding an informational meeting for anyone interested in auditioning or helping out with the show at **3:15 in B103**. Hope to see you there!

This year's production of the fall play will be directed by our seniors Katy Jones, Kennedy Burke, and Will Caron. We will announce the play as soon as we have the licensing rights. Auditions will be held on Wednesday, 9/21 OR Thursday, 9/22 starting at 3:15 in the WHS auditorium. Please be on the lookout for the exact date and

time. Material for the auditions will be sent out closer to auditions.
Do not worry, you will be able to read at the audition!

The show dates are Friday 12/2 (7PM), Saturday 12/3 (7PM) and
Sunday 12/4 (2PM).

Practices will start on Monday, September 26th and they will be
held in the auditorium (unless otherwise indicated) following this
schedule:

- Monday, Wednesday and Thursday from 3:15PM to 4:30PM from
9/26 to 9/30
- Monday, Wednesday and Thursday from 3:15PM to 4:30PM From
9/1 to 10/21
- Monday, Tuesday, Wednesday and Thursday From 3:15PM to
5PM from 10/24 to 11/10
- Saturday the 19th (TBD)
- Monday to Friday from 3:15PM to 6PM from November 14th until
the 25th
- MANDATORY TECH WEEK from November 28th to December
1st.

If you have any questions, please email [Mrs. Cella](#), the club
advisor, or stop by room B103 after school.

Winchester High is alive with the sound
of music!

WHS families! The 2022-2023 school
year is underway, and with it, another
year of amazing choral, orchestral and
band performances—and more. There
are opportunities for our children to
learn, to perform, to grow. And to
continue Winchester's strong and special musical traditions, the
Winchester Friends of Music is asking for your support.



What do we do? We support Winchester's K-12 music programs, volunteering at performances, cheering on Winchester's music teachers and budding musicians, providing grants, and doing all that great stuff that friends do ☐—check out our [website](#) to learn more!

So how can you help? We are always grateful for donations, and Winchester Friends of Music is a 501(c)(3) public charity, so all donations are tax deductible. And we always welcome volunteers! Creating the beautiful backdrops for our kids' musical performances (think concerts Strawberry Pops & Jazz's In the Mood), doing publicity, selling tickets, ushering—we have so much fun and get to enjoy wonderful performances.

Our first volunteering opportunity this fall are our Concession Stands! Come join us for a fun filled night of hearing our WHS Band, cheerleaders cheer and football play! Sign up [HERE](#).

If you would like to donate, you can do so via [the website](#)—every dollar counts! Thank you for your consideration!

Winchester Friends of Music Board

Mai Harrison (President)
Laura Colella (Vice President)
Adrienne Spignesi (Secretary)
Maura Sullivan (Treasurer)

WHS CLUBS & GROUPS

Click here for a [list](#) of WHS Clubs and Organizations
Check this section for current club news, meetings & events

ART CLUB

Do you love to draw, paint, sculpt or make digital art and wish you had more time to do it? If so, join the Art Club! We meet every **Thursday from 3:15 to 4:30** in room C109. All students are welcome, whether you are an art rat or have never taken an art

class at the highschool before. You can hang out, work on art assignments, explore materials and make your own art. We will provide a weekly prompt in case you need some inspiration. Come check it out!

CHAMBER MUSIC CLUB

Do you have a passion for music and enjoy playing it with others? You should consider joining the Chamber Music Club! We meet weekly on Wednesdays from 3:15-4:15 in B118. All who are interested in music are welcome; Vocalists, keyboards, percussion, woodwinds, brass, and strings!

[Email](#) for any questions.

We hope to see you there!

VIDEO GAME CLUB

WHS's Video Game Club is back! We will meet every Friday after school in A212! Come join in the fun!

DEBATE CLUB

Do you like arguing or public speaking? If so, join WHS's Debate Club! We meet every Monday from 3:15 to 4:30 in A111. No experience is necessary. We will play fun games, improve public speaking skills, debate fun topics, and even participate in competitions.

Please fill out this [form](#) if you are interested.

FIBER ARTS CLUB

Do you like crocheting? Do you want to learn how? Or just want to meet new people? Come hang out at Fiber Arts! Our first meeting will be on Wednesday, September 14th right after school in A205,

Ms. Simeone's room!

BATTLEBOTS CLUB

Are you interested in constructing a combat robot? If so, consider joining the Battlebots Club! We will teach you Computer-aided Design and provide you with hands-on electronics experience while taking a fun and interactive approach to engineering. No prior experience necessary!

Email [Andrew Ren](mailto:2306053@wpsstudent.com) at 2306053@wpsstudent.com or [Ada Russell](#) with any questions.

JSA

JSA is back! On Wednesdays from 5 to 6 join us in B208 for political discussion, debate games, and snacks! Follow us on Instagram (@thewinchesterjsa) and join our email list to hear about upcoming events and meetings! This week's topic: The legalization of hard drugs. Please fill out this [form](#) if you can attend.

SCIENCE OLYMPIAD

Looking for more science but couldn't find enough to satisfy your desire? Join us on Fridays for Science Olympiad! We have events ranging from astronomy and anatomy and physiology to chem lab and forensics. Do you like trees? There's an event for that! There's something for everyone, so feel free to drop by and visit!

Unlike normal school science where you're just given some material and some tests, here at Science Olympiad you can choose what interests you and work together with others to show off your science skills!

Our first meeting is going to be on **Friday, September 16th** from 5:30 to 7:30 in LG 1, and every meeting thereafter will be on

Fridays from 5:30 to 7:30 in Mrs. Chakladar's room, B208.

If you'd like to know more, you can fill out this [form](#) !

NEWS AROUND TOWN

The WHS PFA does not specifically endorse events and organizations and shares information on events and activities that may be of interest to the WHS community as a courtesy for informational purposes.



Winchester Health Dept

UPDATED COVID-19 BOOSTER CLINIC

Thursday, Sept 22nd at Jenks Center

3:00pm to 6:00pm

New Pfizer Booster

Ages 12+

Registration Required: [BOOK APPT HERE](#)

Are you ready for a Booster?

Use this tool to see if you are up to date:

[CDC BOOSTER TOOL LINK](#)

MASTERING THE COLLEGE SEARCH

Stressed about college applications? Dr. Karen Droisen will demystify it by providing a chronological overview of the process, from the school search to the personal statement to clicking the "submit" button at "Mastering the College Search" on **Monday, September 19 at 7 pm**. Free and open to the public.

Large Meeting Room
Winchester Public Library
80 Washington, Winchester, MA, 01890

[Register online.](#)



TOPSoccer (adaptive program) starting soon! **Join us to play or coach!**

TOPSoccer

TOPSoccer (The Outreach Program for Soccer) provides children with different abilities the opportunity to play soccer through rule and equipment adaptation. Players age 5 and older are invited to participate in this adaptive program which includes a modified game of soccer once a week. This program is run by Winchester Soccer Club in collaboration with the Winchester Recreation Department. The program works simply by matching a Junior Coach with a player during each session. We will incorporate a few formal activities to encourage learning of soccer but the goal of each session is for the coach and player to make a connection and have fun!

DO YOU KNOW A TOPS ATHLETE WHO WANTS TO PLAY?

Click below to join the fun!

Junior Coaches serve as one-on-one buddies with TOPS players. Junior Coaches are Winchester students in grades 8-12. No specific training and no prior soccer experience is required. This is a great opportunity to connect with players and provide them with an opportunity to participate in an athletic activity. Volunteers should be patient, hard working, and ready to have fun! WSC organizers will be on hand to help.

DO YOU KNOW A JUNIOR COACH WHO WANTS TO VOLUNTEER WITH TOPSOCCER?

Click below for more information!

Fall 2022 Season Information

Who: TOPS players age 5+ and Junior Coaches grades 8-12

When: Sundays, September 25 - November 13 (No session on October 9), 12:00-1:00 p.m.

Where: Knowlton Field (9/25-10/2) and Manchester Grass Field (10/16-11/13)

Cost: Free

Registration: No registration necessary for players or coaches. Please join and follow the TOPSoccer Facebook page for updated information on the program.

[Click Here to Join the TOPS Facebook group!](#)

FALL GIRLS LACROSSE CLINICS

Through Winchester Rec Dept

11/20-12/11

The Recreation Department will again be offering fall lax clinics for HS players. No experience needed.

Date: Sundays, November 20th - December 11th

Time: 10:30AM - 12:00PM

Fee: \$75.00

Location: Ciarcia Turf, Winchester High School

[MORE INFO AND TO REGISTER](#)

Health Begins at Home

How quality, affordable housing strengthens a community's well-being

A Panel Featuring



Thea James, MD
Assoc Professor of
Emergency Medicine,
Boston Medical
Center



Dana LeWinter
Municipal
Engagement Director,
CHAPA



Sarah Betancourt
Reporter, GBH News'
Center for
Investigative
Reporting

and moderated by Tom Howley



Wednesday, September 21

7-8:30PM

Winchester Town Hall Auditorium

Sponsored By:



Winchester
Board of Health
& Health
Department



Made possible by funding from  Beth Israel Lahey Health
Winchester Hospital



The Winchester Chamber of Commerce
invites your organization to participate in:



WINCHESTER SPIRIT NIGHT



FRIDAY, SEPTEMBER 23rd

5:00-10:00 PM

- Organizations will have an opportunity to sell their "Spirit Wear" on Main and Thompson streets
- Set up begins at 4:30 and the night begins at 5:00 pm
Booths can stay until 8:00 pm
- Live music and cheer on the WHS Field Hockey teams
- Free to participate. Free to register!

*If you would like to participate, send an email to Dot Butler at:
butlermaild@gmail.com*

[Send Email to Participate](#)

GLEN DOHERTY MEMORIAL RACE

Run in the Glen Doherty Memorial Race, September 25th.

RACE DETAILS + REGISTRATION
INFO at www.glendohertyfoundation.org

WinCAM

Winchester Community Access & Media, Inc.



OPEN HOUSE

**THURS 9/29
4-7PM**

32 SWANTON ST

- CHECK OUT OUR PROFESSIONAL EQUIPMENT
- VISIT OUR VIRTUAL NEWS SET
- JOIN A STUDIO CREW
- LEARN HOW TO IMPROVE YOUR OWN VIDEOS

**PARKING
AND ADA
ACCESSIBLE**

LIGHT REFRESHMENTS - ALL ARE WELCOME!

DETAILS WINCAM.ORG

CONTACT WINCAM@WINCAM.ORG FOR QUESTIONS

[Visit WINCAM Website](#)

[Email WINCAM](#)

Calling all teen community organizers and social justice advocates!



Fall 2022 Internship Program

Applications are live for our Fall Student Internship Program!

Join the NFSJ and work with us on Indigenous Peoples' Day festival, MLK Day of Community Service, Affordable Housing, and learn important lifelong community organizing skills!

NETWORK
for **SOCIAL JUSTICE**
Educate · Engage · Activate



INQUIRIES TO
PROGRAMS@NFSJ.ORG

[Visit NFSJ Website](#)



School the World is recruiting for their **2023 service trips to Central America!** Students spend a week in **Guatemala, Panama, or Honduras** building a school or

playground, experiencing a new culture, forming connections with children, teaching in the classroom, visiting the home of a local family, being immersed in Spanish language, and **making a true impact** on children living in extreme poverty. Students receive **64 community service hours** for their participation on the trip. This is an opportunity for students to have a **transformative experience** that they will remember forever! Take it from this Winchester World Changer who said:

"This past week has been such a huge learning experience for me. I can not imagine a more eye opening and simultaneously joyful experience. I will cherish the relationships I made with the students and never forget how much love they are filled with. This experience with School the World has filled my heart with joy and empathy and given me perspective to take with me." -Ava, Panama 2022

Join School the World for an **information session** on **October 5th at 7pm at the Winchester Public Library** to hear more information, get your questions answered, and hear directly from Winchester World Changers and their parents.

Learn more [here!](#)

COLLEGE FAIR

485 Lowell Street

Peabody, MA 01960

The PVMHS College Fair will be held Thursday evening, **October 6th from 6:30 to 8:30** in the PVMHS Field House. There will be representatives from Universities, Colleges, Business Schools, Nursing Schools, Vocational Schools, Armed Forces and Banking Institutions. For a complete list of representatives attending, go to the [PVMHS website](#). This information will be updated daily.

Click "College Fair" under QUICK LINKS on the right side of the page.



educate • encourage • empower

Michelle Icard: The Essential Parenting Conversations – and How to Have Them

Tuesday, October 4, 2022 at 7pm

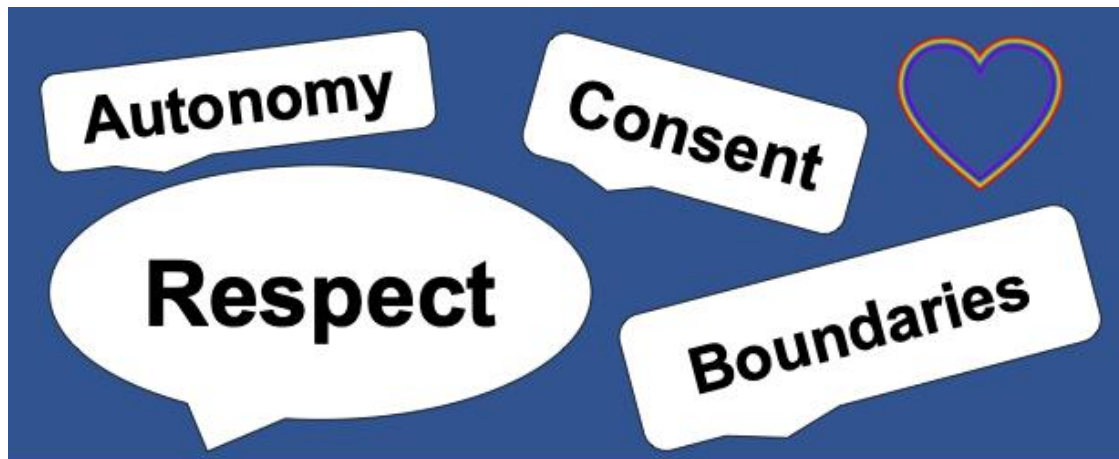
Location: Zoom

Based on her most recent book, *Fourteen Talks by Age Fourteen*, Michelle will guide parents of tweens and teens past their fears and challenges around covering “the important stuff” with their kids and into a confident enough position to have meaningful conversations where their kids will actually engage. In addition to learning general Dos and Don’ts for communicating successfully with increasingly resistant adolescents, Michelle will get into the specifics of what parents need to know on certain hot topics: Becoming Independent, Keeping Creativity Alive, Taking Care of Yourself, Living with Technology, and Helping Others.

Michelle is a CNN parenting writer and a member of the TODAY Show parenting team. Her work has been featured in *The Washington Post*, *The Chicago Tribune*, CNN, *Time*, and *People Magazine*. Her middle school leadership programs, *Athena’s Path* & *Hero’s Pursuit*, have been implemented at schools across the country.

This talk is open to all but most appropriate for late elementary through early high school parents.

[REGISTER HERE!](#)



Healthy Relationships for Today's Youth

With Cory Mashburn, M.Ed.

Join us on Zoom for a discussion about healthy and unhealthy relationships, including:

- Bullying
- Cyberbullying
- Consent

Suggested Age Range: Grade 5 and above



Wednesday, October 12, 2022

7pm

[CLICK HERE to REGISTER](#)

QUESTIONS?

winchestercoalition@gmail.com

[Register for Cory Mashburn Zoom Here](#)



WINCHESTER
WIFFLE FEST
08 OCTOBER 2022



FUNDRAISER FOR RARE DISEASE RESEARCH

FEATURING A DUNK TANK, HOME RUN DERBY AND OTHER GAMES
TEAMS OF 4-8 PEOPLE

KIDS AND ADULTS DIVISIONS

REGISTRATION: 9-10 AM. FIRST PITCH 10 AM

VENUE: NUTILE FIELD, WINCHESTER MASSACHUSETTS

<https://secure.qgiv.com/event/wiffleball/>



SCAN ME

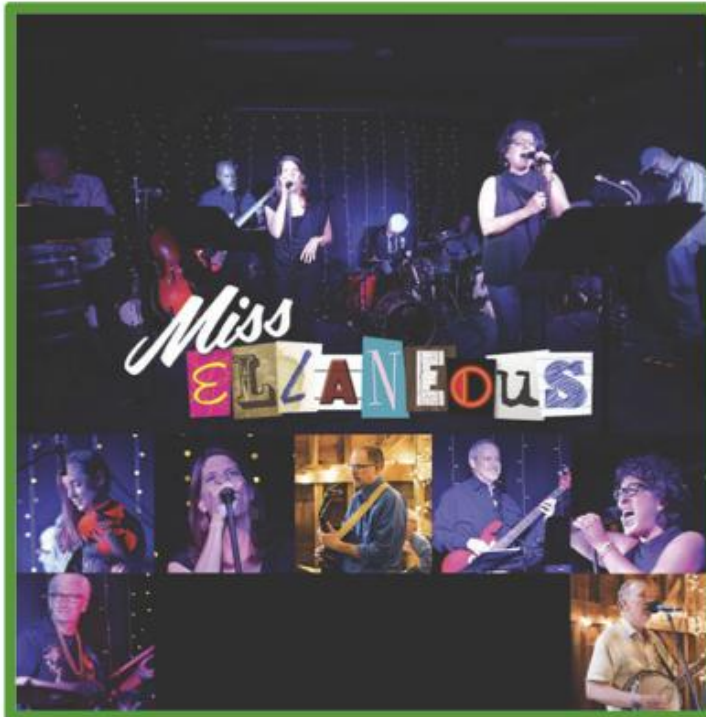
Please join us in our first annual community Wiffle Ball Tournament

on October 8th at Nutile Field! Grab a team of 4-6 or sign up as an individual and we'll find a team for you! There will be 3 divisions, games all day, food trucks, music, and lots of fun for all ages - dunk tanks, pitching radar, homeroom derby, crafts, and more. All proceeds benefit medical research driven by the PSMC5 foundation. The foundation was created to sponsor dedicated research at Harvard Medical School and Cambridge Institute of Medicare for two little boys, including one from Winchester, who share the rare PSMC5 genomic disorder and others with similar conditions. To register and learn more please visit <https://psmc5.org> or to participate in the event please register at <https://secure.qgiv.com/event/wiffleball/>

Sponsored
by
Winchester
Cooperative
Bank

A Concert To Benefit **Winchester Got Lunch**

***When School Ends, The Need
For Lunch Does Not***



**Live Music Is
BACK!**
Under the stars
(& under a tent!)

Winchester's
Own Miss
Ellaneous spans
pop to
bluegrass with
something for
everyone!

THURSDAY, OCTOBER 13

Doors open at 6:30pm; Music at 7:00pm

Griffin Museum Patio

Tickets: \$40

Winchestergotlunch.org or at **BookEnds**



[Click Here for WGL Tickets](#)



Pantry Hours
by Appointment Only
Sundays & Mondays

Text, Email, or Call
781- 369-5844
enkapantry@gmail.com



1037 Main Street
Winchester, MA 01890
Same location as the En Ka Exchange

Open to Winchester Residents

- Providing non-perishable food and personal care items to individuals and families living in Winchester who do not have adequate financial resources to meet basic needs.
- Use of the En Ka Pantry is limited to one time per month and does not prohibit individuals or families also visiting the Woburn pantry.
- The En Ka Pantry is open to all households, through pre-arranged appointments.



ENKA NEWS

En Ka Celebrates being selected as a Stop & Shop Bloomin' 4 Good Program Beneficiary. En Ka Pantry has been selected as a beneficiary of the Stop & Shop Bloomin' 4 Good Program for the month of **September**. The

Stop & Shop Bloomin' 4 Good Program, which launched in February 2021, is an easy way for shoppers to give back. Every \$10.99 Bloomin' 4 Good Bouquet with the red circle sticker sold supports a hunger organization local to the Stop & Shop in which it was purchased. En Ka Pantry was selected as the September beneficiary by local store leadership at the Stop & Shop in Winchester. En Ka will receive a \$1 donation for every \$10.99 Bloomin' 4 Good Bouquet purchased at this Stop & Shop location in September.

"Flowers can make someone's day, brighten a room or spread a smile," said Judy Bongiorno, En Ka President. "Now they can help our community too. Purchase a Bloomin 4 Good Bouquet at Winchester Stop & Shop in September." En Ka Society is a non-profit based in Winchester. Founded in 1902, En Ka is widely known for its annual spring fair, the proceeds from which are donated back to the Winchester community in many ways.

Learn more about EnKa by visiting www.enkasociety.org.



THE GREEN TEAM is an interactive educational program that empowers students and teachers to help the environment through waste reduction, recycling, composting, energy conservation and pollution prevention. Participating classes receive certificates of recognition and are eligible to win awards.

The **Green Team** provides many, many resources for teachers and parent volunteers to bring these topics alive. Teachers and adult leaders must register each year to receive the materials and newsletter. The Green Team works with the MA Dept of Environmental Protection to support environmental education as well as waste reduction in the schools.

[Click Here to Sign Up for the Green Team Newsletter](#)

SAM BELLINO MEMORIAL 5K

Running for a cure. Please join us on Saturday, October 22, 2022 for the first annual Sam Bellino Memorial 5K road race.

Register to walk or run by logging in to [Runsignup.com](https://www.runsignup.com). Click on find a race and use the name Sam Bellino Memorial 5k. All proceeds will help the National Brain Tumor Society provide funding for research to find a cure.

ALUMNI NEWS



WINCHESTER

ALUMNI ASSOCIATION

***Are you a WHS Senior? Are you a parent of a WHS student or alumni?
Are you a staff member of Winchester Public Schools?***

**You are invited to join the Winchester Alumni Association
Become a member [HERE](#)**

Winchester Alumni Association was launched in 2018 to support WHS alumni, staff and families in the many transitions of their lives after the 01890.

Alumni who register through our [database](#) may receive information on upcoming Winchester events and volunteer opportunities, search for classmates, share news, and support current students and young alumni through networking and mentoring activities.

Follow us on [LinkedIn](#), [Facebook](#) and [Instagram](#) for our Alumni Spotlight Series that celebrates past WHS students now around the world or check out our website [HERE](#).

IMPORTANT INFORMATION

WE WANT TO HEAR FROM YOU!

If you have any pictures, news, updates, we want to hear from you. [Please email us](#). We would love to share with the WHS Community!

If you NO longer wish to receive the newsletter or you wish to change or add a new email address to your account, [please email us](#) or [click on this link](#).

To make a newsletter or a news blast submission, [please email us](#)
NO LATER than 12:00 PM on Friday.

