

Winchester High School
Parent Faculty Association Newsletter
October 3, 2022

To ensure continued delivery of the WHSPFA Communications, please set-up our [email address](#) as a contact/safe sender.



PRESIDENT'S NOTE



Happy October WHS Families,

School is in full swing and it looks like cooler Autumn days are finally here. Thank you to all who came to the Open House on Wednesday. The auditorium was packed and Mr. Mahoney presented a slide show filled with great information and reminded us that WHS is now ranked **Number 2** in the state! This is proof of not only the amazing staff and students at our school, but also our parent community. How are parents helping? Direct Appeal of course! To those who have donated, THANK YOU! We still have not met our goal, so if you haven't already, please consider contributing to this worthy cause. If you wish to donate, click one of the links for [PAYPAL](#) or [VENMO](#). If you would like to see where Direct Appeal money has benefited WHS students in the past, please visit the PFA website [here](#) and click on "Grants Program".

Hopefully you made it to Friday Night Lights and not only watched the game,

but also helped celebrate our seniors in Band, Cheer and Football. Most teams will be having a "Senior Night" this fall. If you have a senior, please reach out to the coach or team parent and see how you can participate. It's all hands on deck as we help usher in this final year for the Class of 2023 and we need everyone's help to make it a success!

We have some exciting events coming up and even some special surprises for your student. We will keep you posted in the coming weeks, so make sure to check back. As always, please reach out with any questions.

Have a great week!
Warmly,
Brenda Mandile & Adrienne Spignesi
Co-Chairs
whspfa@gmail.com



WHS IMPORTANT DATES - MARK YOUR CALENDAR

2022-2023 District School Calendar

MON 10/3 - 12th Grade Parent/Guardian College App Night - 6:30 PM - WHS Auditorium

MON 10/10 - No School

SAT 10/15 - PSAT - 7:45 AM - 12:00 PM - WHS

WED 11/2 - Q2 begins

BACK TO SCHOOL NIGHT

Standing room only at this year's Back to School Night!!



COLLEGE VISITS

The following colleges will be visiting WHS in the Guidance Department @ 8AM (unless otherwise noted).

All Juniors and Seniors are welcome!

Monday, October 3rd

University of Rochester & Mitchell College
UMass Lowell - during WIN in the Auditorium
Merrimack College - during WIN in LG 1

Tuesday, October 4th
Hofstra University & Marist College

Wednesday, October 5th
Union College & Virginia Polytechnic Institute

Thursday, October 6th -
University of Maine & University of Vermont
College of the Holy Cross - during WIN in the Auditorium

WHSPFA DIRECT APPEAL

We're off to a great start...

Thank you to all of you who have already contributed to Direct Appeal!

We know there are more of you who want to invest in our childrens' education. Stop by the PFA table at the Open House on Wednesday, use the QR code or click on the link below.

Monies raised support our WHS faculty and staff with their extra needs during the school year. Your donation will help them enhance students' in-school learning, teaching, and counseling experiences.

Keep in mind that we're a non-profit organization under section 501(c)(3) so each dollar is tax deductible.

DONATE NOW via [VENMO](#) or [PAYPAL](#)



WinchesterHS ParentFacul...
@whspfa



or mail a check payable to:

WHSPFA
10 Cranston Road
Winchester, MA 01890

Don't forget Corporate Matching Gift programs offered by your employers.

You could double your impact to WHS.



FROM THE WHS HEALTH OFFICE

Please remember to send in EpiPens and necessary medical forms if your student has a Life Threatening Allergy. We are also collecting 11th grade Health Forms as required.

Please feel free to contact us through [email](#) or by phone for any questions/concerns.

Thank you, Jennifer Markham and Lauren Vaccari
WHSnurses@winchesterps.org
781-721-7020 ext 4011, 4012

COVID Resources:

Please visit the WPS COVID-19 Measure website page for the current guidelines [here](#).

If your student tests positive for COVID-19 please report the positive case via the reporting form "[Self-reporting Form for Positive Test Results](#)" (Red box in the center of the COVID-19 website page). You will receive information regarding their required isolation days and returning to school.

We are off to a great start of our 2022-2023 School Year!
Please remember if you ever have any questions or concerns about your student's health, please do not hesitate to reach out to us. We are in the WHS Health Office daily from 8:15 AM - 3:15 PM.
We can be reached by phone or email.

Please update pertinent health information for each of your students that attend WHS by filling out our google form attached. (If you prefer a paper copy to submit to us, please email us and we will send you a blank form for you to print and complete).

We do require written consent to administer Acetaminophen (Tylenol), Ibuprofen (Motrin) and/or Tums to your student during the school day. Please read these questions carefully and let

us know your preference.

Google form here: [WHS Student Medical Information Form](#)

WHS GUIDANCE DEPARTMENT

The Fall issue of the WHS Guidance newsletter with lots of helpful information is available for download on the [WHS Guidance website](#).

Please see your student's counselor directly with any questions.

ESSAY CONTEST

Any student interested in participating in the 22nd Annual MIAA Sportsmanship Essay/Multimedia Contest?

CONTEST GUIDELINES:

PARTICIPANTS

Contest is open to students in grades 9-12 at MIAA Member Schools

ESSAY ENTRIES

Must be typed, double spaced, and contain no more than 500 words

MULTIMEDIA ENTRIES

Must be submitted as a public service announcement of 30 or 60 seconds in duration

CONTEST THEME:

Entries must answer the prompt "How do courageous leaders demonstrate sportsmanship?" Please provide specific examples of positive/courageous sportsmanship in the stands, on the field of play, during interactions with game officials, or other areas of interscholastic athletics.

PRIZES:

First Place (\$400) and Runner-Up (\$200) prizes will be presented in two categories (essay and multimedia).

Contest winners will present their entries as honored guests during the 28th Annual MIAA Sportsmanship Summit.

First Place and Runner-Up entries in both categories will be available on the MIAA website.

CONTEST DEADLINE AND SUBMISSION INSTRUCTIONS:

All entries must be received by **12:00 PM on Tuesday, 10/11**

All entries, essay and multimedia, must be [emailed](#)

SIGN UP FOR THE TALENT SHOW!

Hosted by the WHS National Honor Society, the show is open to ALL AGES AND TALENTS. We can't wait to watch you perform!

[Sign up link](#)

Sign up deadline: October 14th

Show date: 7 PM on Friday November 18, 2022

Location: WHS Auditorium

Questions? [Email Us!](#)

PSATs

The PSATs will take place at WHS on **Saturday, October 15th.**

Please see [this link](#) for more information.

The deadline to sign up is **October 7th.**

WHS LITERARY MAGAZINE

Attention writers and artists! The WHS Literary Magazine is now accepting submissions! Students have a chance to publish their creative work—writing and visual art—in a schoolwide publication.

Find more info about how and where to submit
on our [FAQ document](#).
[Email](#) with further questions!

SUBSCRIBE TO THE RED AND BLACK!

The Red and Black school newspaper is back with our [subscriber form](#). Unfortunately, we only have 35 subscribers as of now and are aiming for at least 50 this year in order to support our work on the paper, so all generosity from subscribers would be very much appreciated. As the paper is entirely student-led, the ability of WHS's journalists to continue to write for The Red & Black is largely thanks to the paper's supporters, particularly subscribers.

A subscription to The Red & Black comes at the low cost of \$30 annually. With a subscription you will receive physical and/or digital copies of the newspaper each month, as well as access to [The Red & Black's website](#)

To subscribe, please fill out this [form](#).

Payments should be mailed to Winchester High School at 80 Skillings Rd, Winchester, MA 01890. Checks should be made out to "Winchester High School, Attn: The Red & Black."

Thank you!

PARKING PERMITS

Parking passes for Seniors and Juniors are now available!

Please fill out the [Google Form](#) and then see Ms. Hanlon in the main office or Officer Chiuccariello with your license to get your hang tag. Please remember Juniors need to have had their license for 3 months before they can receive a pass.

ATTENDANCE POLICY

Students' attendance is a significant factor in their success in school. The complete WHS attendance policy can be viewed in the student handbook available on our [website](#).

Specific questions you may have about attendance can be directed to the WHS Dean of Students, [Anna Paradis](#).

We recommend parents sign up to receive email notifications when your student is marked absent to class or school. To get these, you must enable this option in Aspen. This is done in the "Notifications" side tab. You can view your student's grade and attendance information in Aspen at any time.

Absence Procedures - The student's parent/guardian should email the school (from the parent's email) using whsabsentline@winchesterps.org.

The email should provide the student's full name, grade and reason for the absence, tardiness, or dismissal each day that the student is absent/tardy/dismissed.

Parents/guardians may still call the absent telephone line with the same information at 781-721-7020 ext. 3054, although email is the preferred form of communication. Excused dismissals must be reported prior to the dismissal.

CLASS OF 2023 NEWS

FALL PLANNING WORKSHOPS FOR SENIORS

Guidance counselors will be meeting with seniors **September 20-27** to review the application process and begin their Common Applications.

All seniors [should click on this link](#) to create an account prior to their workshop.

SENIOR PARENT/GUARDIAN COLLEGE APPLICATION NIGHT

Monday, October 3rd

Please note date change since the summer mailing to students and families

**WHS Auditorium
6:30-7:30 PM**

This presentation for parents of seniors shares highlights from the student workshops and outlines the college application process at WHS. The presentation will be shared on the WHS Guidance website the following day for those unable to attend.

CLASS OF 2023 "MASQUERADE"

Semi Formal
Friday, Nov. 4th
7 PM at the WHS Dining Commons

More Info To Come

YEARBOOKS

The yearbook staff is already hard at work on your senior's yearbook, and we wanted to make sure important information is in your hands!

Here some info you'll want you to keep on your radar this fall:

- 1: Be sure to buy your yearbook, as we usually sell out each year - and we order very few extras. [CLICK HERE](#) to purchase.
- 2: Be sure your child submits their senior portrait by our Dec. 1 deadline. For more info, [CLICK HERE](#).
- 3: Lastly, begin to think about a senior family ad in the yearbook. Our PDF of instructions walks you step-by-step through how to do this. For guaranteed space and best pricing, **submit by December**

1. For more information, [CLICK HERE](#).

That's all for now! We hope your senior is having a great start to the year!

The WHS Yearbook Staff

CLASS OF 2024 NEWS

Check back here for updates

CLASS OF 2025 NEWS

Check back here for updates

CLASS OF 2026 NEWS

Check back here for updates

WHS SPORTS

WE WANT TO HEAR FROM YOU!

If you have scores from games and pictures of WHS athletes in action

[please email them to us!](#)

All team schedules can be found at [WHS Team Schedules](#)



BOYS LACROSSE

There will be a meeting for anyone interested in playing
Boys Lacrosse this Spring next **Tuesday, 10/4**
right after school in the auditorium.

CHEER

WHS cheer tacking breast cancer at Friday nights game!



CROSS COUNTRY

FUN FACT: XC Scoring – “Races are scored by assigning a point value for the place a runner finishes in. If a runner finishes first, he/she will earn 1 point. Finishing 55th would usually earn 55 points. Cross country is similar to golf in that the lowest score wins!” So how did our WHS team do in their first meet of the season against Reading...

Boys Varsity ran hard but lost to Reading 32-23!



Girls Varsity **WON** their first meet over Reading 42-18! We swept 1st, 2nd and 3rd place!



PIC·COLLAGE

WHS Athletics Director Marc Arria came down to cheer the boys and girls team and taking a moment to thank Mr. and Mrs. Tully for always being the BEST fans & supporters for our runners! G-O Red & Black!



FIELD HOCKEY

Hard fought game against Reading! Ending in a 2-2 tie!

The team beat Lincoln-Sudbury 1-0





FOOTBALL

The Varsity team had a competitive game, but lost 6-7 to Lexington.



GOLF

Big Week for the Varsity Golf Team, with wins in matches against Wakefield, Reading and Burlington, Champions in the Middlesex League Shootout, and a Senior Day celebration.

Congrats to Cole Cassidy, Carson Muse and John Scully on winning the ML-12 Golf Shootout with a 216! All three golfers shot a 72! Cole Cassidy won closest to the pin playoff knocking it inside 10 feet.





Congratulations Seniors!

WHS Golf 2022

SOCCER

Boys Varsity beat Reading 1-0 and beat Lexington 3-0

Come support and cheer on the **Boys Varsity Soccer** for **SENIOR NIGHT, Monday October 3rd at 6:00 PM** at Knowlton Field.

Go Winchester! Wear your red and black and bring your spirit!

On **Monday, October 10th Varsity Soccer Boys** will be playing Watertown at **10:00 AM** at Knowlton Field. This is a charity event.

The team has chosen to raise money for **pancreatic cancer research and treatment** which is largely underfunded. They will honor Ted Preston, a beloved Winchester coach, father, and a huge part of the town soccer program, as well as several team grandparents, family, and friends who have lost their lives

from this horrible disease. There will be raffles, and a bake sale.
Come cheer the team on. GO RED and BLACK!

On Thursday Girls Varsity Soccer beat Reading 4-1!!

Girls Varsity Soccer Senior Night - Friday 10/7

Please come cheer for the Girls Varsity Soccer team as they celebrate their SENIOR NIGHT, playing Wakefield, **Friday October 7th at 5:30 (Game at 6pm)**. On this special night, they too (in addition to the Varsity Boys Soccer Charity Game on October 10th) will honor and remember Ted Preston, a father, coach and cherished member of our community, who lost his battle with Pancreatic Cancer in 2018. Please come cheer for the team on this special night!

Girls Varsity Soccer Donna Gildersleeve Charity Game - Thursday 10/13. On **Thursday October 13th**, the Girls Varsity Soccer team will dedicate funds raised at the charity game versus Belmont to our beloved and very missed WHS Trainer Donna Gildersleeve. Donna was a Winchester Physical Education and Health teacher for 45 years, and High School Trainer for the past 30. Please bring your loudest cheers as the girls play, and help remember Donna for all her contributions to WHS athletics and the community. Game at Knowlton Field at 4:15pm. Come early and support our bake sale, Chick-Fil-A sandwiches, and raffle in honor of Donna! Donations will be made to Donna's favorite causes.

SWIMMING & DIVING

The girls had a busy 2 weeks with wins against Wakefield, Belmont & Stoneham, which makes them 4-0 this season!

SECTIONAL QUALIFIERS

200 IM – Captain Julia Valcourt

500 Free – Captain Morgan Landry

200 Free Relay – Isabella Yen, Melia Altaras, Nell Chmielewski & Bridget Kinsey

100 Breast – Bess Tesluk

400 Free Relay – Megan Han, Captain Julia Valcourt, Bess Tesluk & Elle Michaud

STATE QUALIFIERS

200 Medley Relay - Captain Morgan Landry, Bess Tesluk, Elle Michaud & Megan Han

200 Free – Elle Michaud

50 Free – Megan Han

100 Fly – Bess Tesluk

500 Free – Elle Michaud

200 Free Relay - Captain Annie Xing, Emily Moh, Captain Julia Valcourt & Captain Morgan Landry

100 Back – Captain Mary Arangio





VOLLEYBALL

Girls Varsity beat Lexington 3-0
Girls JV lost 2-0
Girls Freshman won 2-1

Girls Varsity but lost to Barnstable 1-3.
Girls JV lost 2-1
Girls Freshman won 2-0

WHS ARTS, MUSIC & THEATER

Check this section for updates about Arts, Music & Theater events and opportunities at WHS.

If you have pictures or updates about WHS student performances and work

[please email them to us!](#)

FALL PLAY

Auditions for the fall play are scheduled for **Thursday, September 29th, at 3:30 PM** in the auditorium (or chorus room). The sign-up sheet will be posted outside Mrs. Cella's room (B103) on Tuesday morning, together with the audition monologue.

If you have any questions, please [email Ms. Cella](#)
Thank you.



LA BOHEME

Italian students attended the dress rehearsal of La Boheme by the Italian composer Giacomo Puccini at the Emerson Colonial Theater in Boston.

Winchester High is Alive With the Sound of Music!

WHS families! The 2022-2023 school year is underway, and with it, another year of amazing choral, orchestral and band performances—and more. There are opportunities for our children to learn, to perform, to grow. And to continue Winchester's strong and special musical traditions, the **Winchester Friends of Music** is asking for your support.



What do we do? We support Winchester's K-12 music programs, volunteering at performances, cheering on Winchester's music teachers and budding musicians, providing grants, and doing all that great stuff that friends do ☐ — check out our [website](#) to learn more!

So how can you help? We are always grateful for donations, and Winchester Friends of Music is a 501(c)(3) public charity, so all donations are tax deductible. And we always welcome volunteers! Creating the beautiful backdrops for our kids' musical performances (think concerts Strawberry Pops & Jazz's In the Mood), doing publicity, selling tickets, ushering—we have so much fun and get to enjoy wonderful performances.

Our first volunteering opportunity this fall are our Concession Stands! Come join us for a fun filled night of hearing our WHS Band, cheerleaders cheer and football play! Sign up [HERE](#).

If you would like to donate, you can do so via [the website](#)—every dollar counts! Thank you for your consideration!

Winchester Friends of Music Board

Mai Harrison (President)

Laura Colella (Vice President)

Adrienne Spignesi (Secretary)

Maura Sullivan (Treasurer)

WHS CLUBS & GROUPS

Click here for a [list](#) of WHS Clubs and Organizations
Check this section for current club news, meetings & events

ART CLUB

Do you love to draw, paint, sculpt or make digital art and wish you had more time to do it? If so, join the Art Club!

We meet every **Thursday from 3:15-4:30 PM** in room C109.

All students are welcome, whether you are an art rat or have never taken an art class at the High School before. You can hang out, work on art assignments, explore materials and make your own art. We will provide a weekly prompt

in case you need some inspiration.

Come check it out!

BATTLEBOTS CLUB

Are you interested in constructing a combat robot? If so, consider joining the Battlebots Club! We will teach you Computer-aided Design and provide you with hands-on electronics experience while taking a fun and interactive approach to engineering. No prior experience necessary!

Email [Andrew Ren](#) or [Ada Russell](#) with any questions.

CHAMBER MUSIC CLUB

Do you have a passion for music and enjoy playing it with others? You should consider joining the Chamber Music Club!

We meet weekly on Wednesdays from **3:15-4:15 PM** in B118. All who are interested in music are welcome; Vocalists, keyboards, percussion, woodwinds, brass, and strings!

[Email](#) for any questions.

We hope to see you there!

CRIMINAL JUSTICE CLUB

The club is in its 7th year at WHS and has provided insight into the Criminal Justice field by hands-on experiences and community service opportunities. We also take part in multiple events such as police explorer competitions, shooting with Crew 357, and much more!

[Email SRO Chiuccariello](#) to sign up or any questions/further information!

DEBATE CLUB

Do you like arguing or public speaking?
If so, join WHS's Debate Club! We meet every Monday from
3:15-4:30 PM in A111. No experience is necessary.

We will play fun games, improve public speaking skills, debate fun
topics, and even participate in competitions.

Please fill out this [form](#) if you are interested.

FARMERS MARKET CLUB

If you are interested, please sign up for passes under the club
category on aspen and meet in the cafeteria at the start of WIN
Block. Thank you!

FILM CLUB

Do you think Han shot first? Do you know what's in room 237?
Well, let me make you an offer you can't refuse: join the
film club on **Wednesdays starting October 5th at 6:00 PM**
in Mr. Waddell's room.

If you are interested and/or have any further questions, please
[email](#) and we'll see you then.

JSA CLUB

JSA is back! On Wednesdays from **5:00-6:00 PM** join us in B208 for
political discussion, debate games, and snacks! Follow us on
Instagram (@thewinchesterjsa) and join our email list to hear about
upcoming events and meetings! This week's topic: The legalization
of hard drugs. Please fill out this [form](#) if you can attend.

MARINE CONSERVATION CLUB

Marine Conservation Club is BACK! The first meeting is this **Monday, October 3rd** during WIN Block in C205. We will be playing a marine-themed game of Family Feud with the chance to win prizes!

If you are not a member yet, please use this [link](#) to join our mailing list. We hope to see you there!

MODEL UN CLUB

Calling all students! The Winchester Model United Nations club is holding meetings every other Thursday starting **6:00-8:00 PM** in the LG rooms.

With no previous experience necessary, MUN is the perfect opportunity to gain valuable speaking, writing and problem solving abilities in an engaging fashion. Expand your knowledge of international relations, diplomacy and the United Nations, and earn the opportunity to travel to conferences in Boston, Washington DC and New York! We'll see you there!

PONGMINTON CLUB

Don't have enough time to join a sports team, but still want to get fit while having fun? Join the PONGMINTON (Ping Pong and Badminton; you can choose to play whichever you want) club! We will be teaching you all the basic skills you need to play, so beginners to advanced players are all welcome.

We meet every WIN Block in the gym so make sure to sign up with [signupgenius](#) in advance.
Hope to see you there!

Email if you want to be added to the contact list (for tournament announcements, updates, etc.) or if you want to join our

badminton team for statewide tournaments.

SCIENCE OLYMPIAD CLUB

Looking for more science but couldn't find enough to satisfy your desire? Join us on Fridays for Science Olympiad! We have events ranging from astronomy and anatomy and physiology to chem lab and forensics. Do you like trees? There's an event for that!

There's something for everyone, so feel free to drop by and visit! Unlike normal school science where you're just given some material and some tests, here at Science Olympiad you can choose what interests you and work together with others to show off your science skills!

Meetings will be on **Fridays from 5:30-7:30 PM**
in Mrs. Chakladar's room, B208.

If you'd like to know more, you can fill out this [form](#) !

STUDENT DIVERSITY BOOK CLUB

Are you interested in making recommendations of diverse books for potential use in English class, summer reading, or student lists? Please consider applying to join a student book club that meets regularly to propose and review books.

If you have questions, please [email Mrs. Plosky](#)

VIDEO GAME CLUB

WHS's Video Game Club is back!
We will meet every Friday after school in A212!
Come join in the fun!

NEWS AROUND TOWN

The WHS PFA does not specifically endorse events and organizations and shares information on events and activities that may be of interest to the WHS community as a courtesy for informational purposes.

THE WINCHESTER CHAMBER OF COMMERCE
PRESENTS:
Halloween Decorating Contest

LET'S GET CREATIVE!
Oct 1st-Oct 27th
*Judging will take place
on October 27th*

\$25 TO ENTER, PRIZES FOR
1ST, 2ND AND THIRD PLACE.
TO ENTER:

www.winchesterchamber.com



[Enter Contest](#)

WINCHESTER HEALTH DEPARTMENT: FLU CLINICS

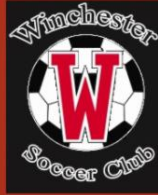


General Public Flu Clinics:

- Coming in October and November.
- Seasonal & High Dose shots and Flu Mist available.
- Registration is required!
- Details and Registration links: [Click Here](#)**

School Flu Clinics:

- Registration closes Monday, October 3RD at 11:59 PM.**
 - Flu clinics held during school hours in your child's school.
 - FluMist and Flu Shot available.
 - Registration is required! You will be notified in advance of clinic date.
 - Details and Registration links: [Click Here](#)**
-



TOPSoccer (adaptive program) starting soon! **Join us to play or coach!**

TOPSoccer

TOPSoccer (The Outreach Program for Soccer) provides children with different abilities the opportunity to play soccer through rule and equipment adaptation. Players age 5 and older are invited to participate in this adaptive program which includes a modified game of soccer once a week. This program is run by Winchester Soccer Club in collaboration with the Winchester Recreation Department. The program works simply by matching a Junior Coach with a player during each session. We will incorporate a few formal activities to encourage learning of soccer but the goal of each session is for the coach and player to make a connection and have fun!

DO YOU KNOW A TOPS ATHLETE WHO WANTS TO PLAY?

Click below to join the fun!

Junior Coaches serve as one-on-one buddies with TOPS players. Junior Coaches are Winchester students in grades 8-12. No specific training and no prior soccer experience is required. This is a great opportunity to connect with players and provide them with an opportunity to participate in an athletic activity. Volunteers should be patient, hard working, and ready to have fun! WSC organizers will be on hand to help.

DO YOU KNOW A JUNIOR COACH WHO WANTS TO VOLUNTEER WITH TOPSOCCER?

Click below for more information!

Fall 2022 Season Information

Who: TOPS players age 5+ *and* Junior Coaches grades 8-12

When: Sundays, September 25 - November 13 (No session on October 9), 12:00-1:00 p.m.

Where: Knowlton Field (9/25-10/2) and Manchester Grass Field (10/16-11/13)

Cost: Free

Registration: No registration necessary for players or coaches. Please join and follow the TOPSoccer Facebook page for updated information on the program.

[Click Here to Join the TOPS Facebook group!](#)



educate • encourage • empower

Michelle Icard: *The Essential Parenting Conversations -- and How to Have Them*

Tuesday, October 4, 2022

7:00 PM

via Zoom

Free and Open to the Public



Based on her most recent book, *Fourteen Talks by Age Fourteen*, Michelle will guide parents of tweens and teens past their fears and challenges around covering “the important stuff” with their kids and into a confident enough position to have meaningful conversations where their kids will actually engage. In addition to learning general Dos and Don’ts for communicating successfully with increasingly resistant adolescents, Michelle will get into the specifics of what parents need to know on certain hot topics: **Becoming Independent, Keeping Creativity Alive, Taking Care of Yourself, Living with Technology, and Helping Others.**

[REGISTER HERE!](#)



School the World is recruiting for their **2023 service trips to Central America!** Students spend a week in **Guatemala, Panama, or Honduras** building a school or playground, experiencing a new

culture, forming connections with children, teaching in the classroom, visiting the home of a local family, being immersed in Spanish language, and **making a true impact** on children living in extreme poverty. Students receive **64 community service hours** for their participation on the trip.

This is an opportunity for students to have a **transformative experience** that they will remember forever! Take it from this Winchester World Changer who said:

"This past week has been such a huge learning experience for me. I can not imagine a more eye opening and simultaneously joyful experience. I will cherish the relationships I made with the students and never forget how much love they are filled with. This experience with School the World has filled my heart with joy and empathy and given me perspective to take with me." -Ava, Panama 2022

Join School the World for an **information session** on **October 5th at 7 PM at the Winchester Public Library** to hear more information, get your questions answered, and hear directly from Winchester World Changers and their parents.

Learn more [here!](#)

PUBLIC LISTENING SESSION

Public Listening Session

Share your input on our draft recommendations for
**Improving Winchester
Town Government Communications**



Winchester Town Meeting
Communications
Study Committee



The Town Meeting Communications Study Committee (CSC) will present its draft recommendations—and listen to public input and ideas—for improving town government communications at a public information session on **Thursday, Oct. 6TH at 7:00 PM.**

This hybrid meeting will be held in person at the Winchester Public Library and online via Zoom.

No registration is required to attend in person.

To attend via Zoom, [please register](#)
Can't make the meeting but have ideas to share?

[Contact the CSC via email](#)

COLLEGE FAIR

485 Lowell Street - Peabody, MA 01960

The PVMHS College Fair will be held Thursday evening,
October 6th from 6:30-8:30 PM in the PVMHS Field House.

There will be representatives from Universities, Colleges, Business Schools, Nursing Schools, Vocational Schools, Armed Forces and Banking Institutions. For a complete list of representatives attending, go to the [PVMHS website](#).

This information will be updated daily.

Click "College Fair" under QUICK LINKS on the right side of the page.



WINCHESTER
WIFFLE FEST
08 OCTOBER 2022



FUNDRAISER FOR RARE DISEASE RESEARCH

FEATURING A DUNK TANK, HOME RUN DERBY AND OTHER GAMES
TEAMS OF 4-8 PEOPLE

KIDS AND ADULTS DIVISIONS

REGISTRATION: 9-10 AM. FIRST PITCH 10 AM

VENUE: NUTILE FIELD, WINCHESTER MASSACHUSETTS

<https://secure.qgiv.com/event/wiffleball/>



SCAN ME

Please join us in our first annual community Wiffle Ball Tournament on **October 8th** at Nutile Field! Grab a team of 4-6 or sign up as

an individual and we'll find a team for you! There will be 3 divisions, games all day, food trucks, music, and lots of fun for all ages - dunk tanks, pitching radar, homeroom derby, crafts, and more. All proceeds benefit medical research driven by the PSMC5 foundation. The foundation was created to sponsor dedicated research at Harvard Medical School and Cambridge Institute of Medicare for two little boys, including one from Winchester, who share the rare PSMC5 genomic disorder and others with similar conditions.

[To register and learn more please visit](#)

[To participate in the event please register](#)



Healthy Relationships for Today's Youth

With Cory Mashburn, M.Ed.

Join us on Zoom for a discussion about healthy and unhealthy relationships, including:

- Bullying
- Cyberbullying
- Consent

Suggested Age Range: Grade 5 and above



Wednesday, October 12, 2022

7pm

[CLICK HERE to REGISTER](#)

QUESTIONS?

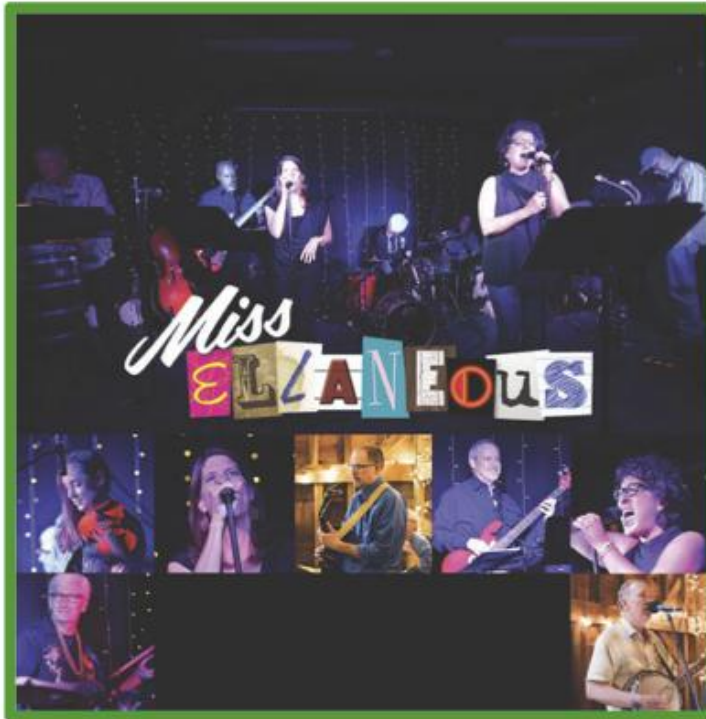
winchestercoalition@gmail.com

[Register for Cory Mashburn Zoom Here](#)

Sponsored
by
Winchester
Cooperative
Bank

A Concert To Benefit **Winchester Got Lunch**

***When School Ends, The Need
For Lunch Does Not***



**Live Music Is
BACK!**

**Under the stars
(& under a tent!)**

**Winchester's
Own Miss
Ellaneous spans
pop to
bluegrass with
something for
everyone!**

THURSDAY, OCTOBER 13

Doors open at 6:30pm; Music at 7:00pm

Griffin Museum Patio

Tickets: \$40

Winchestergotlunch.org or at **BookEnds**



[Click Here for WGL Tickets](#)



Recognizing Unhealthy Relationships

***Relationships Shouldn't Be About Control,
But Sometimes They Are***

Join us for a conversation with
RESPOND, Inc. and learn how to recognize
relationship red flags and warning signs.

Help yourself and those you care about
by learning how to foster
safe and healthy relationships.

**Monday, October 17, 2022
6:30 pm
All Seasons Barn at Wright-Locke Farm**

RSVP winchestercoalition@gmail.com



In partnership with:



[RSVP Here](#)

SAM BELLINO MEMORIAL 5K

Running for a cure. Please join us on **Saturday, October 22nd**, for the first annual Sam Bellino Memorial 5K road race.

Register to walk or run by logging in to [Runsignup.com](https://www.runsignup.com).

Click on find a race and use the name Sam Bellino Memorial 5k.

All proceeds will help the National Brain Tumor Society provide funding for research to find a cure.

FALL GIRLS LACROSSE CLINICS

Through Winchester Rec Dept

The Recreation Department will again be offering fall lax clinics for HS players. No experience needed.

Date: Sundays, November 20th - December 11th

Time: 10:30 AM - 12:00 PM

Fee: \$75.00

Location: Ciarcia Turf, Winchester High School

[**MORE INFO AND TO REGISTER**](#)



Pantry Hours
by Appointment Only
Sundays & Mondays

Text, Email, or Call
781- 369-5844
enkapantry@gmail.com



1037 Main Street
Winchester, MA 01890
Same location as the En Ka Exchange

Open to Winchester Residents

- Providing non-perishable food and personal care items to individuals and families living in Winchester who do not have adequate financial resources to meet basic needs.
- Use of the En Ka Pantry is limited to one time per month and does not prohibit individuals or families also visiting the Woburn pantry.
- The En Ka Pantry is open to all households, through pre-arranged appointments.



THE GREEN TEAM is an interactive educational program that empowers students and teachers to help the environment through waste reduction, recycling, composting, energy conservation and pollution prevention. Participating classes receive certificates of recognition and are eligible to win awards.

The **Green Team** provides many, many resources for teachers and parent volunteers to bring these topics alive. Teachers and adult leaders must register each year to receive the materials and newsletter. The Green Team works with the MA Dept of Environmental Protection to support environmental education as well as waste reduction in the schools.

[Click Here to Sign Up for the Green Team Newsletter](#)

ALUMNI NEWS

W **INCHESTER**

ALUMNI ASSOCIATION

*Are you a WHS Senior?
Are you a parent of a WHS student or alumni?
Are you a staff member of Winchester Public Schools?*

**You are invited to join the Winchester Alumni Association
Become a member [HERE](#)**

Winchester Alumni Association was launched in 2018 to support WHS alumni, staff and families in the many transitions of their lives after the 01890.

Alumni who register through our [database](#) may receive information on upcoming Winchester events and volunteer opportunities, search for classmates, share news, and support current students and young alumni through networking and mentoring activities.

Follow us on [LinkedIn](#), [Facebook](#) and [Instagram](#) for our Alumni Spotlight Series that celebrates past WHS students now around the world or check out our website [HERE](#).

IMPORTANT INFORMATION

WE WANT TO HEAR FROM YOU!

If you have any pictures, news, updates, we want to hear from you. [Please email us](#). We would love to share with the WHS Community!

If you NO longer wish to receive the newsletter or you wish to change or add a new email address to your account, [please email us](#) or [click on this link](#).

To make a newsletter or a news blast submission, [please email us](#) NO LATER than 12:00 PM on Friday.